Some species Trek - crucial species

**Eurasian Teal** - Shewa Tal (Pokhara). We saw 2-3 f. in with other ducks. Mark + Tim saw more, don't know how many, maybe 12+.

**Red Knot** - Begnas Tal (nr. Pokhara). We didn't see any, but we didn't go to this place by bus, or bike? (maybe a bit too far).

**Tibetan Snowcock** - Thovong la (above Mukhtinath). We saw 4 high up, but snow would cover them.

**Himalayan Snowcock** - see above. We saw 2 - all at Chosa, although we only saw Kali, Kotlos + Chir. (They're the important ones.) Mark + Tim saw the other 3. See map. Kali also opposite lakeside at Pokhara in small ravine.

**Blood Pheasant**

**Satho Tragopan**

**Impeyan Pheasant**

**Kali Pheasant**

**Kotlos Pheasant**

**Chir Pheasant**

**Sotong Snipe** - Mukhtinath. We saw 2 along stream running down from monastery.

**Himalayan Pied Kingfisher** - Birethanti. We saw one here, flying up + down vines. Watch even bridge. Also saw 2 at Pokhara just thing over.

**Hume's Short-toed Lark** - Kaybeni area. Didn't see this, but Simon had a map from James Woodkraft of a site close to Kaybeni, on the glacial mor south of the path up to 'M'arat.
Paro-Taktshang - Taktsang. We saw flocks around high cliffs opposite Taktsang.

Nepal House Motel - anywhere on trek, we didn't see any.

Nepal Museum - for side of Pleona Tal

Green Maggie - for side of Pleona Tal

Nepal Paintball - Pleona, along Chaudhury Ridge. See map.

Nepal Paintball - as above, we didn't see either.

Nepal Paintball - as above, Sickhat to above Uleri

Upper Bawing - between Uleri + Chhapori we saw one.

Tilicho's Tit - Bobble - anywhere beyond Tukuche

White-browed Bush Robin - Chhapori, Chasa, we didn't see, our first Glimpse chance in wet winter.

Grey Monax Redstart - west part, possible

Redstart + Redstart - Jomson, Kapheri, Mukthinath. Search the Fields!

White-browed Redstart - as above

White-browed Forktail - along river south of Birethanti. We saw one.

Tentuk Tit - Chhapori, quill the Mt St. Blind Boxes. Widespread.

Black Tit - west bank of Kali Gandaki between Chasa and Kalapani.

Black Tit - Kalapani. We didn't see any. In forest to the west of village, see map.

we-capped Tit - between Lake + Chasa, off main track. We saw 2.

see map

as found: Sunbird - Chasa, in forest.

White-throated Woodlark - Chhapori. Sun Hill + Chaudhury Ridge

White-winged Crossbills - Mukthinath, in monastery grounds

Tilicho Lake & Gokyo, the steak is now...
The view from the village is basically of three pieces of forest. Small triangle - ①, long and thin - ②, distant but large expanse - ③. Also, small piece on skyline - ③.

Path ① - begins in village opposite water-top 50 meters
(1) From Mustang Lodge, leads between buildings, follows stream to below waterfall, climbs to small ridge (Maunun tackled accent), then continues into forest ② (Koklas + Him peryam (Pheasants))

Path ② - branches around beginning of small ridge mentioned above, then edge around forest ③ (Chee + Kalij Pheasants) to ridge ④, then continues across open ground above forest ④ + into distant forest ⑤ (Koklas)

Path ③ - branches from path ① at base of same small ridge + climbs abruptly to ridge ① + into forest ① (Chee)
Hodgson's Mountain Finches - Multinott area, didn't see any
Spotted Rosefinch - Chovapanti, slope Chovapanti Ridge
Eastern White Rosefinch - Johnson, yoga, Multinott Fields
Swinde's Finches - Chovapanti, we saw 2
Scarlet Finches - possible at Tikkikoye, he didn't see any
Brown Bunting - Chovapanti, we didn't see any
Pine Bunting - Pokhara, even saw a flock. Johnson saw
14 but flock was written.
Yellow-breasted Bunting - Pokhara, in fields. Didn't see any

This covers everything of any importance. Some things
may have been seen by others at different sites
and/or in greater numbers, but these species are
generally in the Johnson/Multinott area +
weather plays an important part. Stuff such as
Snowfinches, Black Accentor + Erismurus (obtained
are vagrants), although seen they are the result of
adverse weather conditions. Others, such as Great +
Browns Parotidids, you just have to have a little
luck.
Pun Hill - path leads from back of Mt. View Lodge and ascends steeply. Another path branches to right about 30 metres along path to Pun Hill and continues over ridge and along side of valley, overlooking dead trees (woodpeckers) and undergrowth.

Chandrakot Ridge - path is signposted between buildings, turn across camp site, keep to right-hand side. Another signpost, then ascends to Chandrakot Ridge. A couple of hours along path, it descends out of forest to a wattle shed lodge.

Area below Chandrakot village, towards Ushua is also good up to edge of forest.
Day 1  Lohara - Chandrakot (Push-pati lodge)  
(By jeep from 'Shining Hospital' to Sukhet cost - £200 incl. luggage. Steep walk up 1000 ft to Naudanda. Along ridge via KAFVE, Chun to Chandrakot)

Day 2  Chandrakot - Ulleri (Namaste Lodge)
Steep descent to Birethanti where views converge. Along Babha Li Kal crossing just beyond Tikhedhunga to Ulleri

Pekin Robin (c2), Small Niltava (18), Grey-side S. War, Address 3 S. War, Strig was Sunbird Pink-breed R'Finch (c2)
Red-tid (c1), Wragg'dy (t),तांत्रिक चिंट, तिहङ (1), Little Forktail (1)

Day 3  Ulleri to Ghopa with (Mountain View lodge)
Steep ascent (but not too steep) from sound + view. Next all the way to Ghopan.

Streisled 12k, Field 1, Thrush, Heavy Bowman (c1), chest-hd. Fulvetta (1), Red-tid (1), Blue tail (1), Little Forktail (2), long-tid. Thrush (1)

Day 4, 5 Ghopa
Chandlung ridge is the best area but worth exploring all around. Take a walk up to bun hill for the view
D'leeling lived with pecocks (18), Maroon Dorrel (2), White-spotted 1, Thrush (1), White-tailed Bluetail (c2), Red-tid. Thrush (1)
Mountain-Blue 2, Crested Tit, Brown CRESTED Tit, Nepal Tit, Nepal (1)
Nepal R'Finch (2), SRiver Finch (2), Red-tid. Bulbul (1)
Blk-taple 1, Niltava (c2), Nepal Forest Bill (c2), Light-backed 1, Thrush (1), Grey-billed 2, Sparrow (1),
Spot-winged B'Finch (2), 12-tail B'Finch (1)

Day 6  Ghopa - Tatopani (Kamala Lodge)
All downhill apart from a quick up-down just before Tatopani is once felt end of much sightseeing. Hot springs at Tatopani worth indulging

King Vulture (1), Black-bellied S. Pheasant (18), Un-billed B. Skyme (1), Spotted Forktail (1)
Day 7  
Talopani - Ghasa (Mustang Lodge) 
Long, arduous walk with few birds 
Tibetan shrike (at Ghasa) 

Day 8  
Ghasa - Kalopani (See-You Lodge) 
Easy walk 
Scaly-breasted W'pecker (1), Spotted-wing R'finch (1) 

Day 9  
Kalopani - Tukuche (Tukuche Peak Lodge) 
Keep to west bank of Kali Gandaki, off main track. Don't cross bridge about 300m beyond Kalopani. Food area at fields next to Ravine after bushed stream area. There's a plaque commemorating deaths of some climbers on Dhaulagiri. 
Blue-headed Redstart (4), Artic Chat. Chestnut, Brown + Red in Accentors, Sunda Bluethroat (1) in pines just beyond bridge at narrowest point of river. After bridge river becomes much wider with sand banks. Him. T'creeper (4), Beautiful R'finch (1-2), Snow Pigeon (1-2) 

Day 10  
Tukuche - Jomsom (Thak Kola Lodge) 
Worth checking any vegetation. Bleak surrounding. 
Wht-throat, Redstart (1-2), Bluethroat, Redstart (1-2), Robin + Brown Accentor, Stoli (3) at T'waat (1-2), Pine Bunting (1-2) Eastern Skylark (4) 

Day 11  
Jomsom - Kagbeni (Red House Lodge) 
Not too much to do. Fields at Jomsom + Kagbeni upon arrival. Walk up + down the breaks between fields, lots of goodies! 
Bluethroat (1-2), Wht-throat, Redstart (1-2), Grasshopper, Redstart (1-2) 
Redstart, Brown Accentor, Beautiful + Eastern Ctn. R'finch (1-2) 

Day 12  
Kagbeni - Muktinath (Muktinath Hotel 1st) 
Fields around Kagbeni. In the morning, I went back down toward Jomsom on the west side of valley to fields opposite Kagbeni Lodge. Interesting, but the same stuff. 
Eastern Skylark (3), Alpine Chough (1-2), Wht-throat, Redstart (1-2) 
Golden Teal, Redstart (1-2), Robin + Brown Accentors, Eastern Skylark, Beautiful + Eastern Ctn. R'finch (1-2), Spot-billed Pigeon (3), at Whitewater Bridge 
Stream from temple, start at top + walk down + climbing birds
Day 15  Muktiwarta - Thovyarka - Muktiwarta
steep climb after walking up valley to tea
houses.

Tititana Snowcock (2), Thin Snowcock (2), Solitary Snipe (2)
white-winged Grosbeak (2). In grounds of monastery
north side in scrubby bushes. Red-tailed. Be in
the way up to Thovyarka quite high. Stolitsa 1. Web (1)

Day 14  Muktiwarta - Morpha (Baba Lodge)
Northerly unless you're lucky, walking into the
tests of a pole, blasting sand into your
face, Ugh!

Hill Pigeon (5): in blocks of cloughs below Mwatta
around Shorkot.

Walk up (1)

Day 15  Morpha - Kalepunai (See Tour Lodge)
Morpha to hoisting west side of valley. At
hoisting across Kali Ganga, then along to
summer ridge. Crossed bridge over main
tree to east side then to Kalepunai.

Hill Pigeon (5): in fields at Morpha. Stolitzkla 1. Web (1)

Meadows, W.-Thwart, Bl.-Rd., White-crowned Redstarts
spotted Cocktail (7), Attaig, Ratan, Brown Accentors.

Day 16  Kalepunai - Ghasa (Muktiwala Lodge)
Short walk with time to look around Kalepunai
in the morning. Food better beyond here.

Nuthatch (1), Spotted Reuleet (1), Grey-side, Bl.-Watt (1)
Red-tailed Blue-tail (1), Bl.-Rd. Redstart (1), Fire-capped Tit (1)

Allied Grosbeak (12+)

Day 17, 18, 19  Ghasa
Basic climb to forests + mountain
about. Get up here early for pleasures,
although they can go on calling beyond
mid-morning + they don't call every day.

Booted Eagle (1), Koshak Pleasant, thin Picquet (1), Kali
Picquet (2), White-winged Blue Fly (1). Spotted Bild (1)
Attaig Accentors, Upland Pipit (1 & 26), Mrs Gould's Sunbird (2)

Tour-black, Sunbird Accentors (2), Bawa, Hill Shima (1), Maroon
back Accentors (2): along path up central i.e main, railway
border where it is steep and put the track to the left which goes
up the ridge along the edge of the 'long' forest.
Day 20. Ghara - Tatopani (Kamala Lodge)

Arrive Ghara in the morning. Hike to Tatopani.
Tibetan Shrike (1), Crested Bunting (1).

Day 21. Tatopani - Ghovapani (Mt. View Lodge)

Long climb uphill. Not many birds until ya hit forest below Ghovapani.
Downhill. Eagle (1 ad), Pacific Swift (CSS).

Day 22, 23, 24. Ghovapani

Explore! Everywhere is worth looking into.
Bik Eagle, Him Swift-tail (1), Alpine Pacific Swift, Chest-Hooded Fulvetta, Chestnut Thrush (18), Spotted Pheasant (2), Anthid Web-feather (CSS), Myst Squirrel Pheasant (18), Myst-red-tailed Bl. Magpie (2), Nuthatch (1), Nepal Pintail (3), Mac-sparrow Thrush (1), Nepal Pheasant (3).

Day 25. Ghovapani - Dilekhant (RiverSide Lodge)

All downhill. Good forest as far as above Ulleri. Scrub rest of way + stool in river.

Large White-naped Pheasant (18), Snow-crested Flycatcher (3), Slaty-backed Forktail (1). in river before Dilekhant. short 1hr upstream.

Day 26. Dilekhant to Pokhara (Quiet View Guest House).

Steep climb to Chambers, Hike ridge + down to Sikha. at the cheapest end of Lakeside.) Sailed to Pokhara by jeep.