

N. B) * denotes a species not seen above Jorsale (See Note 2)

ii) See: "Trekking to Mt Everest and Solu-Khumbu" by J. L. Hayes. Published by Peter Purna Banks, Avalok, Post Box 1465, Katmandu, Nepal, 1975. Cost R24 = £1.00

323

BIRDS SEEN IN KHUMBU NATIONAL PARK REGION FROM LUKLA NORTHWARDS. 15th May - 27th May 1982.

17 ITINERY:

1. Lukla → Jorsale
2. Jorsale → Namche Bazaar
3. Namche Bazaar → Dole
4. Dole
5. Dole → Gokryo
6. Gokryo → Gokryo peak → Gokryo → Dole
7. Dole → Pangboche
8. Pangboche → Tenga → Pangboche
9. Pangboche → Tenga
10. Tenga → Namche Bazaar
11. Namche Bazaar → Lukla

SEE
NOTES

Rodney P. Martins
 SS, Caistor Lane
 Caistor St Edmund
 Norwich
 NR14 8RB
 (05086) Norfolk
 2430 ENGLAND (UK)

- WIGEON (*Anas penelope*) ♀, Gokryo lakes (15,450') 19th May
- GOSHAWK (*Accipiter gentilis*) 1, Dole, 19th May
- SPARROWHAWK (*Accipiter nisus*) 1, slopes of Gokryo peak (at 7,000) 20th May
- GOLDEN EAGLE (*Aquila chrysaetos*) 1, Dole, 18th May and 19th May
- HIMALAYAN GRIFFON VULTURE (*Gyps himalayensis*) Common.
- LAMMERGEIER (*Cypaetus barbatus*) Seen daily.
- KESTREL (*Falco tinnunculus*) 1, ^{Namche Bazaar, 16th May} Dole 18th May
- TIBETAN SNOWCOCK (*Tetraogallus tibetanus*) ^{slopes of Gokryo peak, 400m N.W. of} Gokryo, 2, 20th May.
- SNOW PARTRIDGE (*Lerwa lerwa*) Between Dole + Pangboche (on route to Gokryo) 2, 20th May.
- BLOOD PHEASANT (*Ithaginis siveatus*) Tenga monastery area is best place. ^{Falls above Namche Bazaar, also} common at Pangboche
- IMPEYAN PHEASANT (*Lophophorus impeyanus*)
- * KALIJ PHEASANT (*Lophura leucomelana*) Unlikely above Jorsale
- * WOODCOCK (*Scolopax nsticola*), 1 roosting near Lukla, 24th May
- SNOW PIGEON (*Columba leuconota*) Common
- RUFIOUS TURTLE DOVE (*Streptopelia orientalis*).
- * COMMON HAWK CUCKOO (*Cuculus varius*) Common around Lukla
- * FORK TAILED SWIFT (*Apus pacificus*) In valley, walking N from Lukla.
- * HIMALAYAN SWIFTLET (*Collocalia brevirostris*) In valley, walking N. from Lukla
- HOUSE MARTIN sp (*Dolichon urbica*) Poor views, probably *urbica*. 3+, Dole, 18th May.
- * LONG TAILED SHRIKE (*Lanius schach*)
- CHOUH (*Pyrhocorax pyrrhocorax*)
- ALPINE CHOUH (*Pyrhocorax graculus*)
- LARGE BILLED CROW (*Corvus macrorhynchos*)
- BLACK FACED LAUGHING THRUSH (*Garrulax affinis*) eg around Dole
- * CHESTNUT TAILED MINLA (*Minla strigula*) 2, N. of Jorsale. 16th May
- WHITE BROWED TIT BABBLER (*Alcippe vinipectus*)
- RUFIOUS GORGETTED FLYCATCHER (*Muscicapa strophilata*)
- SLATY BLUE FLYCATCHER (*Muscicapa leucomelanura*) Seen most days.
- * YELLOW BELLED FANTAIL (*Rhipidura hypoxantha*)
- * GREY SIDED BUSH WARBLER (*Cettia brunnifrons*)
- TICKELL'S ~~WARBLER~~ WARBLER (*Phylloscopus affinis*)
- GREENISH WARBLER (*Phylloscopus trochiloides*)
- LARGE BILLED WARBLER (*Phylloscopus magnirostris*) Distinctive 5 note song

NB
All those seen well
were L. L. leucomelana

Black-headed
Rufous-backed

3 or 4 throated
Minla
White-browed
Flycatcher
Orange-gorgetted
Flycatcher

vs (up) Bush W.

- ORANGE BARRED WARBLER (*Phylloscopus pulcher*)
- PALLAS'S WARBLER (*Phylloscopus proregulus*)
- Yellow-eyed W. BLYTH'S CROWNED WARBLER (*Phylloscopus reguloides*)
- Black Brown W. *GOLDEN SPECTACLED FLYCATCHER WARBLER (*Seicercus burkii*)
- GOLDCREST (*Regulus regulus*)
- HIMALAYAN RUBYTHROAT (*Enithacus pectoralis*) Best area: between Pangra and Gokyo
- *BLUECHAT (*Enithacus brunneus*)
- RED FLANKED BLUETAIL (*Enithacus cyanus*) • Common e.g. around Tungboche.
- GOLDEN BUSH ROBIN (*Enithacus chrysaeus*) Anywhere between Dole and Gokyo area.
- GRANDALA (*Grandala coelicolor*) eg c 30 Gokyo peak 20th May
- BLACK REDSTART (*Phoenicurus ochruros*) ♂ Gokyo, 20th May.
- BLUE FRONTED REDSTART (*Phoenicurus frontalis*) • Common
- RIVER CHAT (*Chaimarrornis leucocephalus*) • Common
- WHITE BELLED REDSTART (*Hodgsonius phoenicuroides*) Between Phortse and Pangboche, 1st, 21st
- PLUMBEUS REDSTART (*Rhyacornis fuliginosus*) Between Pangboche and Periche, 1st, 22nd
- *GREY BUSHCHAT (*Saxicola ferrea*)
- LONG TAILED THRUSH (*Zoothera dixonii*) Several in side valley off trek route at Dole
- BLUE WHISTLING THRUSH (*Myiophonus caeruleus*)
- WREN (*Troglodytes troglodytes*)
- BROWN DIPPER (*Cinclus pallasii*)
- ALTAI ACCENTOR (*Prunella himalayana*), c 10 on Gokyo peak (at c 17000'), 20th May
- ROBIN ACCENTOR (*Prunella rubeculoides*)
- RUFUS BREASTED ACCENTOR (*Prunella strophiata*)
- Rufous-breasted 311-11 Tit GREEN BACKED TIT (*Parus monticolus*)
- RUFUS VENTED TIT (*Parus rufiventris*)
- Red Headed Tit CRESTED BROWN TIT (*Parus dichrous*) eg around Tungboche
- *BLACK THROATED TIT (*Aegithales concinnus*)
- TREECREEPER (*Certhia familiaris*) 2, Tungboche, 23rd May
- OLIVE BACKED PIPIT (*Anthus hodgsoni*)
- ROSSY PIPIT (*Anthus roseatus*)
- WHITE WAGTAIL (*Motacilla alba*)
- Hodgson's Mountain Finch TREE SPARROW (*Passer montanus*) 2 between Pangboche and Periche, 22nd May
- PLAIN MOUNTAIN FINCH (*Leucosticte nemoricola*) eg Periche 22nd May
- PINK BROWED ROSEFINCH (*Carpodacus rhodochrous*) c 10 Between Pangboche + Periche 17th May
- BEAUTIFUL ROSEFINCH (*Carpodacus pulcherrimus*) ♂ between Khumjung and Dole. Especially common around Phortse.
- WHITE BROWED ROSEFINCH (*Carpodacus thura*) eg Dole
- *SCARLET FINCH (*Haemutospiza sipahi*) ♂, 1 1/2 hours walk N. of Lukla, 24th May
- RED HEADED BULLFINCH (*Pyrhula erythrocephala*) Several small groups, anywhere below Tungboche.

NOTES

① In SPRING:

Birding in the Everest area is fairly "staple". Very few observers seem to turn up surprises. The Langtang (including Gosairkund lake circuit) holds several species which cannot be seen on the Everest trek and it is extremely doubtful if Everest holds a single species which cannot be seen in the Langtang valley area. Everest's major attraction therefore, is its scenery.

To put this in perspective, every birder I know who has visited the area considers that this alone is sufficient justification for spending time on the Everest trek.

- ② There is a marked transition between Jorsale and Namche bazaar. Above Namche are "high altitude" birds. This sheet is a reasonably accurate listing of every species that is likely to be seen. Below Jorsale (from whence the 3000' ascent to Namche begins) the avifauna is more diverse, in keeping with its "moderate altitude" composition. Birds seen only in this area are marked *. The new arrival in Nepal would be well advised to spend more time in this area, if flying to Lukla, as it is likely to yield several additional species not included on this list. I walked through this area.

③ TAKE A CAMERA