

LAKE RARA NATIONAL PARK BIRD SURVEY, 1990. - I. BARBER.

PLEASE CHECK THE FOLLOWING RECORDS :

1. Great-crested Grebe - 1st summer/breeding season record for Nepal.
2. Baikal Teal - 2nd record for Nepal.
3. Common Pochard - 1st summer record.
4. Long-legged Buzzard — " —
5. White-throated Needletail - 2nd winter record. * no in the west
6. Collared Sand Martin - ~~west~~ ^{the only} westerly record for Nepal.
7. Western Crowned Warbler - 1st autumn record.

Little Forktail *

Common Cuckoo *

LAKE RARA NATIONAL PARK BIRD SURVEY



A report to the Department of National Parks
and Wildlife Conservation in Nepal
by Ian Barber

January 1990

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ACKNOWLEDGEMENTS

The author is thankful to Dr.B.N.Upreti, Director General of the Department of National Parks and Wildlife Conservation for allowing the survey to be undertaken.

Warmest thanks go to the staff of the National Park who provided invaluable assistance, advice, generous hospitality and good humour and without whom the survey would have been more difficult and less enjoyable. These include, Shiva Raj Bhatta (Warden), Ramesh Thapa (Ranger - Rara), Ram Dev Chaudari (Ranger - Bhulbhule), Baikunth Kuikel (Administration Officer) and all the Peons too numerous to mention.

I am grateful to Major Shiva Raj Thapa, Lieutenant Purna Thapa and the staff of the Royal Nepalese Army, Lake Rara National Park Security Group for their kind hospitality.

Special thanks go to Carol and Tim Inskipp and Tom Prescott for their encouragement, advice and assistance throughout.

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The author would like to thank the British Ornithologists' Union for providing a research grant towards the cost of the survey and the production of this report.

INTRODUCTION

This report is based upon a survey undertaken by the author during 1989 for the Department of National Parks and Wildlife Conservation in Nepal. Lake Rara National Park is situated in a very remote and largely inaccessible part of northwestern Nepal and as a result the flora and fauna of the area are greatly under-recorded.

The lake provides an important staging point for migratory water birds as well as playing host to a wide variety of forest birds during the summer and winter months. The park is especially important as it provides the only protected area representative of the Humla/Jumla region which is an ecologically distinct part of the Nepal Himalaya.

With generous assistance from Carol and Tim Inskipp, who undertook a similar survey at Khaptad National Park in 1988, the staff of the Department of National Parks and Wildlife and Conservation as well as financial assistance from the British Ornithologists' Union the author was able to visit the park on two separate occasions for a total of nearly six weeks to study and record the birdlife at the park.

It is hoped that this report will not only prove beneficial to the individual birdwatcher but also provide useful information upon which to build a more clear picture of the highly diverse and interesting wildlife of the region.

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1. GENERAL INFORMATION

1.1 LOCATION (see Fig.1)

Lake Rara National Park is located in northwestern Nepal south of the Himalayas approximately 371 km (232 miles) from the capital Kathmandu. It lies between 29° 26' - 29° 34' N and 82° 00' - 82° 10' E and is situated in the Mid-Western Development Region in the Mugu and Jumla districts of the Karnali zone.

1.2 DESCRIPTION (see Fig.2)

The National Park is a compact area of land covering 106 sq.km (41 sq.miles) representing the smallest National Park in Nepal. The clear blue waters of Lake Rara are the largest in Nepal, covering an area of 10 sq.km (4 sq.miles), and are located in the northern part of the park. Lake Rara lies at an altitude of 2990 m (9810 ft.) and has a maximum depth of 167 m (548 ft.). The lake is approximately oval in shape with a maximum length of 5 km (3.1 miles) and maximum width of 3 km (1.9 miles).

The lake lies in a deep basin, the northern and eastern rims of which form part of the north and east boundaries of the park respectively. To the western end of the lake the Nisa Khola, the only outfall, flows westwards to join the Karnali River some 19 km (12 miles) beyond the park. To the south of the lake a belt of lakeside pasture gives way to the steep slopes of a section of the Ghurchi Lekh. The crest of the lekhs culminates in the Chuchamara Danda (hill) over 914 m (3,000 ft.) above the lake and forms a horseshoe opening to the south by the drainage of the Jiun river. In the west the ridge is cut through by river valleys which form a natural and effective boundary to the park.

Cultivation has destroyed most of the natural forest north of the lake and around a few villages, some of which are now deserted. However, for the most part the park is well forested up to an elevation of about 3660 m (12,000 ft.). Mixed trees of conifers dominate the general appearance of the forest with narrow zones of rhododendron and low birch below the open alpine pastures of the highest ridges.

1.3 CLIMATE

The seasons at Lake Rara follow those common throughout Nepal, namely winter, summer and the monsoon. The winter is quite severe with ground frosts occurring from October and snow falling from December through until April and the minimum temperature dropping below freezing during this period. April normally sees the start of the warmer weather which steadily increases to a pleasant temperature in the mid 20's °C (77°F) from May until September. The monsoon is

generally very short, occurring between the months of July and October, with the rainfall not usually exceeding 51 cm (20 in.).

The rainfall, snowfall and temperatures recorded at the park headquarters for the year preceeding the survey are illustrated in Fig.3.

1.4 FORMATION AND DRAINAGE OF THE LAKE

The formation of Lake Rara is believed to be the result of river capture (T.Hagen 1969) and this is best explained by reference to Fig.2

It is thought that the Mugu Karnali river, to the north, once flowed through the lake. The Mugu Karnali was at that time a separate tributary of the Humla Karnali river further north and having its bed very deeply eroded, captured the Mugu Karnali in the vicinity of Ruga. The Mugu was thus diverted and continued to erode its bed leaving its old course, the lake and the Nisa Khola, high above it. The gorge of the Nisa Khola today makes it difficult to believe that it could have been cut to such a depth simply by the overflow of the lake.

The drainage pattern of the park is very simple. There is no inflow to the lake just the rain catchments from the surrounding hills and the lake itself. There is a fairly symmetrical drainage system from the slopes of the Chuchamara Danda and some streams to the north side flowing directly into the lake. The only outflow from the lake is the Nisa Khola.

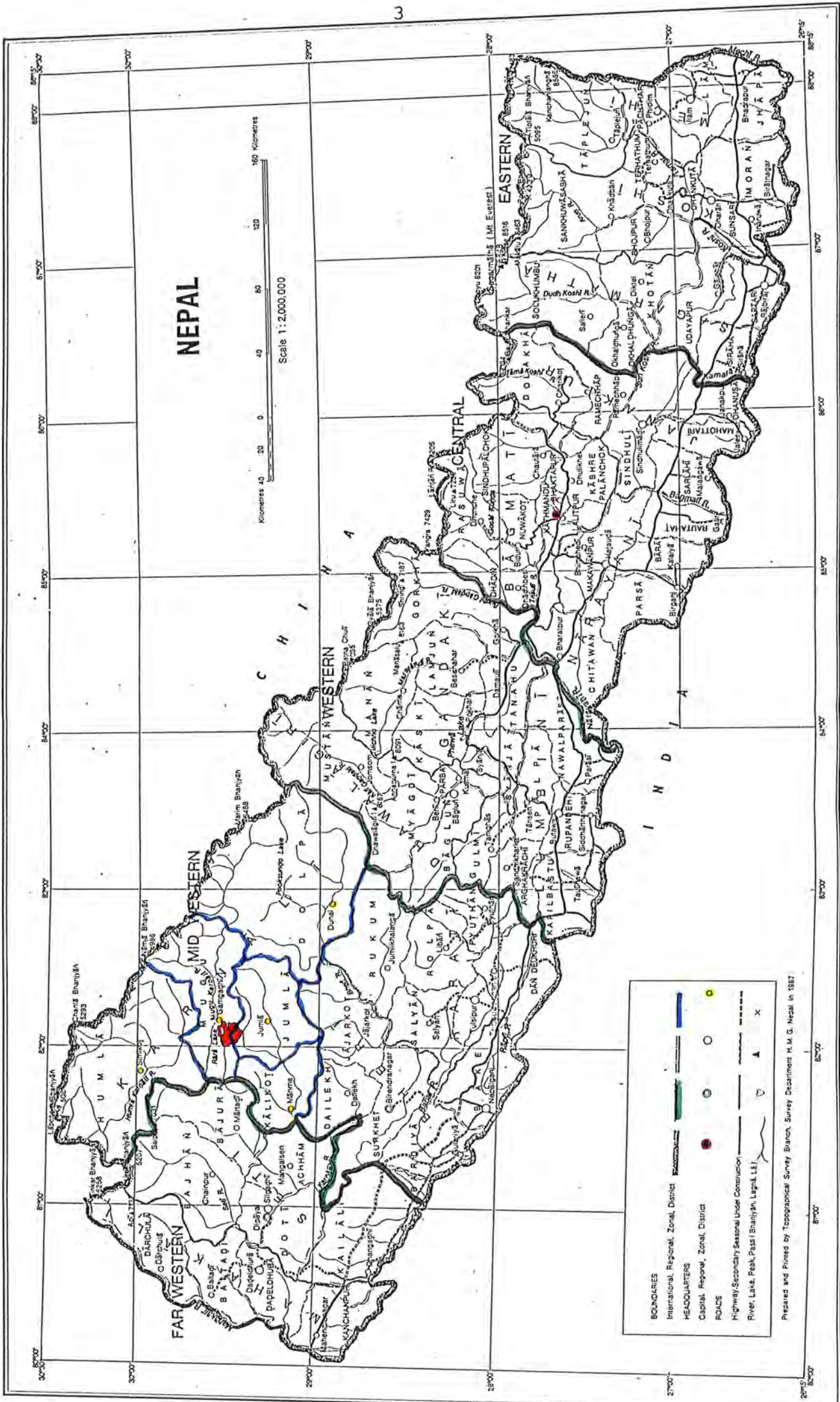
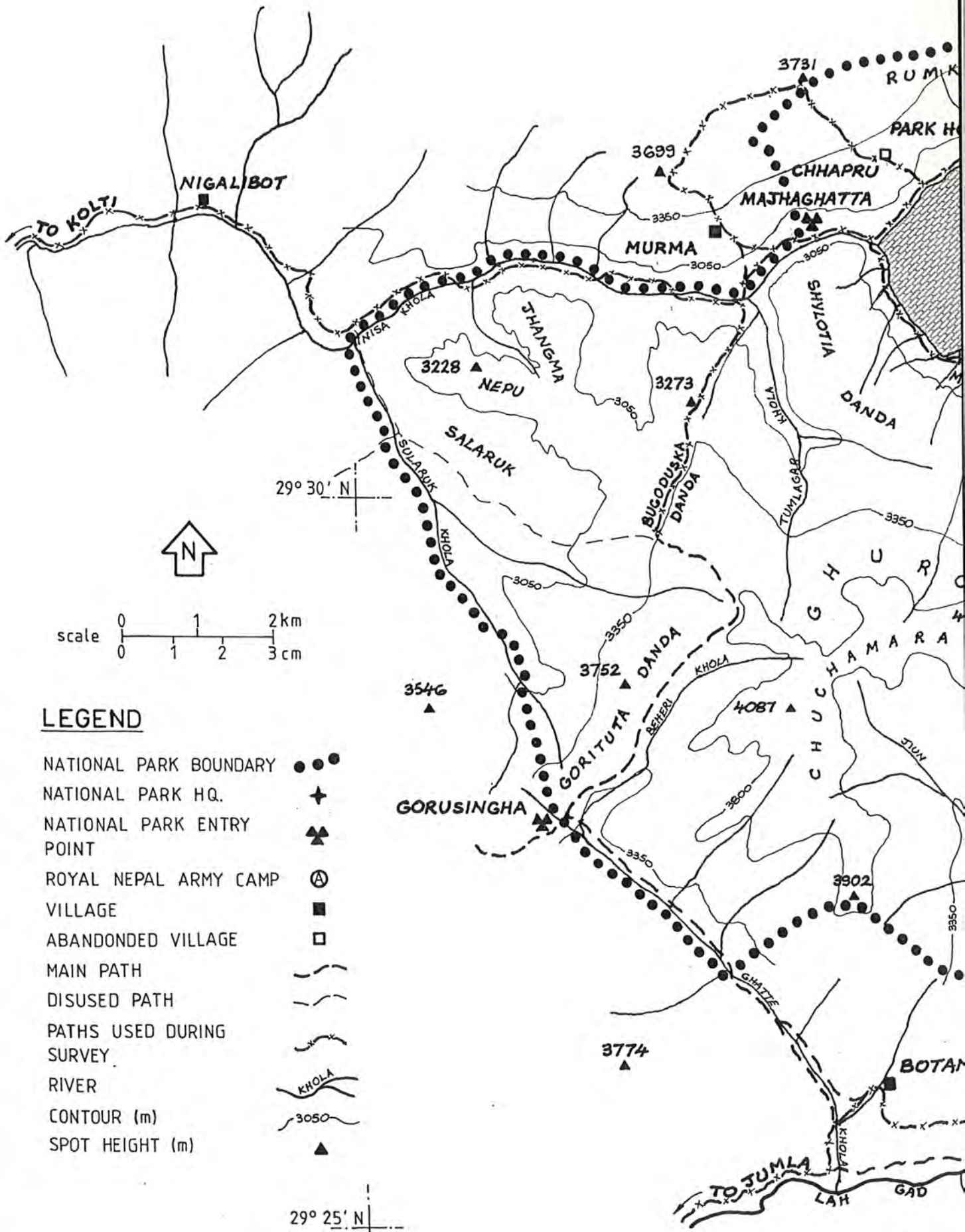


Fig.1 - MAP OF NEPAL

29° 35' N | E
82° 00' E

FIG. 2 - LAKE RARA NATIONAL PARK SHOWING TOPOGRAPHY, VILLAGES & MAIN PATHS.



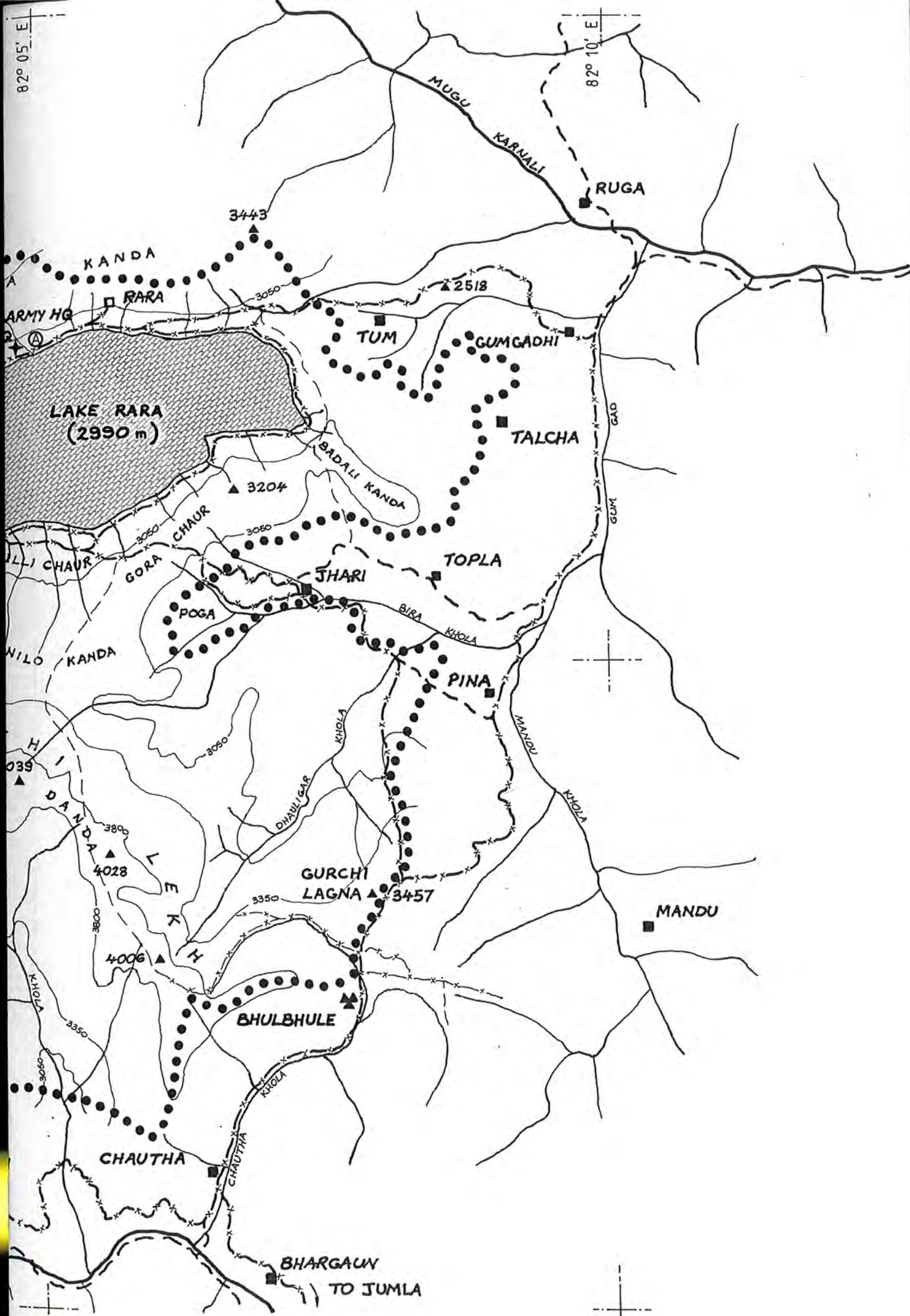
LEGEND

- NATIONAL PARK BOUNDARY ●●●●●
- NATIONAL PARK H.Q. +
- NATIONAL PARK ENTRY POINT ▲▲▲
- ROYAL NEPAL ARMY CAMP ⊙
- VILLAGE ■
- ABANDONDED VILLAGE □
- MAIN PATH - - - - -
- DISUSED PATH - - - - -
- PATHS USED DURING SURVEY ~ ~ ~ ~ ~
- RIVER KHOLA
- CONTOUR (m) 3050
- SPOT HEIGHT (m) ▲

29° 25' N | E

82° 05' E

82° 10' E



KANDA
ARMY HQ
RARA

LAKE RARA
(2990 m)

ILLI CHAUR
GORA CHAUR
NILO KANDA

DANDA
3800
4028
3800

4006
3350
3050
CHAUTHA

BHARGAUN
TO JUMLA

MUGU
KARNALI

RUGA

3443

2518

3204

JHARI

TOPLA

PINA

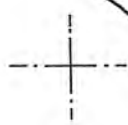
GURCHI
LAGNA 3457

BHULBHULE

MANDU

BHARGAUN

TO JUMLA



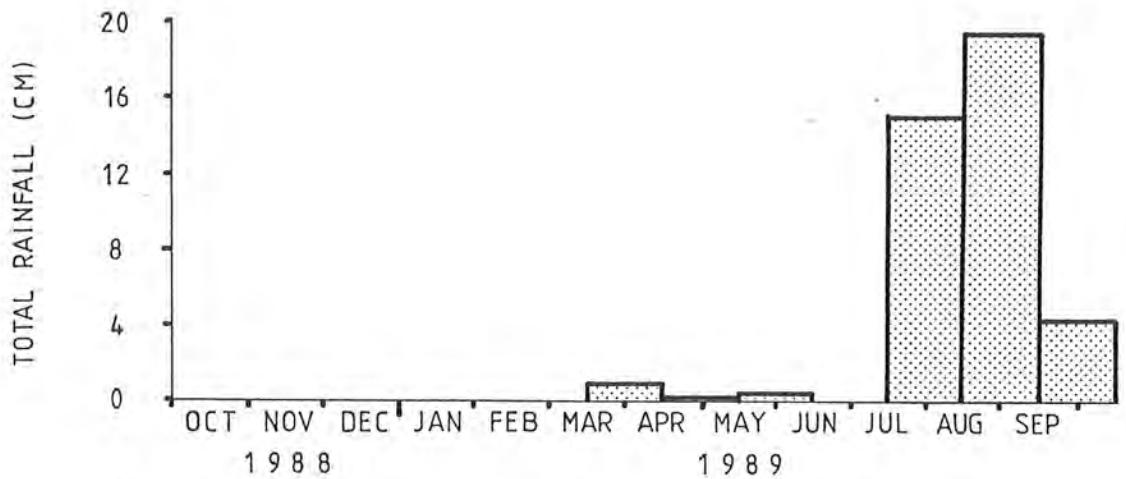
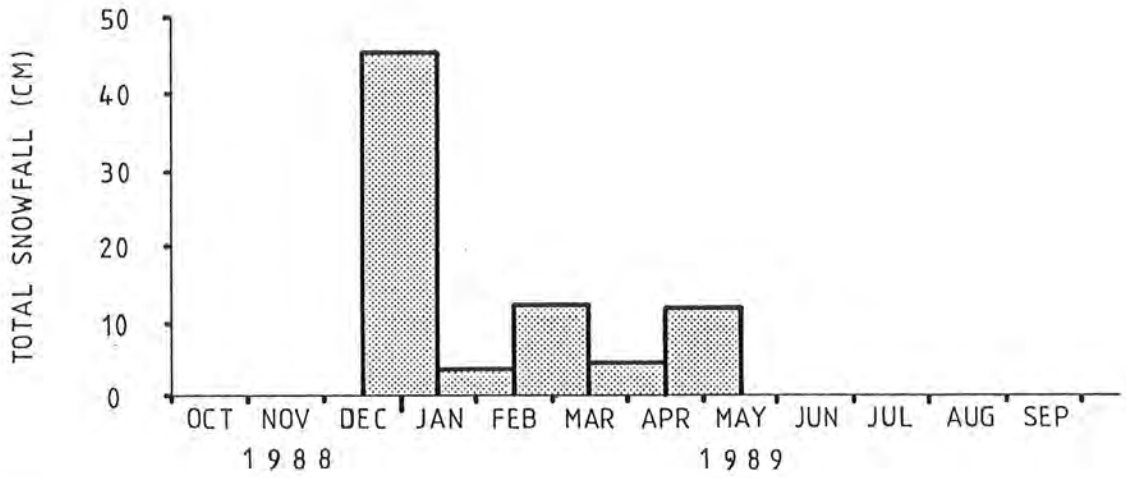
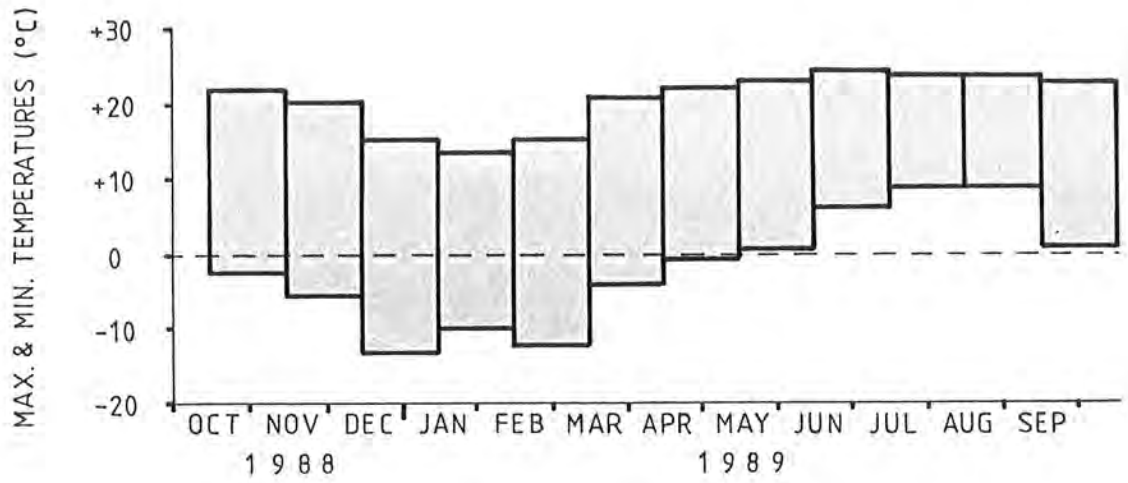


FIG. 3 - METEOROLOGICAL INFORMATION FOR THE PERIOD OCTOBER 1988 TO SEPTEMBER 1989

2. HISTORY AND DEVELOPMENT OF THE PARK

2.1 NATIONAL PARKS AND WILDLIFE CONSERVATION PROJECT

The National Parks and Wildlife Conservation Project was established in 1973 by His Majesties Government of Nepal (HMG.Nepal) with assistance from the United Nations Development Programme (UNDP) and The Food and Agricultural Organisation of the United Nations (FAO). The long range objectives of the project are to ensure the most effective conservation and management of the countries national parks and reserves which in addition to thier conservation role, will play a part in the tourist industry so important to the economy of Nepal.

There are various reasons for establishing a scheme of parks and wildlife reserves and among them are the importance of scientific, educational, aesthetic and recreational value. The relative importance of these considerations will, however, differ from one area to another.

Ideally a national conservation scheme should protect examples of each major vegetation type and its associated wildlife. The flora and fauna will be influenced by many local factors such as geology, soil, aspect, human interference, etc., but taken on a large enough scale the natural vegetation will generally reflect the climatic zone in which it occurs.

2.2 ESTABLISHMENT OF LAKE RARA NATIONAL PARK

Lake Rara National Park was established in 1976 and was one of the first four area selected for development as a National Park and the first in western Nepal. It is situated in the Humla-Jumla area, an ecologically distinct part of the Nepal Himalaya which is very different from the Midland areas of Nepal with the forests even differing from those of the West Midlands which ajoin them to the south.

The most important reason for locating the park in the precise area was obviously Lake Rara itself. The scenic beauty of the lake could not be found in any other National Park and constituted a valuable tourist attraction. However, due to the parks small size and scenic importance it was essential that the administration should be in the interest of the natural vegetation and wildlife. There was not enough space for an effective system to include villages and the associated cultivation, deforestation and grazing, as has been successful at other National Parks, and so it was decided to resettle the populations of the two villages located within the park, namely Chhapru and Rara, both north of the lake.

Approximately 600 villagers were moved some 145 km (90 miles) southwest of Rara to Chisapani on the terai. Although

the topography, climate and culture are very different the transformation appears to have been successful and was completed by 1980.

The park headquarters are located on the northern shore of the lake with a main office building and accommodation for the Warden, Park Rangers and the Administration Staff. Situated between the office and accommodation buildings there is a guesthouse for visitors. At Bhulbhule, the main entrance to the park from Jumla, and at Majhaghatta, on the path from the west, there are other small guardposts with a Park Ranger.

As is common in all of the National Parks of Nepal there is a small HMG.Nepal army presence. The headquarters are situated next to the park headquarters by the side of the lake and at Jhari and Gorusingha, there are small outposts.

2.3 MANAGEMENT OF THE PARK

The management objectives are firstly, to conserve and protect the flora, fauna, and landscape of the region represented by the park and to maintain the natural environment of the lake. Secondly, to encourage and support tourism so long as it is compatible with the conservation of the area.

Chhapru and Rara were not the only settlements close to the park and several villages lay just outside the park boundaries, the most densely populated being Murma and Jhari. It was obviously not possible nor desirable to exclude all of these people, particularly as there are three main paths within the park area, so certain concessions have been made to the local people.

Apart from the right of way through the park, the collection of leaf litter for compost, mainly pine needles, and the cutting of dry grass is allowed during October. Secondly, the villagers can graze their livestock in certain areas of the park.

However, the villagers are still generally dissatisfied as the land for grazing is insufficient and there is a complete restriction on the cutting of trees for firewood within the park. This necessitates walking much greater distances for these essential requirements. Another complaint is that protected animals, such as the wildboar, cause widespread damage to crops leaving the villagers powerless to deal with the situation.

2.4 CONSERVATION EDUCATION

As is common in many of the National Parks a main problem is the vested interests of the local people whose livelihood is at worst threatened and at best made harder by the restrictions placed upon them. The problem is compounded

by the fact that the district has one of the lowest literacy rates in the country making conservation education an even more difficult concept for them to understand.

Efforts are being made to emphasise the importance of the park to the local community through representation on the district level Co-ordinating Committee meetings. Annual park orientation meetings are held with local leaders and teachers and park tours and lecture programmes are regularly organised in local schools. However, a more concerted effort is needed if the villagers are to understand the importance and relevance of the park not only on a local level as a provider of resources and the benefits of tourism but also on a national level as an outstanding example of a unique area of natural beauty and the protection of a diverse flora and fauna system.

2.5 TOURISM

The revenue generated by tourism to the park at present is very small. The entrance fee to all National Parks has recently been raised to a more realistic level of R's 250/- (£6) but with the park attracting only 200 visitors per year it is still a small amount of money compared to the running costs. The main obstacle to the potential visitor to Lake Rara is one of access.

At present the nearest airport to the park is at Kolti, about two days walk to the west. This route is rarely used by tourists however, due to the lack of facilities and food along the relatively easy path. Most tourists fly to Jumla to the south and take three days to reach the lake using the more difficult but better supplied route over Danphe Lekh and Ghurchi Lekh. The main problem with this route is the difficulty in obtaining tickets for the flight from Kathmandu. It is notoriously hard getting to the busy district headquarters of Jumla direct from Kathmandu and most tourists are not prepared to fly halfway to Nepalganj and try to get an onward ticket from there.

A solution to the problem will be the new airstrip which is under construction at Talcha, about two hours from the park headquarters above Gumgadhi, the district headquarters of Mugu. However, the exact completion date is uncertain as work on the airstrip has been very sporadic since the early 1980's.

An increasingly popular tourist route is to combine Lake Rara in a trek from Simikot in Humla, north west of the park, through to Jumla. This route is very arduous and requires food supplies and porters and can take up to two weeks to complete.

On a national scale, the priority of attracting tourists to Lake Rara must be low compared with the larger parks such as Sagarmatha National Park, which contains Mount Everest and sees over 9,000 visitors a year. Consequently, very

little funds are available for this purpose, particularly for spending outside the park boundaries. This, along with the possibility that there may be a nearby airstrip makes it difficult for the park management to improve the situation. A more realistic approach would be through the conservation education programme which should emphasise the possible benefits to the local community of increased tourism.

Although a lot of the tourists' money goes into the pockets of the trekking agencies in Kathmandu, there is still a wide scope for local people to benefit by providing porters, guides, food and essential supplies along the main paths. It was encouraging to see an enterprising local family has established a shop near to the park headquarters thereby making food available for the first time.

2.6 FUTURE DEVELOPMENT OF THE PARK

A summary report by Dr. B. N. Upreti, the Director General of the Department of National Parks and Wildlife Conservation (DNPWC.), outlines the future developments of the park.

In response to the villagers request for more grazing land the park management are considering the use of Chuchamara Danda for pasture, and an easing of the restriction on collecting firewood. A long term solution under consideration is the resettling of some of the nearby villagers. Some of the communities have been enquiring about the possibility of resettlement, particularly those from Murma and Jhari, and the villagers from Tum may also be resettled to protect the forest on the eastern rim of the lake.

Further expansion of the park area to the south is being proposed which may include some small villages. It is anticipated that the limited size of the communities will allow the surrounding forests to be designated as 'Utility Zones' which will operate under separate management and thereby restrict the disturbance to these people.

3. VEGETATION

3.1 THE LAKE

Rooted vegetation is confined entirely to the margins and is patchy in its distribution as the rocky edges of the lake shelf steeply in places and support no rooted plants at all. Rushes and reeds occur in marginal belts, the latter in water up to 1 m (3.25 ft.) deep. A sedge and pondweed occur in moist patches and a common feathery underwater plant grows entirely submerged. There are no free-floating higher plants and algae covers the submerged rocks.

3.2 GRASSLAND

Except for a moist marshland on the south shore of the lake the pastures are mainly tussock grasslands on the ridges and above the treeline. A few species appear to be generally predominant with Agrostis pilosula and Danthonia schneideri being particularly widespread around the Gorituta Danda and Bugoduska Danda. A fescue, Festuca valesiaca a typical upland tussock grass is also abundant in these localities.

The lakeside pastures are cropped to a low turf of grasses and other plants with Agrostis pilosula being common and Arundinella hookeri found on the higher ground around Gora Chaur.

A number of common herbs (forbs) are abundant in almost all pastures from the lakeside to the tops of the ridges. These include Gentiana species notably Gentiana indurata, Fragaria vesca (wild strawberry), Anaphalis contorta (everlasting), Ranunculus sp. (buttercup), Potenilla sp. (cinquefoil), Taraxacum sp. (dandelion), Hemiphragma heterophylla (a small creeping herb), and Rumex spp. (docks and sorrels). Irises and primulas are common on moister, more sheltered aspects and a small yellow flower, Oxygraphia polypetula, is particularly abundant in the lakeside pastures.

3.3 FOREST TYPES (see Fig.4)

If the Humla-Jumla region is viewed over a wide enough area then there is a definite zonation of species domination as described by Stainton (1972). It would be misleading however, to describe the forests of the park in terms of strict altitudinal zones, as the local effects of aspect, drainage and other factors obscure the pattern. There are some obvious tendencies, with blue pine (Pinus wallichiana) predominating in large areas and the forest composition differing markedly above and below 3350 - 3415 m (11,000 - 11,200 ft.)

3.3.1 Blue Pine (Pinus wallichiana)

The areas around the lake and Bandali Kanda are dominated by blue pine up to about 3200 m (10,500 ft.). Other minor species include rhododendron (Rhododendron arboreum), black juniper (Juniperus wallichiana), West Himalayan spruce (Picea smithiana), brown oak (Quercus semecarpifolia) and Himalayan cypress (Cupress torulosa). On the Ghurchi Lekh, pines do grow up to 3350 m (11,000 ft.) but only as a minor component of mixed forests.

Blue pine is clearly the most successful tree to colonise previously exposed ground. Thus, where forest has been cleared for cultivation and then left, pine becomes established often with some West Himalayan spruce.

3.3.2 Upper Temperate Forest Below 3350 m (11,000 ft.)

Between the pine belt and the tree line the forests are usually a mixture of at least three or four major tree species. Generally, the pine forests become increasingly mixed with spruce and silver fir (Abies spectabilis) on ascending the north-facing slopes of Chuchamara Danda. The black juniper is also quite common in this zone and at about 3200 m (10,500 ft.) the brown oak, White Himalayan birch (Betula utilis), maple (Acer coesium) and occasionally yew (Taxus wallichiana) are present.

Towards 3350 m (11,000 ft.) pine and spruce are far less common whilst the silver fir becomes the dominant conifer with oak and birch much more plentiful.

In the valley of the Nisa Khola, just below the lake, the steep north-facing side is covered mostly with pine and spruce which is sometimes mixed. A few hemlocks (Tsuga dumosa) appear near to the river. On the south-facing slopes the footpath runs through steep coniferous forests with spectacular rugged cliffs below and subalpine pastures above. Attractive mixed woodland containing deciduous trees such as the Indian horse chestnut (Aesculus indica), walnut (Juglans regia) and Himalayan poplar (Populus ciliata) border the stream in the valley bottom.

3.3.3 Subalpine Forest Above 3350 m (11,000 ft.)











On the north-facing slopes of Chuchamara Danda at between 3350 - 3415 m (11,000 - 11,200 ft.) pine and spruce finally give way to fir, oak and birch species as mentioned above. Both Rhododendron campanulatum and R. arboreum occur in this zone as do dense brakes of small mountain bamboo (Arundinaria intermedia). On the hills to the west of Chuchamara, forests of this type also occur at similar elevations.

In the gulleys of the larger streams, such as the Tumlagar, a significant proportion of the vegetation down to 3200 m (10,500 ft.) is formed by birch, bamboo and rhododendron.

Around 3660 m (12,000 ft.), the upper limit of this vegetation zone, the fir disappears and the birch and rhododendron form a shrub along with a black juniper shrub. On the north-facing slopes of Chuchamara Danda this zone is distinct but narrow and soon gives way to a belt of dwarf rhododendron (R. lepidotum and R. anthopogon) which fringes the alpine grassland on the crest of the ridge.

On the south face of Chuchamara, at the head of the Jiun Khola this birch-rhododendron shrub zone is occupied by precipitous rock outcrops. Above these cliffs only scattered juniper and dwarf rhododendron shrub occur at the edge of the grassland.

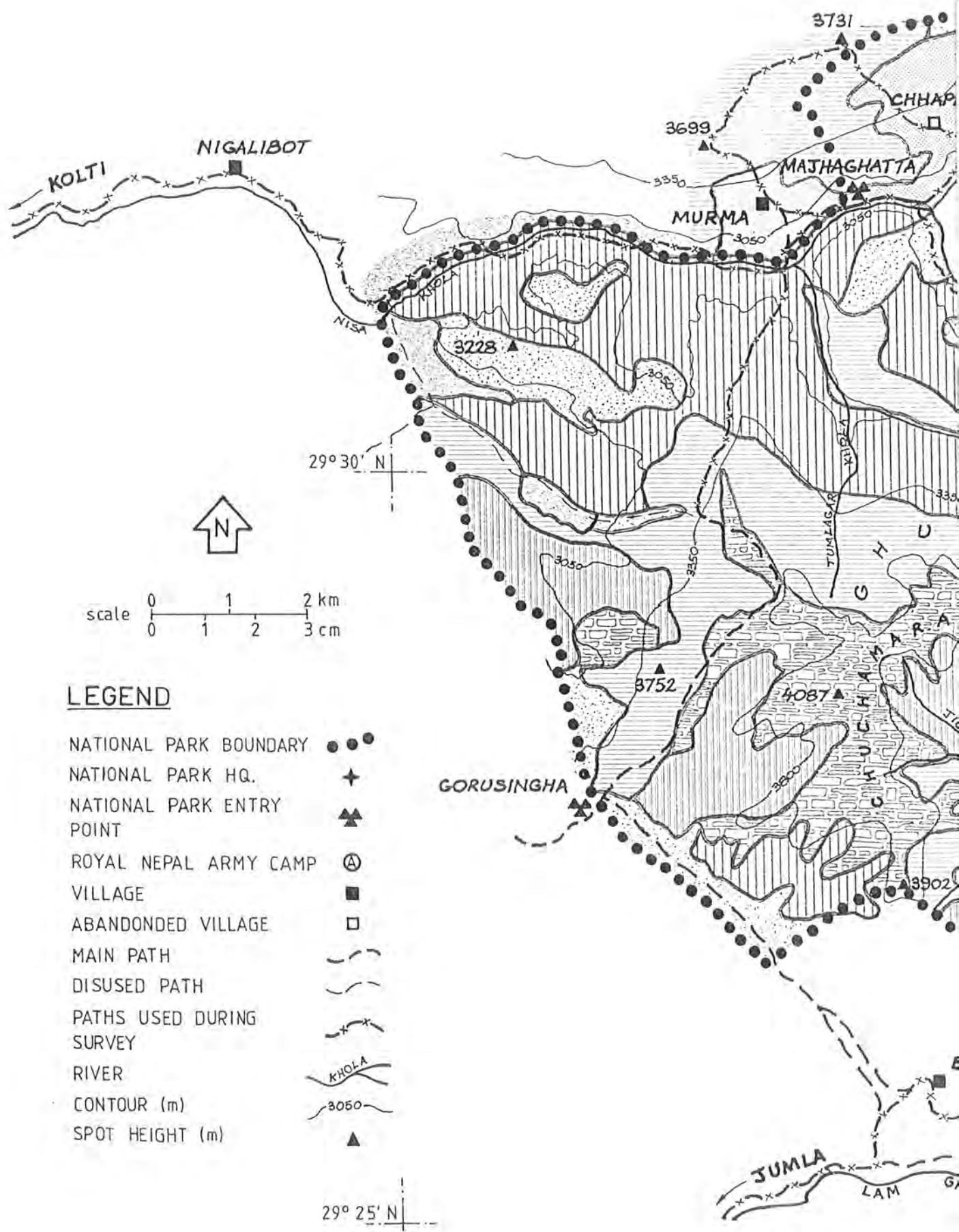
KEY

terrace land		- terraced cultivation near to inhabited village
marshland		- boggy area to the south of the lake
abandoned land		- abandoned land with predominantly blue pine (<u>Pinus wallichiana</u>) regeneration
grazing land 1		- grazing land with predominantly blue pine (<u>Pinus wallichiana</u>) regeneration in the upper temperate zone (2600-3000 m)
grazing land 2		- grazing land with predominantly blue pine (<u>Pinus wallichiana</u>) regeneration in the subalpine zone (3000-4000 m)
grazing land 3		- grazing land with predominantly blue pine (<u>Pinus wallichiana</u>) regeneration in the alpine zone
rock outcrop		- rock outcrop in alpine zone
con. forest 1		- coniferous forest with blue pine (<u>Pinus wallichiana</u>) and silver fir (<u>Abies spectabilis</u> and <u>A. pindrow</u>) predominant and sometimes brown oak (<u>Quercus semecarpifolia</u>), West Him. spruce (<u>Picea smithiana</u>), and Him. cypress (<u>Cupressus torulosa</u>) as minor species
con. forest 2		- coniferous forest with silver fir (<u>Abies spectabilis</u> and <u>A. pindrow</u>) predominant and sometimes blue pine (<u>Pinus wallichiana</u>) and West Him. spruce (<u>Picea smithiana</u>) as minor species
mixed forest		- mixed forest with silver fir (<u>Abies spectabilis</u> and <u>A. pindrow</u>), brown oak (<u>Quercus semecarpifolia</u>) and West Him. birch (<u>Picea smithiana</u>) predominant

Source : Canadian Assistance Program to Nepal by the Topographical Survey branch, Survey Department of the Ministry of Land Reform of His Majesties Government of Nepal.

29° 35' N
82° 00' E

FIG. 4 - LAKE RARA NATIONAL PARK SHOWING VEGETATION

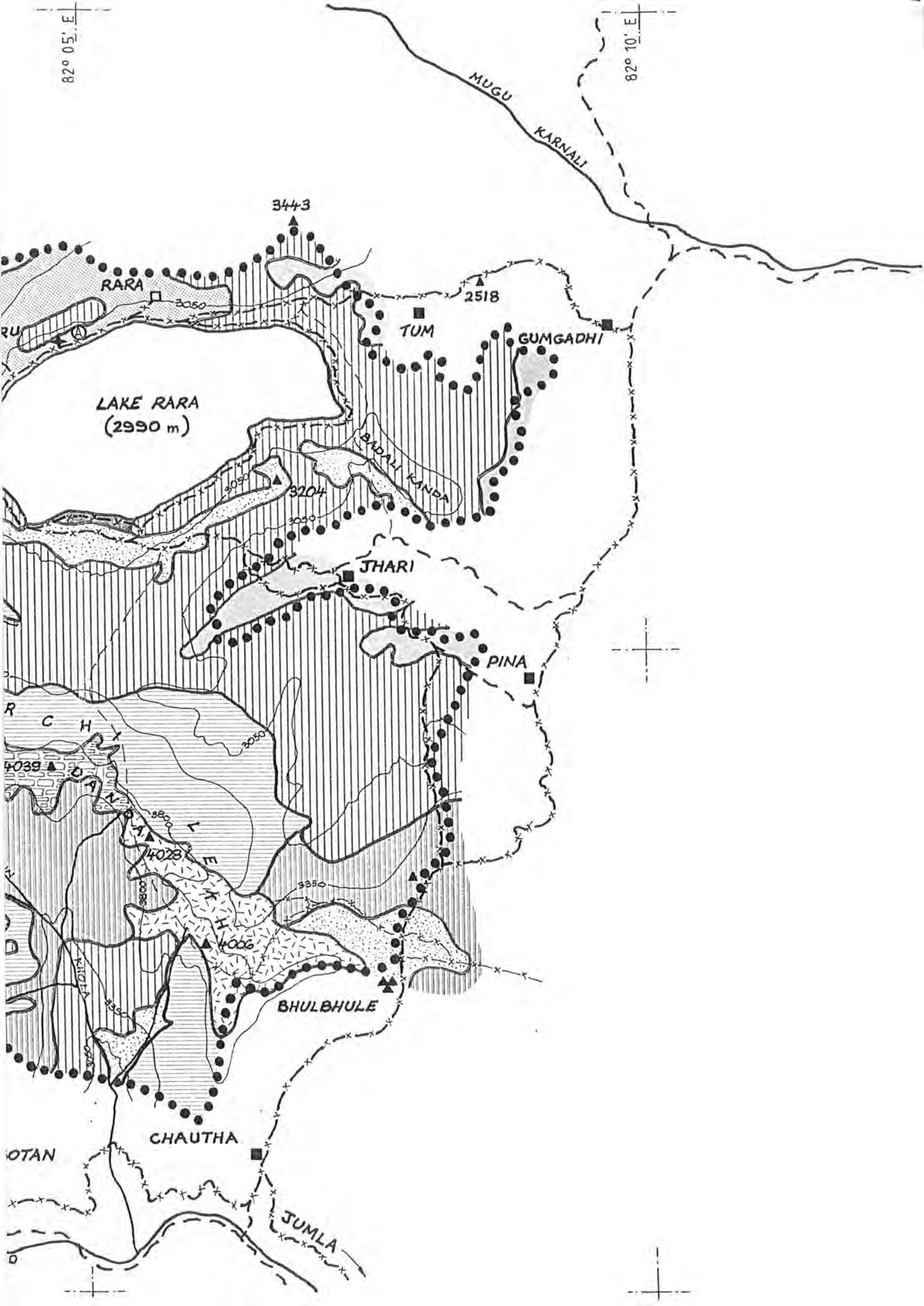


LEGEND

- NATIONAL PARK BOUNDARY ●●●●
- NATIONAL PARK HQ. +
- NATIONAL PARK ENTRY POINT ▲
- ROYAL NEPAL ARMY CAMP ⊙
- VILLAGE ■
- ABANDONED VILLAGE □
- MAIN PATH - - - -
- DISUSED PATH ······
- PATHS USED DURING SURVEY -x-x-
- RIVER KHOLA
- CONTOUR (m) 3050
- SPOT HEIGHT (m) ▲

82° 05' E

82° 10' E



4. SURVEY INFORMATION

4.1 DETAILS OF SURVEY

The survey was completed on two separate occasions totalling 38 days. An initial visit was made to the park in July 1989, with 1 day spent at Bhulbhule and 3 days at the lake between 16th and 23rd. The main part of the survey was completed later in the year between 16th September and 19th October. For the first 11 days of this period the area around the lake was surveyed before taking the path through Jhari to Bhulbhule where 7 days were spent. The next 14 days were passed around the lake and the surrounding area before finally returning to Bhulbhule for the last 2 days. The routes taken and areas covered are shown in Fig.2.

Bird species, abundance, altitude, habitat and any breeding information were recorded. A total of 127 species were identified including 35 new species for the park.

Records were also kept of all mammals seen.

Special thanks must go to Ram Dev Chaudari, the park ranger at Bhulbhule, who accompanied the author on several days both around Bhulbhule and Lake Rara.

4.2 BIRD SPECIES RECORDED

The following species were recorded during the survey. Abundance, status (except for (b)) and habitat is given for each species within the National Park only. The names used and nomenclature follow Inskipp and Inskipp 'A Guide To The Birds Of Nepal' (1985).

KEY

Abundance: c - common	Status: r - resident
fc - fairly common	s - summer visitor
o - occasional	w - winter visitor
uc - uncommon	m - passage migrant
sc - scarce	v - vagrant
	b - known to breed in National Park
	(b)- known to breed in Nepal
	? - uncertain

Status in Nepal: + - breeding species with significant world populations in Nepal.
* - breeding species for which Nepal is especially important.

- Habitat: terrace land - terraced cultivation near to inhabited village
- marshland - boggy area to the south of the lake
- abandoned land - abandoned land with predominantly blue pine (Pinus wallichiana) regeneration
- grazing land 1 - grazing land with predominantly blue pine (Pinus wallichiana) regeneration in the upper temperate zone (2600-3000 m)
- grazing land 2 - grazing land with predominantly blue pine (Pinus wallichiana) regeneration in the subalpine zone (3000-4000 m)
- con. forest 1 - coniferous forest with blue pine (Pinus wallichiana) and silver fir (Abies spectabilis and A. pindrow) predominant and sometimes brown oak (Quercus semecarpifolia), West Him. spruce (Picea smithiana), and Him. cypress (Cupressus torulosa) as minor species
- con. forest 2 - coniferous forest with silver fir (Abies spectabilis and A. pindrow) predominant and sometimes blue pine (Pinus wallichiana) and West Him. spruce (Picea smithiana) as minor species
- mixed forest - mixed forest with silver fir (Abies spectabilis and A. pindrow), brown oak (Quercus semecarpifolia) and West Him. birch (Picea smithiana) predominant

1. GREAT CRESTED GREBE Podiceps cristatus
Abundance: o Status: r? w Altitude: 2990 m
Habitat: lake
Remarks: maximum 3 in summer plumage on 21/7/89 and
2 in winter plumage on 14/10/89
2. BLACK-NECKED GREBE Podiceps nigricollis
Abundance: uc Status: w Altitude: 2990 m
Habitat: lake
Remarks: 2 in winter plumage on 11-12/10/89
3. GREAT EGRET Egretta alba
Abundance: s Status: m (b) Altitude: 2990 m
Habitat: lake
Remarks: 1 on 12/10/89
4. COMMON TEAL Anas crecca
Abundance: fc Status: w m Altitude: 2990 m
Habitat: lake
Remarks: maximum 8 ♀ on 11/10/89
5. BAIKEL TEAL Anas formosa
Abundance: Status: v Altitude: 2990 m
Habitat: lake
Remarks: 1 ♀ on 7/10/89
6. MALLARD Anas platyrhynchos
Abundance: fc Status: w m (b) Altitude: 2990 m
Habitat: lake
Remarks: maximum 70+ on 14-16/10/89
7. NORTHERN PINTAIL Anas acuta
Abundance: o Status: m Altitude: 2990 m
Habitat: lake
Remarks: maximum 3 ♀ on 15/10/89
8. COMMON POCHARD Aythya ferina
Abundance: o Status: r? m Altitude: 2990 m
Habitat: lake
Remarks: maximum 4 ♂ on 12/10/89 and 5 ♀ on 22/7/89
9. FERRUGINOUS DUCK Aythya nyroca
Abundance: o Status: m Altitude: 2990 m
Habitat: lake
Remarks: maximum 15 ♂ on 16/10/89 and 1 ♀ on 17/9/89
10. TUFTED DUCK Aythya fuligula
Abundance: o Status: w m Altitude: 2990 m
Habitat: lake
Remarks: maximum 2 ♂ and 3 ♀ on 16/10/89
11. BLACK KITE Milvus migrans
Abundance: fc Status: s b? Altitude: 2900-3600 m
Habitat: abandoned land, con. forest l and mixed forest
Remarks: maximum 2 pairs on 21/9/89

12. LAMMERGEIER Gypaetus barbatus
 Abundance: fc Status: r (b) Altitude: 3400-4000 m
 Habitat: only seen in flight
 Remarks: maximum 2 on 2/10/89
13. HIMALAYAN GRIFFON VULTURE Gyps himalayensis
 Abundance: fc Status: r (b)? Altitude: 3400-4000 m
 Habitat: only seen in flight
 Remarks: maximum 8 on 1/10/89
14. CRESTED SERPENT EAGLE Spilornis cheela
 Abundance: uc Status: s (b) Altitude: 3000 m
 Habitat: con. forest 1
 Remarks: 1 on 21/9/89
15. MARSH HARRIER Circus aeruginosus
 Abundance: uc Status: w m Altitude: 3000-3200 m
 Habitat: marshland and grazing land 2 to south of lake
 Remarks: 1 ♀ on 17+18/9/89
16. HEN HARRIER Circus cyaneus
 Abundance: o Status: w m Altitude: 3000-3600 m
 Habitat: marshland, grazing land 2 and mixed forest
 Remarks: 1 ♂ on 7/10/89 and 1 ♀ on 3,12,14/10/89
17. NORTHERN GOSHAWK Accipiter gentilis
 Abundance: uc Status: r? Altitude: 3300 m
 Habitat: over con. forest 1 and mixed forest
 Remarks: 2 on 22/9/89
18. COMMON BUZZARD Buteo buteo
 Abundance: fc Status: w m (b)? Altitude: 2900-3700 m
 Habitat: con. forest 1, mixed forest and grazing land 2
 Remarks: maximum 3 on 30/9 & 2+16/10/89, often seen in
 pairs, possibly light and dark phases
19. LONG-LEGGED BUZZARD Buteo rufinus
 Abundance: fc Status: w m Altitude: 2900-3100 m
 Habitat: grazing land 2 and con. forest 1
 Remarks: single birds seen, both light & dark phases
20. BOOTED EAGLE Hieraaetus pennatus
 Abundance: uc Status: r? m (b) Altitude: 2970-3000 m
 Habitat: over con. forest 1
 Remarks: 1 on 22/7/89 and 1 on 13/10/89
21. BONELLI'S EAGLE Hieraaetus fasciatus
 Abundance: uc Status: r? Altitude: 3600 m
 Habitat: over mixed forest
 Remarks: 2 imm. on 23/9/89
22. OSPREY Pandion haliaetus
 Abundance: fc Status: m Altitude: 2950-3050 m
 Habitat: con. forest 1 and around lake
 Remarks: a pair usually seen around the lake

23. COMMON KESTREL Falco tinnunculus
 Abundance: o Status: r? (b) Altitude: 2700-3600 m
 Habitat: grazing land 2 and usually clearings in con.
 forest 1 & 2 and mixed forest
 Remarks: ♂ and ♀ seen with maximum 2 on 18/10/89
24. EURASIAN HOBBY Falco subbuteo
 Abundance: uc Status: m? (b) Altitude: 3000 m
 Habitat: marshland to south of lake
 Remarks: 1 on 17/9/89 and 1 on 12/10/89
25. HIMALAYAN MONAL Lophophorus impejanus
 Abundance: fc Status: r (b) Altitude: 3400-3600 m
 Habitat: terrace land, con. forest 2 and mixed forest
 Remarks: maximum 1 ♂ and 2 ♀ on 27/9/89
 Status in Nepal: +
26. KALIJ PHEASANT Lophura leucomelana
 Abundance: fc Status: s? (b) Altitude: 2900-3000 m
 Habitat: con. forest 1
 Remarks: maximum 2 ♂ on 13/10/89 and 1 ♀ on 10/10/89
27. COMMON MOORHEN Gallinula chloropus
 Abundance: o Status: m? Altitude: 2990 m
 Habitat: lake
 Remarks: maximum 1 adult with 2 juv. on 14/10/89
28. COMMON COOT Fulica atra
 Abundance: c Status: r? w m Altitude: 2990 m
 Habitat: lake
 Remarks: maximum 30 on 15/10/89
29. DEMOISELLE CRANE Anthropoides virgo
 Abundance: uc Status: m Altitude: 3500 m
 Habitat: above lake
 Remarks: 12 flew over lake after storm on 15/10/89
30. COMMON REDSHANK Tringa totanus
 Abundance: uc Status: m Altitude: 2990 m
 Habitat: south shore of lake
 Remarks: 1 on 15/10/89
31. GREEN SANDPIPER Tringa ochropus
 Abundance: uc Status: m Altitude: 2990 m
 Habitat: south shore of lake
 Remarks: 1 on 14/10/89
32. COMMON SANDPIPER Actitis hypoleucos
 Abundance: o Status: m Altitude: 2990 m
 Habitat: south shore of lake
 Remarks: 1 seen between 7-16/10/89
33. GREAT BLACK-HEADED GULL Larus ichthyaetus
 Abundance: fc Status: m Altitude: 2990 m
 Habitat: around lake
 Remarks: 1st winter, 2nd winter and adult birds seen
 every day around the lake during Sept. and
 Oct. with maximum 19 on 6/10/89.

34. ROCK PIGEON Columba livia
 Abundance: o Status: r? s? (b) Altitude: 2700-3500 m
 Habitat: terrace land and grazing land 1
 Remarks: seen in all 3 months with maximum 20 on
 17/10/89 above Bhulbhule.
35. SNOW PIGEON Columba leuconota
 Abundance: o Status: r? (b) Altitude: 3500 m
 Habitat: terrace land and grazing land 2 near Bhulbhule
 Remarks: only seen above Bhulbhule with maximum 30 on
 2/10/89.
36. SPECKLED WOODPIGEON Columba hodgsonii
 Abundance: o Status: r? Altitude: 3050 m
 Habitat: abandoned land north of lake
 Remarks: maximum 30 on slopes above park HQ's on
 7/10/89
 Status in Nepal: +
37. ORIENTAL TURTLE DOVE Streptopelia orientalis
 Abundance: c Status: r? s (b) Altitude: 2700-3600 m
 Habitat: terrace land, abandoned land, grazing land 1 &
 2 and con. forest 1
 Remarks: most abundant dove
38. SPOTTED DOVE Streptopelia chinensis
 Abundance: uc Status: s (b) Altitude: 3000 m
 Habitat: abandoned land north of lake
 Remarks: 1 seen on 17/10/89
39. COMMON CUCKOO Cuculus canorus
 Abundance: o Status: s b Altitude: 3200 m
 Habitat: small patch of mixed forest on terrace land
 Remarks: juv. being fed by 2 Leaf Warblers on 21/7/89
40. TAWNY OWL Strix aluco
 Abundance: fc Status: r? (b)? Altitude: 3000-3450 m
 Habitat: abandoned land and con. forest 2
 Remarks: single bird heard on several occasions
41. WHITE-THROATED NEEDLETAIL Hirundapus caudacutus
 Abundance: uc Status: m? Altitude: 2990-3250 m
 Habitat: above lake
 Remarks: 1 with Collared Sand Martins on 11/10/89 after
 storm
42. CRESTED KINGFISHER Ceryle lugubris
 Abundance: uc Status: s? Altitude: 2970 m
 Habitat: stream just below lake
 Remarks: 1 seen at this unusually high altitude on
 22/7/89
43. COMMON KINGFISHER Alcedo atthis
 Abundance: uc Status: r? (b) Altitude: 2990 m
 Habitat: in lakeside tree
 Remarks: 1 on 17/9/89 and 11/10/89

44. HOOPOE Upupa epops
 Abundance: fc Status: s m (b) Altitude: 2900-3300 m
 Habitat: marshland, abandoned land and grazing land 2
 Remarks: maximum 7 on 20/9/89
45. SCALY-BELLIED GREEN WOODPECKER Picus squamatus
 Abundance: fc Status: r (b) Altitude: 3000-3700 m
 Habitat: abandoned land, con. forest 1 & 2 and mixed forest
 Remarks: usually single bird but occasionally in pairs
46. HIMALAYAN PIED WOODPECKER Dendrocopos himalayensis
 Abundance: fc Status: r Altitude: 3000-3450 m
 Habitat: con. forest 1 & 2
 Remarks: only single birds but both ♂ and ♀ seen
 Status in Nepal: +
47. HUME'S SHORT-TOED LARK Calandrella acutirostris
 Abundance: sc Status: s m? (b)? Altitude: 2990 m
 Habitat: marshland to south of lake
 Remarks: 1 on 7/10/89
48. ORIENTAL SKYLARK Alauda gulqula
 Abundance: o Status: s? (b)? Altitude: 2990-3500 m
 Habitat: marshland and grazing land 2
 Remarks: maximum 6 on 29/9/89
49. COLLARED SAND MARTIN Riparia riparia
 Abundance: sc Status: m Altitude: 2990-3250 m
 Habitat: above lake
 Remarks: 40+ on 11/10/89 after storm
50. OLIVE-BACKED PIPIT Anthus hodgsoni
 Abundance: o Status: s? (b) Altitude: 2990-3500 m
 Habitat: terrace land, marshland and grazing land 2
 Remarks: maximum 15 on 29/9/89
51. CITRINE WAGTAIL Motacilla citreola
 Abundance: o Status: m Altitude: 2990 m
 Habitat: marshland to south of lake
 Remarks: maximum 6 on 9/10/89
52. GREY WAGTAIL Motacilla cinerea
 Abundance: o Status: s (b) Altitude: 2990-3200 m
 Habitat: shores of lake and streams
 Remarks: single birds only
53. WHITE WAGTAIL Motacilla alba
 Abundance: fc Status: s m? Altitude: 2990 m
 Habitat: marshland and shores of lake
 Remarks: maximum 6 ssp. personata on 17/9/89 and
 1 ssp. baicalensis on 20/9/89
54. LONG-TAILED MINIVET Percrocotus ethologus
 Abundance: fc Status: s r? b Altitude: 3000-3100 m
 Habitat: abandoned land
 Remarks: maximum 2 ♂ and 3 ♀ on 12/10/89

55. WHITE-CHEEKED BULBUL Pycnonotus leucoqenys
 Abundance: o Status: r (b) Altitude: 2600 m
 Habitat: con. forest 1
 Remarks: 3 on 16/9/89
56. BLACK BULBUL Hypsipetes madagascariensis
 Abundance: o Status: r? (b) Altitude: 2700 m
 Habitat: con. forest 1
 Remarks: maximum 6 on 3/10/89
57. BROWN DIPPER Cinclus pallasii
 Abundance: fc Status: r (b) Altitude: 2800-3200 m
 Habitat: streams
 Remarks: maximum 3 on 10/10/89
58. NORTHERN WREN Troglodytes troglodytes
 Abundance: fc Status: r Altitude: 3000-3450 m
 Habitat: con. forest 2
 Remarks: maximum 3 on 18/10/89 above Bhulbhule
59. RUFOUS-BREASTED ACCENTOR Prunella strophciata
 Abundance: o Status: r? Altitude: 2950-3450 m
 Habitat: abandoned land and grazing land 2
 Remarks: maximum 2 on 18/10/89
 Status in Nepal: +
60. INDIAN BLUE ROBIN Luscinia cyane
 Abundance: o Status: s (b) Altitude: 2950 m
 Habitat: abandoned land
 Remarks: 1 on 21+22/7/89 Status in Nepal: +
61. ORANGE-FLANKED BUSH-ROBIN Tarsiger cyanurus
 Abundance: fc Status: s? (b) Altitude: 2990-3450 m
 Habitat: abandoned land and con. forest 1
 Remarks: maximum 1 ♂ and 3 ♀ on 29/9/89
62. BLUE-CAPPED REDSTART Phoenicurus caeruleocephalus
 Abundance: o Status: s? b Altitude: 3200 m
 Habitat: abandoned land
 Remarks: maximum 3 imm. ♂ on 28/9/89
63. BLACK REDSTART Phoenicurus ochruros
 Abundance: fc Status: s? m? (b) Altitude: 2990-3500 m
 Habitat: abandoned land and grazing land 2
 Remarks: maximum 2 ♂ (summer plumage) on 27/9/89, 3 ♂
 (winter plumage) on 29/9/89 and 3 ♀ on
 2/10/89
64. BLUE-FRONTED REDSTART Phoenicurus frontalis
 Abundance: fc Status: r? (b) Altitude: 2990-3500 m
 Habitat: abandoned land and grazing land 2
 Remarks: maximum 10 on 18/10/89
 Status in Nepal: +
65. PLUMBEOUS REDSTART Rhyacornis fuliginosus
 Abundance: fc Status: s? (b) Altitude: 2600-3400 m
 Habitat: streams
 Remarks: usually seen in pairs

66. COMMON STONECHAT Saxicola torquata
 Abundance: fc Status: r? m? b? Altitude: 2990-3450 m
 Habitat: abandoned land and grazing land 2
 Remarks: maximum 3 imm. between 6-10/10/89
67. GREY BUSHCHAT Saxicola ferrea
 Abundance: c Status: s? r? (b) Altitude: 2900-3600 m
 Habitat: abandoned land and grazing land 2
 Remarks: maximum 10, ♂ and ♀, on 7/10/89
68. WHITE-CAPPED REDSTART Chaimarrornis leucocephalus
 Abundance: fc Status: s (b) Altitude: 2600-3300 m
 Habitat: streams
 Remarks: maximum 4 on 28/9/89
69. BLUE WHISTLING THRUSH Myiophoneus caeruleus
 Abundance: fc Status: s (b) Altitude: 2600-3100 m
 Habitat: streams
 Remarks: maximum 3 on 10/10/89
70. WHITE-COLLARD BLACKBIRD Turdus albocinctus
 Abundance: o Status: r? (b) Altitude: 3000 m
 Habitat: abandoned land along north shore of lake
 Remarks: maximum 4 on 14/10/89
 Status in Nepal: +
71. MISTLE THRUSH Turdus viscivorus
 Abundance: o Status: r? Altitude: 3500 m
 Habitat: grazing land 2
 Remarks: maximum 5 above Bhulbhule on 18/10/89
72. LITTLE FORKTAIL Enicurus scouleri
 Abundance: o Status: s b Altitude: 2600-3000 m
 Habitat: streams
 Remarks: 1 ad. with fledgling below Bhulbhule on
 28/9/89 and 1/10/89
73. SPOTTED FORKTAIL Enicurus macxlatus
 Abundance: fc Status: s? (b) Altitude: 2600-3300 m
 Habitat: streams and con. forest 1
 Remarks: maximum 3 on 4/10/89
74. GREY-SIDED BUSH WARBLER Cettia brunnifrons
 Abundance: o Status: s (b) Altitude: 2900-3450 m
 Habitat: abandoned land and grazing land 2
 Remarks: single birds only Status in Nepal: +
75. GOLDEN-SPECTACLED WARBLER Seicercus burkii
 Abundance: o Status: s (b) Altitude: 2900-3450 m
 Habitat: abandoned land and grazing land 2
 Remarks: single birds only
76. GREY-HOODED WARBLER Seicercus xanthoschistos
 Abundance: o Status: r? s (b) Altitude: 2600-3000 m
 Habitat: abandoned land and con. forest 1
 Remarks: single birds only
 Status in Nepal: +

77. WESTERN CROWNED WARBLER Phylloscopus occipitalis
 Abundance: uc Status: s? m Altitude: 2900-3300 m
 Habitat: abandoned land and con. forest 1 near streams
 Remarks: maximum 3 on 22/9/89
78. GREENISH WARBLER Phylloscopus trochiloides
 Abundance: uc Status: s? m (b) Altitude: 2900-3450 m
 Habitat: abandoned land and con. forest 1
 Remarks: single birds only
79. ORANGE-BARRED LEAF WARBLER Phylloscopus pulcher
 Abundance: fc Status: r? (b) Altitude: 2900-3450 m
 Habitat: abandoned land, grazing land 2, and con.
 forest 1 & 2
 Remarks: single birds only
 Status in Nepal: +
80. GREY-FACED LEAF WARBLER Phylloscopus maculipennis
 Abundance: o Status: r? s (b) Altitude: 2950-3000 m
 Habitat: abandoned land and con. forest 1
 Remarks: single birds only
81. PALLAS'S LEAF WARBLER Phylloscopus proregulus
 Abundance: c Status: r? s m (b) Altitude: 2700-3600 m
 Habitat: abandoned land, grazing land 2, con. forest 1
 & 2 and mixed forest
 Remarks: most abundant warbler
82. YELLOW-BROWED WARBLER Phylloscopus inornatus
 Abundance: o Status: s? w? m? Altitude: 2800-3000 m
 Habitat: abandoned land and con. forest 1
 Remarks: single birds only
83. DUSKY WARBLER Phylloscopus fuscatus
 Abundance: fc Status: w? Altitude: 2950-3450 m
 Habitat: abandoned land and grazing land 2
 Remarks: most birds heard with maximum 3 on 25/9/89,
 unusually high altitude
84. TICKELL'S WARBLER Phylloscopus affinis
 Abundance: fc Status: s? m? (b) Altitude: 2800-3600 m
 Habitat: abandoned land, grazing land 2, con. forest 1
 and mixed forest
 Remarks: maximum 5 on 29/9/89
85. GOLDCREST Regulus regulus
 Abundance: uc Status: r? (b) Altitude: 3000-3450 m
 Habitat: con. forest 1 & 2
 Remarks: maximum 2 on 18/10/89
86. ASIAN SOOTY FLYCATCHER Muscicapa sibirica
 Abundance: o Status: s (b) Altitude: 2800-3400 m
 Habitat: con. forest 1
 Remarks: single birds only

87. SLATY-BLUE FLYCATCHER Ficedula tricolor
 Abundance: c Status: s r? (b)? Altitude: 2600-3450 m
 Habitat: abandoned land, grazing land 1 & 2, con.
 forest 1 & 2 and mixed forest
 Remarks: usually seen in pairs
88. ULTRAMARINE FLYCATCHER Ficedula superciliaris
 Abundance: o Status: s (b) Altitude: 2600-3000 m
 Habitat: terrace land, abandoned land, and con. forest
 1
 Remarks: ♂ and ♀ seen seperately
 Status in Nepal: +
89. ORANGE-GORGETTED FLYCATCHER Ficedula strophinata
 Abundance: o Status: s (b) Altitude: 3100-3300 m
 Habitat: mixed forest
 Remarks: single ♂ and maximum 3 ♀ on 29/9/89
90. YELLOW-BELLIED FANTAIL Rhipidura hypoxantha
 Abundance: fc Status: s (b)? Altitude: 2600-3300 m
 Habitat: abandoned land, grazing land 2 and con. forest
 1
 Remarks: maximum 3 on 23/9/89
 Status in Nepal: +
91. GREATER SCALY-BREASTED WREN-BABBLER Pnoepyga albiventer
 Abundance: uc Status: s (b) Altitude: 3000 m
 Habitat: con. forest 1
 Remarks: 1 light phase on 1/10/89
 Status in Nepal: +
92. VARIEGATED LAUGHING-THRUSH Garrulax variegatus
 Abundance: c Status: r (b) Altitude: 2600-3600 m
 Habitat: abandoned land, grazing land 1 & 2, con.
 forest 1 and mixed forest
 Remarks: most abundant laughing-thrush
 Status in Nepal: +
93. STREAKED LAUGHING-THRUSH Garrulax lineatus
 Abundance: c Status: s? r? (b) Altitude: 2600-3300 m
 Habitat: abandoned land, grazing land 1 & 2, con.
 forest 1 and mixed forest
 Remarks: maximum 6 on 24/9/89
94. CHESTNUT-CROWNED LAUGHING-THRUSH Garrulax
erythrocephalus
 Abundance: o Status: s (b) Altitude: 3000 m
 Habitat: abandoned land north of lake
 Remarks: 2 on 4+6/10/89
95. CHESTNUT-TAILED MINLA Minla strigula
 Abundance: o Status: s (b) Altitude: 2900-3300 m
 Habitat: abandoned land
 Remarks: maximum 5 on 24/9/89

96. WHITE-BROWED FULVETTA Alcippe vinipectus
 Abundance: c Status: r? (b) Altitude: 2900-3300 m
 Habitat: abandoned land, con. forest 1 and mixed forest
 Remarks: maximum 10 on 14/10/89
 Status in Nepal: +
97. BLACK-CAPPED SIBIA Heterophasia capistrata
 Abundance: o Status: s (b) Altitude: 3000 m
 Habitat: abandoned land north of lake
 Remarks: single birds only
 Status in Nepal: +
98. STRIPE-THROATED YUHINA Yuhina gularis
 Abundance: fc Status: r? (b)? Altitude: 3000 m
 Habitat: abandoned land below Rara village
 Remarks: maximum 10 on 6/10/89
 Status in Nepal: +
99. WHITE-THROATED TIT Aegithalos niveogularis
 Abundance: uc Status: r? Altitude: 3450 m
 Habitat: con. forest 2
 Remarks: 4 on 29/9/89 above Bhulbhule
 Status in Nepal: *
100. BLACK-THROATED TIT Aegithalos concinnus
 Abundance: o Status: r? (b) Altitude: 2600-3000 m
 Habitat: abandoned land and edge of con. forest 1
 Remarks: maximum 5 on 3/10/89
101. GREY-CRESTED TIT Parus dichrous
 Abundance: c Status: r (b) Altitude: 2800-3450 m
 Habitat: abandoned land, grazing land 2, con. forest 1
 & 2 and mixed forest
 Remarks: maximum 6 on 29/9/89
 Status in Nepal: +
102. RUFIOUS-VENTED BLACK TIT Parus rubidiventris
 Abundance: c Status: r (b) Altitude: 2700-3500 m
 Habitat: abandoned land, grazing land 2, con. forest 1
 & 2 and mixed forest
 Remarks: maximum 10 on 5/10/89
 Status in Nepal: +
103. SPOT-WINGED BLACK TIT Parus melanolophus
 Abundance: c Status: r (b) Altitude: 2600-3500 m
 Habitat: abandoned land, grazing land 2, con. forest 1
 & 2 and mixed forest
 Remarks: most abundant tit
 Status in Nepal: +
104. GREEN-BACKED TIT Parus monticolus
 Abundance: fc Status: s? (b) Altitude: 2600-3200 m
 Habitat: abandoned land and con. forest 1
 Remarks: maximum 3 on 10/10/89

105. BLACK-LORED TIT Parus xanthogenys
 Abundance: uc Status: s (b) Altitude: 2700 m
 Habitat: grazing land 1
 Remarks: 1 on 16/7/89, unusually high altitude
106. WHITE-CHEEKED NUTHATCH Sitta leucopsis
 Abundance: o Status: r? Altitude: 3000-3300 m
 Habitat: con. forest 1
 Remarks: single birds only
 Status in Nepal: +
107. KASHMIR NUTHATCH Sitta cashmirensis
 Abundance: o Status: r? Altitude: 3450 m
 Habitat: con. forest 2
 Remarks: single birds only
 Status in Nepal: +
108. BAR-TAILED TREECREEPER Certhia himalayana
 Abundance: fc Status: r? (b) Altitude: 3000-3450 m
 Habitat: abandoned land, grazing land 2 and con. forest
 1 & 2
 Remarks: single birds only
109. COMMON TREECREEPER Certhia familiaris
 Abundance: fc Status: r? (b) Altitude: 3000-3450 m
 Habitat: grazing land 2 and con. forest 1 & 2
 Remarks: maximum 3 on 18/10/89
110. GREEN-TAILED SUNBIRD Aethopyga nipalensis
 Abundance: uc Status: r? Altitude: 3000 m
 Habitat: abandoned land
 Remarks: 1 ♀ on 19+24/9/89
111. LONG-TAILED SHRIKE Lanius schach
 Abundance: o Status: s (b) Altitude: 3000 m
 Habitat: grazing land 2
 Remarks: single birds only
 Status in Nepal: +
112. GREY-BACKED SHRIKE Lanius tephronotus
 Abundance: c Status: s b? Altitude: 2900-3400 m
 Habitat: terrace land, abandoned land and grazing land
 2
 Remarks: most abundant shrike, adult seen with juv. on
 several occasions
113. ASHY DRONGO Dicrurus leucophaeus
 Abundance: o Status: s (b) Altitude: 2700 m
 Habitat: con. forest 1
 Remarks: maximum 6 on 16/9/89
114. YELLOW-BILLED BLUE MAGPIE Urocissa flavirostris
 Abundance: o Status: s (b) Altitude: 3000 m
 Habitat: con. forest 1
 Remarks: maximum 2 on 22/7/89 chasing a Booted Eagle
 Status in Nepal: +

115. EURASIAN NUTCRACKER Nucifraga caryocatactes
 Abundance: c Status: r? (b) Altitude: 2900-3600 m
 Habitat: abandoned land, grazing land 2, con. forest 1
 & 2 and mixed forest
 Remarks: maximum 6 on 29/9/89
116. RED-BILLED CHOUGH Pyrrhocorax pyrrhocorax
 Abundance: fc Status: r? (b) Altitude: 3400+ m
 Habitat: grazing land 2 but usually in flight
 Remarks: maximum 40+ on 28/9/89
117. JUNGLE CROW Corvus macrorhynchos
 Abundance: c Status: r (b) Altitude: 2600-3600 m
 Habitat: terrace land, abandoned land, grazing land 1 &
 2, con. forest 1 & 2 and mixed forest
 Remarks: maximum 50+ flying to roost on 6/10/89
118. COMMON MYNAH Acridotheres tristis
 Abundance: uc Status: s (b) Altitude: 3000 m
 Habitat: over grazing land 2 to west of lake
 Remarks: 2 in flight on 21/7/89
119. EURASIAN TREE SPARROW Passer montanus
 Abundance: o Status: r (b) Altitude: 2600-3400 m
 Habitat: terrace land
 Remarks: only seen near habitation
120. YELLOW-BREASTED GREENFINCH Carduelis spinoides
 Abundance: c Status: s (b) Altitude: 2600-3450 m
 Habitat: terrace land, abandoned land and grazing land
 1 & 2
 Remarks: maximum 100+ on 11/10/89
121. DARK-BREASTED ROSEFINCH Carpodacus nipalensis
 Abundance: uc Status: r? (b)? Altitude: 3000 m
 Habitat: abandoned land
 Remarks: 1 ♀ on 13/10/89 Status in Nepal: +
122. COMMON ROSEFINCH Carpodacus erythrinus
 Abundance: fc Status: s (b)? Altitude: 2900-3400 m
 Habitat: terrace land, abandoned land and grazing land
 2
 Remarks: maximum 1 ♂ and 2 ♀ on 10/10/89
123. BEAUTIFUL ROSEFINCH Carpodacus pulcherrimus
 Abundance: o Status: r (b) Altitude: 3000 m
 Habitat: abandoned land
 Remarks: 1 ♀ on 16/10/89
124. PINK-BROWED ROSEFINCH Carpodacus rhodochrous
 Abundance: o Status: r? (b)? Altitude: 2950-3300 m
 Habitat: abandoned land
 Remarks: both ♂ and ♀ seen
 Status in Nepal: +

125. RED-BREASTED ROSEFINCH Carpodacus puniceus
 Abundance: uc Status: m? r? (b)? Altitude: 2950 m
 Habitat: abandoned land
 Remarks: 1 ♀ on 23/9/89
126. RED-HEADED BULLFINCH Pyrrhula erythrocephala
 Abundance: c Status: r? (b)? Altitude: 2950-3500 m
 Habitat: abandoned land, grazing land 2, con. forest 1
 and mixed forest
 Remarks: usually in pairs with maximum 4 pairs on
 30/9/89
 Status in Nepal: +
127. ROCK BUNTING Emberiza cia
 Abundance: c Status: r (b) Altitude: 2700-3500 m
 Habitat: terrace land, abandoned land and grazing land
 1 & 2
 Remarks: maximum 3 ♂ and 2 ♀ on 13/10/89

4.3 SIGNIFICANCE OF RESULTS

Approximately 850 birds have so far been recorded in Nepal and many more are likely to occur considering that 64 species have been found within 100 km of Nepals borders. There are still large areas which are rarely visited and therefore under-recorded particularly in the west and new species are discovered each year. Migrant species are the ones most likely to occur and with the lake being an important staging point for migratory waterbirds the National Park could prove to be a beneficial hunting ground for new species.

Nepal supports 124 breeding species which may have significant world populations within the country. These birds have breeding distributions restricted to an area encompassing the Himalaya, north-east India, northern south-east Asia and south-west China (Inskipp and Inskipp 1986). Over 30% of these (39 species) have been found at Lake Rara National Park and of these there are 3 species for which Nepal may be especially important, the Cheer Pheasant Catreus wallichii, White-throated Tit Aegithalos niveogularis and Rusty-flanked Treecreeper Certhia nipalensis.

The Cheer Pheasant is a Red Data Book species whose category of threat as defined by the International Union for Conservation of Nature and Natural Resources (Collar and Stuart 1985) is Indeterminate (I). This states that "taxa known to be Endangered (E), Vulnerable (V) or Rare (R) in Nepal, but where there is not enough information to say which of the three categories is appropriate."

A total of 127 birds were recorded during the survey of which 86 have been known to breed in Nepal and could therefore possibly breed at the National Park. This brings to 187 the total number of bird species recorded including 110 which could breed and many more species would be found particularly from April to June during the breeding season. Over 30 species are included in the list of possible records for which conformation is desirable and most of these are very likely to occur.

If it is accepted that there are probably well over 200 species at the park then this represents nearly a quarter of all the birds seen in Nepal. The importance of the park can therefore be easily recognised when such a large proportion of the countries birds visit such a small area approximately 0.07% of the total area of the country.

The National Park around Lake Rara holds an important position in the countries overall national conservation scheme. The Humla-Jumla region is an ecologically distinct part of the Nepal Himalaya and the park and lake itself provides a protected habitat for the unique flora and fauna of the area.

As discussed earlier in chapter 3, it would be misleading to divide the forests of the park into distinct altitudinal zones. Blue pine predominates in many areas below 3200 m (10,500ft) mixed with fir, oak and birch, above this altitude the blue pine is increasingly dominated by the fir and the oak and birch are more plentiful. This similarity in forest types together with the problem of access to many areas of the park made clear distinctions between forest types difficult and consequently the problem of identifying the exact habitat of each bird was compounded.

It was found that many forest birds visited a variety of forest types including abandoned and grazing land (with blue pine regeneration), coniferous and mixed forests and most birds appearing to differ from this pattern were seen too infrequently to be able to draw any positive conclusions. However, it would be worthwhile analysing the results in terms of birds of forest and shrubland and those of the lake, streams and wetlands.

The park is well forested throughout and even the deforested areas to the north of the lake around the abandoned villages are showing positive signs of regeneration with blue pine. The pastures are mainly tussock grasslands with an abundance of common herbs (forbs) and plants.

A large proportion of the birds were observed in forest grassland or shrub habitats emphasising the devastating effect that deforestation has had on the birdlife in other parts of the country. Almost 78% (99 species) of all birds recorded relied upon this type of habitat. Of these, 75 were possible breeding species, 87% of all breeding species recorded during the survey.

Notable species included the White-throated Tit Aegithalos niveogularis, a breeding species for which Nepal is especially important. A pair of warblers were observed feeding a juvenile Common Cuckoo Cuculus canorus in July below Murma providing a positive breeding record. Other possible breeding species include the Common Stonechat Saxicola torquata and Grey-backed Shrike Lanius tephronotus, juveniles of which were regularly seen with adults. A wide variety of warblers were seen particularly Phylloscopus species but several more remain unrecorded due to lack of positive identification including one species observed with a fledgling.

The lake, streams and marshland also provides an important habitat for wetland birds and small birds of prey. About 22% (28 species) of all birds remained exclusively within this type of habitat and of these, 11 species (13%) were possible breeding species. The Little Forktail Enicurus scouleri was proved to breed when an adult was observed with a fledgling on the stream below Bhulbhule. Another possible breeder was the Common Moorhen Gallinula chloropus as two juveniles were regularly seen

with an adult.

Other records included the first summer/breeding season record for the Great-crested Grebe Podiceps cristatus in Nepal and the first summer/autumn (monsoon) sighting of the Common Pochard Aythya ferina. The Baikal Teal Anas formosa was only the fourth record for Nepal. The storm in October which brought the White-throated Needletail Hirundapus candacutus and the Collared Sand Martin Riparia riparia was quite significant as it was the first autumn record of the former and the most westerly sighting in Nepal for the latter.

The migration of birds both to and through Nepal is an area of study that has so far been largely neglected although general information about the migration of birds through Asia is known.

Many birds originate from the Palearctic to the north and winter in Nepal i.e. ducks, birds of prey, waders, gulls, terns, pipits, wagtails, thrushes, warblers, bush-warblers, finches and buntings. Some winter further south in the Indian sub-continent, south Asia and south-east Asia. However, fewer birds make the latter journey compared to those which travel to Africa. From the west-palearctic about 137 species go to Africa and 10 to India and from the mid-palearctic 82 species go to Africa and 50 to India.

One reason for fewer migrants coming south to India is the harsh region of the Tibetan plateau flanked by the gigantic Himalaya which acts as an effective barrier to migrants. Usually non-passerines undertake the arduous trans-himalayan migration with passerines probably skirting around the east and west ends of the Himalaya to migrate south. However, a few passerines maybe an exception notably Hume's Short-toed Lark, White Wagtail, Black Redstart and Tickell's Warbler all of which were seen during the survey.

The picture that emerges from the limited information already available is that the lake provides an important staging point for waterbirds although the numbers involved are relatively small. Almost a third (58 species) of all species so far recorded are passage migrants and of these, 47 species are waterbirds. A few of these stay to winter at the lake but most move to the warmer climate in the south. A more detailed study of the migrants at Lake Rara would be most valuable and help to provide a clearer understanding of the migration patterns throughout the region.

4.4 CHECK LIST OF BIRD SPECIES AND POSSIBLE RECORDS

The following is a check list of all the birds recorded at Lake Rara National Park at the time of writing this report.

KEY

- Status within park: r - resident
 s - summer visitor
 w - winter visitor
 m - passage migrant
 v - vagrant
 b - known to breed in National Park
 (b) - known to breed in Nepal
 ? - uncertain
- Status in Nepal: + - breeding species with significant world populations in Nepal.
 * - breeding species for which Nepal is especially important.

Little Grebe <u>Tachybaptus ruficollis</u>	r?	
Great Crested Grebe <u>Podiceps cristatus</u>	r?w	
Black-necked Grebe <u>Podiceps nigricollis</u>	r?w	
Great Cormorant <u>Phalacrocorax carbo</u>	s?	
Eurasian Bittern <u>Botaurus stellaris</u>	m	
Great Egret <u>Egretta alba</u>	m	(b)
Grey Heron <u>Ardea cinerea</u>	m	
Greylag Goose <u>Anser anser</u>	m	
Bar-headed Goose <u>Anser indicus</u>	m	
Ruddy Shelduck <u>Tadorna ferruginea</u>	m?	(b)
Eurasian Wigeon <u>Anas penelope</u>	wm	
Gadwell <u>Anas strepera</u>	m	
Common Teal <u>Anas crecca</u>	wm	
Baikal Teal <u>Anas formosa</u>	v	
Mallard <u>Anas platyrhynchos</u>	wm	(b)
Northern Pintail <u>Anas acuta</u>	m	
Northern Shoveler <u>Anas clypeata</u>	m	
Red-crested Pochard <u>Netta rufina</u>	wm	
Common Pochard <u>Aythya ferina</u>	r?m	
Ferruginous Duck <u>Aythya nyroca</u>	m	
Tufted Duck <u>Aythya fuligula</u>	wm	
Common Goldeneye <u>Bucphala clangula</u>	wm	
Goosander <u>Mergus merganser</u>	w	
Black Kite <u>Milvus migrans</u>	s	b?
Lammergeier <u>Gypaetus barbatus</u>	r	(b)
Himalayan Griffon Vulture <u>Gyps himalayensis</u>	r	(b)?
Crested Serpent Eagle <u>Spilornis cheela</u>	s	(b)
Marsh Harrier <u>Circus aeruginosus</u>	wm	
Hen Harrier <u>Circus cyaneus</u>	wm	
Pallid Harrier <u>Circus macrourus</u>	m	
Northern Goshawk <u>Accipiter gentilis</u>	r?	
Northern Sparrowhawk <u>Accipiter nisus</u>	s?	

Common Buzzard <u>Buteo buteo</u>	wm	(b)?
Long-legged Buzzard <u>Buteo rufinus</u>	wm	
Black Eagle <u>Ictinaetus malayensis</u>	r	
Booted Eagle <u>Hieraaetus pennatus</u>	r?m	(b)
Bonelli's Eagle <u>Hieraaetus fasciatus</u>	r?	
Osprey <u>Pandion haliaetus</u>	m	
Common Kestrel <u>Falco tinnunculus</u>	r?	(b)
Eurasian Hobby <u>Falco subbuteo</u>	m?	(b)
Himalayan Snowcock <u>Tetraogallus himalayensis</u>	r	(b)
Chukar Partridge <u>Alectoris chukar</u>	r?	(b)
+Blood Pheasant <u>Ithaginis cruentus</u>	r	(b)
+Himalayan Monal <u>Lophophorus impejanus</u>	r	(b)
Kalij Pheasant <u>Lophura leucomelana</u>	s?	(b)
*Cheer Pheasant <u>Catreus wallichii</u>	r	
Common Moorhen <u>Gallinula chloropus</u>	m?	
Common Coot <u>Fulica atra</u>	r?wm	
Demoiselle Crane <u>Anthropoides virgo</u>	m	
Pheasant-tailed Jacana <u>Hydrophasianus chirugus</u>	m	(b)
Lesser Sand Plover <u>Charadrius mongolus</u>	m	
Little Stint <u>Calidris minuta</u>	m	
Temminck's Stint <u>Calidris temminckii</u>	m	
Common Snipe <u>Gallinago gallinago</u>	m	
Common Redshank <u>Tringa totanus</u>	m	
Common Greenshank <u>Tringa nebularia</u>	m	
Green Sandpiper <u>Tringa ochropus</u>	m	
Wood Sandpiper <u>Tringa glareola</u>	m	
Common Sandpiper <u>Actitis hypoleucos</u>	m	
Red-necked Phalarope <u>Phalaropus lobatus</u>	m	
Great Black-backed Gull <u>Larus ichthyaetus</u>	m	
Common Black-headed Gull <u>Larus ridibundus</u>	m	
Brown-headed Gull <u>Larus brunnicephalus</u>	m	
Herring Gull <u>Larus argentatus</u>		
Lesser Black-backed Gull <u>Larus fuscus</u>	m	
Gull-billed Tern <u>Gelochelidon nilotica</u>	m	
Rock Pigeon <u>Columba livia</u>	r?s?	(b)
Hill Pigeon <u>Columba rupestris</u>	w	(b)
Snow Pigeon <u>Columba leuconota</u>	r?	(b)
+Speckled Woodpigeon <u>Columba hodgsonii</u>	r?	
Oriental Turtle Dove <u>Streptopelia orientalis</u>	r?s	(b)
Spotted Dove <u>Streptopelia chinensis</u>	s	(b)
Common Cuckoo <u>Cuculus canorus</u>	s	b
Tawny Owl <u>Strix aluco</u>	r?	(b)?
White-throated Needletail <u>Hirundapus caudacutus</u>	?	
Crested Kingfisher <u>Ceryle luqubris</u>	s?	
Common Kingfisher <u>Alcedo atthis</u>	r?	(b)
Hoopoe <u>Upupa epops</u>	sm	(b)
Scaly-bellied Green Woodpecker <u>Picus squamatus</u>	r	
+Himalayan Pied Woodpecker <u>Dendrocopos</u>		
<u>himalayensis</u>	r	
Hume's Short-toed Lark <u>Calandrella acutirostris</u>	sm?	(b)?
Oriental Skylark <u>Alauda qulgula</u>	s?	(b)?
Collared Sand Martin <u>Riparia riparia</u>	m	
Olive-backed Pipit <u>Anthus hodgsoni</u>	s	(b)
Red-throated Pipit <u>Anthus cervinus</u>	m	
Yellow Wagtail <u>Motacilla flava</u>	m	
Citrine Wagtail <u>Motacilla citreola</u>	m	
Grey Wagtail <u>Motacilla cinerea</u>	s	(b)
White Wagtail <u>Motacilla alba</u>	sm?	

Long-tailed Minivet <u>Percrocotus ethologus</u>	r?s	b
White-cheeked Bulbul <u>Pycnonotus leucogenys</u>	r	(b)
Black Bulbul <u>Hypsipetes madagascariensis</u>	r?	(b)
Brown Dipper <u>Cinclus pallasii</u>	r	(b)
Northern Wren <u>Troglodytes troglodytes</u>	r	
+Rufous-breasted Accentor <u>Prunella strophiate</u>	r?	
Brown Accentor <u>Prunella fulvescens</u>	?	
Black-throated Accentor <u>Prunella atrogularis</u>	w	
Altai Accentor <u>Prunella himalayana</u>	w	
Alpine Accentor <u>Prunella collaris</u>	w?	(b)
+Indian Blue Robin <u>Luscinia cyane</u>	s	(b)
Orange-flanked Bush-Robin <u>Tarsiger cyanurus</u>	s?	(b)
Rufous-backed Redstart <u>Phoenicurus erythronotus</u>	w	(b)
Blue-capped Redstart <u>Phoenicurus caeruleocephalus</u>	s?	b
Black Redstart <u>Phoenicurus ochruros</u>	s?m?	(b)
+Blue-fronted Redstart <u>Phoenicurus frontalis</u>	r?	(b)
Plumbeous Redstart <u>Rhyacornis fuliginosus</u>	s?	(b)
Common Stonechat <u>Saxicola torquata</u>	r?m?	(b)
Grey Bushchat <u>Saxicola ferrea</u>	r?s?	(b)
Desert Wheatear <u>Oenanthe deserti</u>	m?	
White-capped Redstart <u>Chaimarrornis leucocephalus</u>	s	(b)
Blue Whistling Thrush <u>Myiophoneus caeruleus</u>	s	(b)
+Long-tailed Mountain Thrush <u>Zoothera dixonii</u>	s	(b)
+Tickell's Thrush <u>Turdus unicolor</u>	m?	(b)
+White-collared Blackbird <u>Turdus albocinctus</u>	r?	(b)
Dark-throated Thrush <u>Turdus ruficollis</u>	w	
Mistle Thrush <u>Turdus viscivorus</u>	r?	
Little Forktail <u>Enicurus scouleri</u>	s	b
Spotted Forktail <u>Enicurus maculatus</u>	s?	(b)
+Grey-sided Bush Warbler <u>Cettia brunnifrons</u>	s	(b)
Golden-spectacled Warbler <u>Seicercus burkii</u>	s	(b)
+Grey-hooded Warbler <u>Seicercus xanthoschistos</u>	r?s	(b)
Western Crowned Warbler <u>Phylloscopus occipitalis</u>	s?m?	
Greenish Warbler <u>Phylloscopus trochiloides</u>	s	(b)
+Large-billed Leaf Warbler <u>Phylloscopus</u> <u>magirostris</u>	s	(b)?
+Orange-barred Leaf Warbler <u>Phylloscopus pulcher</u>	r?	(b)
Grey-faced Leaf Warbler <u>Phylloscopus maculipennis</u>	r?s	(b)
Pallas's Leaf Warbler <u>Phylloscopus proregulus</u>	r?s	(b)?
Yellow-browed Warbler <u>Phylloscopus inornatus</u>	s?w?m	
Dusky Warbler <u>Phylloscopus fuscatus</u>	w?	
Tickell's Warbler <u>Phylloscopus affinis</u>	s?	(b)
Goldcrest <u>Regulus regulus</u>	r?	(b)
Asian Sooty Flycatcher <u>Muscicapa sibirica</u>	s	(b)
+Rufous-tailed Flycatcher <u>Muscicapa ruficauda</u>	s	(b)
Slaty-blue Flycatcher <u>Ficedula tricolor</u>	r?s	(b)?
+Ultramarine Flycatcher <u>Ficedula superciliaris</u>	s	(b)
Orange-gorgetted Flycatcher <u>Ficedula strophiate</u>	s	(b)
+Yellow-bellied Fantail <u>Rhipidura hypoxantha</u>	s	(b)?
+Greater Scaly-breasted Wren-Babbler <u>Pnoepyga</u> <u>albiventer</u>	s	(b)
+Variegated Laughing-Thrush <u>Garrulax variegatus</u>	r	(b)
+Spotted Laughing-Thrush <u>Garrulax ocellatus</u>	r	(b)
Streaked Laughing-Thrush <u>Garrulax lineatus</u>	r?s?	(b)
Chestnut-crowned Laughing-Thrush <u>Garrulax</u> <u>erythrocephalus</u>	s	(b)
Chestnut-tailed Minla <u>Minla strigula</u>	s	(b)
+White-browed Fulvetta <u>Alcippe vinipectus</u>	r?	(b)

+Black-capped Sibia <u>Heterophasia capistrata</u>	s	(b)
+Stripe-throated Yuhina <u>Yuhina qularis</u>	r?	(b)?
*White-throated Tit <u>Aegithalos niveoquularis</u>	r?	
Black-throated Tit <u>Aegithalos concinnus</u>	r?	(b)
+Grey-crested Tit <u>Parus dichrous</u>	r	(b)
Rufous-naped Tit <u>Parus rufonuchalis</u>	r?	(b)
+Rufous-vented Black Tit <u>Parus rubidiventris</u>	r?	(b)
+Spot-winged Black Tit <u>Parus melanolophus</u>	r?	(b)
Great Tit <u>Parus major</u>	s?	(b)
Green-backed Tit <u>Parus monticolus</u>	s?	(b)
Black-lored Tit <u>Parus xanthogenys</u>	s	(b)
+White-cheeked Nuthatch <u>Sitta leucopsis</u>	r?	
+Kashmir Nuthatch <u>Sitta cashmirensis</u>	r?	
Bar-tailed Treecreeper <u>Certhia himalayana</u>	r?	(b)
*Rusty-flanked Treecreeper <u>Certhia nipalensis</u>	r	(b)
Common Treecreeper <u>Certhia familiaris</u>	r?	(b)
Green-tailed Sunbird <u>Aethopyga nipalensis</u>	r?	
Long-tailed Shrike <u>Lanius schach</u>	s?	(b)
+Grey-backed Shrike <u>Lanius tephronotus</u>	s?	b?
Ashy Drongo <u>Dicrurus leucophaeus</u>	s	(b)
+Lanceolated Jay <u>Garrulus lanceolatus</u>	s?	(b)
+Yellow-billed Blue Magpie <u>Urocissa flavirostris</u>	s?	(b)
Red-billed Blue Magpie <u>Urocissa erythrorhyncha</u>	m	(b)
Eurasian Nutcracker <u>Nucifraga caryocatactes</u>	r?	(b)
Red-billed Chough <u>Pyrrhocorax pyrrhocorax</u>	r?	(b)
Jungle Crow <u>Corvus macrorhynchos</u>	r	(b)
Common Raven <u>Corvus corax</u>	r	
Common Mynah <u>Acridotheres tristis</u>	s	(b)
Eurasian Tree Sparrow <u>Passer montanus</u>	r	(b)
Common Chaffinch <u>Fringilla coelebs</u>	w	
Brambling <u>Fringilla montifringilla</u>	w	
Red-fronted Serin <u>Serinus pusillus</u>	r?	
Yellow-breasted Greenfinch <u>Carduelis spinoides</u>	s	(b)
Eurasian Goldfinch <u>Carduelis carduelis</u>	s	
Plain Mountain Finch <u>Leucosticte nemoricola</u>	r	(b)
+Dark-breasted Rosefinch <u>Carpodacus nipalensis</u>	r?	(b)?
Common Rosefinch <u>Carpodacus erythrinus</u>	s	(b)?
Beautiful Rosefinch <u>Carpodacus pulcherrimus</u>	r	(b)
+Pink-browed Rosefinch <u>Carpodacus rhodochrous</u>	r?	(b)?
+Crimson-eared Rosefinch <u>Carpodacus rubicilloides</u>	w?	(b)
Red-breasted Rosefinch <u>Carpodacus puniceus</u>	r?w?	(b)?
+Red-headed Bullfinch <u>Pyrrhula erythrocephala</u>	r?	(b)?
+Collared Grosbeak <u>Mycerobas affinis</u>	r?	(b)
Rock Bunting <u>Emberiza cia</u>	r	(b)

The following is a list of possible records for which conformation is desirable.

Pallas's Fishing Eagle Haliaeetus leucoryphus
 Grey-headed Fishing Eagle Ichthyophaga ichthyaetus
 Egyptian Vulture Neophron percnopterus
 Oriental White-backed Vulture Gyps bengalensis
 Eurasian Black Vulture Aegyptius monachus
 Upland Buzzard Buteo hemilasius
 Steppe Eagle Aquila rapax nipalensis
 Golden Eagle Aquila chrysaetos
 Mountain Hawk-Eagle Spizaetus nipalensis

Red-thighed Falconet Microhierax caerulescens
Lesser Kestrel Falco naumanni
Peregrine Falco peregrinus
Snow Partridge Lerwa lerwa
Tibetan Partridge Perdix hodgsoniae
Purple Gallinule Porphyrio porphyrio
Common Crane Grus grus
Wood Snipe Gallinago nemoricola
Caspian Tern Sterna caspia
Oriental Cuckoo Cuculus saturatus
White-breasted Kingfisher Halcyon smyrnensis
Common Woodshrike Tephrodornis pondicerianus
Short-billed Minivet Pericrocotus brevirostris
White-throated Redstart Phoenicurus schisticeps
Rufous-bellied Niltava Niltava sundara
White-throated Laughing-Thrush Garrulax alboocularis
Grey-sided Laughing-Thrush Garrulax caerulatus
Black-faced Laughing-Thrush Garrulax affinis
Coal Tit Parus ater
Mrs. Gould's Sunbird Aethopyga gouldiae
House Sparrow Passer domesticus
Spot-winged Grosbeak Mycerobas melan ozanthos
Thick-billed Warbler Acrocephalus aedon

4.5 CHECK LIST OF MAMMALS (source Bolton 1976)

Species marked thus * were recorded during the survey.

- RHESUS MACAQUE Macaca mulatta
- * COMMON LANGUR Presbytis entellus
- * GOLDEN JACKAL Canis aureus
- INDIAN WILD DOG Cuon alpinis
- INDIAN FOX vulpes bengalensis
- * HIMALAYAN BLACK BEAR Selenarctos thibetanus
- RED PANDA Ailurus fulgens
- YELLOW-THROATED MARTEN Martes flavigula
- * HIMALAYAN WEASEL Mustela sibirica
- COMMON OTTER Lutra lutra
- * JUNGLE CAT Felis chaus
- LEOPARD Panthera pardus
- * WILD BOAR Sus scrofa
- MUSK DEAR Moschus moschiferus
- SEROW Capricornis sumatraensis
- GORAL Nemorhaedus goral
- FLYING SQUIRREL Petaurista sp.
- VOLE Microtus sp. (sikimensis?)
- * HIMALAYAN MOUSE HARE (PIKA) Ochotona roylei

Golden jackal, wild boar and Himalayan mouse hare were common. The common langur was recorded several times and Himalayan weasel, jungle cat and Himalayan black bear were seen on one occasion. Droppings from the black bear were noted near to the old village of Chhapru as well as on the path just below Ghurchi Lagna.

5. RECOMMENDATIONS FOR FUTURE SURVEYS.

All aspects of the flora and fauna at the park are under-recorded and therefore any type of survey work would be beneficial.

Valuable information regarding bird species would be gathered from a survey undertaken between April and June at the height of the breeding season. The most interesting period for migrants at the lake are early winter (October/November) and late winter (March/April) which also corresponds to the easiest months to see wintering birds.

There is great scope for research into the wide range of mammals and insects, particularly butterflies, present inside the park.

Further detailed survey work of the rich and varied species of grasses, herbs and plants is needed and just before and during the monsoon (June to September), when the majority of species are in flower, would be the best time.

6. REFERENCES

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