The Systematic List for Everest Trek and Kathmandu Valley. 9th to 27th April 2006.

Nomenclature follows that used by Grimmet, Inskipp and Inskipp, Birds of Nepal. Place names used on the Everest Trek are those used in the Nepa Maps series Everest Base Camp, published by the Himalayan Maphouse Pvt. Ltd.

**Tibetan Snowcock** *Tetraogallus tibetanus*
Three seen on the ridge above Dingboche on the 17th with the only other birds noted being four below Dughla on the 19th.

**Blood Pheasant** *Ithaginis cruentus*
A male and female seen about a quarter of the way up the ascent from Phunki Tenga to Tengboche on the 14th. Two males were seen extremely well in the forest opposite Tengboche Monastery early in the morning on the 15th with four (three males one female) noted just of the trail near Deboche on the same date.

**Himalayan Monal** *Lophophorus impejanus*
On the 14th a male was seen between Namche Bazar and Kyangjuma. Two males were seen well on the slopes above Pangboche on the 15th with three males and a female seen at the same location on the 16th. One male at Pangboche and two males between Phunki Tenga and Sanasa on the 20th.

**Kalij Pheasant** *Lophura leucoelanos*
Two males seen on the lower fields at Pangboche on the 16th.

**Crimson-breasted Woodpecker** *Dendrocopos cathpharius*
One seen at Shivapuri National Park on the 27th.

**Darjeeling Woodpecker** *Dendrocopos darjellensis*
One in the wood above Phunki Tenga on the 14th.

**Great Barbet** *Megalaima virens*
Two seen well and others heard at Shivapuri National Park on the 27th.

**Golden-throated Barbet** *Megalaima franklinii*
Three seen well with others heard at Shivapuri National Park on the 27th.

**Blue-throated Barbet** *Megalaima australis*
One very obliging individual was watched from the top of the Temple complex at Swayambhunath in the tree canopy on the 26th with others seen and heard at Shivapuri on the 27th.

**Coppersmith Barbet** *Megalaima haemacephala*
Seen and heard at both Swayambhunath on the 26th and Shivapuri on the 27th.

**Eurasian Cuckoo** *Cuculus canorus*
One watched flying over calling from the Hotel Vaishali, Kathmandu on the 9th remained the only one we saw. Others were heard on both our ascent and descent between Lukia and Monjo.

**Oriental Cuckoo** *Cuculus saturatus*
One seen well near Phakding on the 11th with another at Shivapuri on the 27th.

**Asian Koel** *Eudynamys scolopacea*
At least three seen at Swayambhunath on the 6th with a further four seen/heard at Shivapuri on the 27th.

**Rose-ringed Parakeet** *Psittacula krameri*
Four or five noted from the rooftop of the Hotel Vaishali in Kathmandu on the 9th and 24th.

**Himalayan Swiftlet** *Collocalia brevirostris*
Four between Phakding and Monjo on the 11th and five or six noted at Namche Bazar on the 12th and 13th

**White-throated Needletail** *Hirundapus caudacutus*
Two feeding high above Shivapuri on the 27th.

**House Swift** *Apus affinis*
Seen daily in the Kathmandu Valley.

**Fork-tailed Swift** *Apus pacificus*
Snow Pigeon  *Columba leuconta*

C20 at Namche Bazar on the 12th with a similar count the following day with an additional count of 14 between Khumjung and Khunde on the 13th. 16 at Pangboche on the 15th and c25 near Shomare on the 16th with c40 between here and Dingboche on the same date. At Dingboche there was a flock of around c30 birds. During are descent in the snow a few were seen in similar places and by the time we had reached Namche Bazar the flock had increased to c50 birds.

Ashy Wood Pigeon  *Columba pulchricollis*

Two seen at Shivapuri National Park on the 27th.

Oriental Turtle Dove  *Streptopelia orientalis*

A few were seen on our ascent from Lukla to Monjo between the 10th to 12th. However four were seen at Namche Bazar on the 13th with a six recorded at Tengboche on the 15th. On our descent from the 22nd to 23rd this species was noticeably more common with two’s and three’s at Jorsale, Monjo, Benkar, Phakding and towards Lukla.

Ibisbill  *Ibidorhynchus strutheri*

Two near the joining of the Lobuche Khola to the Imja Khola below Pheriche on the 16th. The bird(s) of the trip.

Black Kite  *Milvus migrans*

Common over Kathmandu and in the Kathmandu valley.

Lammergeier  *Gypaetus barbatus*

At Dingboche superb views of two overhead on the 16th with presumably the same two above and below us on our acclimatisation day here on the 17th. One seen south of Pheriche on the 19th.

Himalayan Griffon  *Gyps himalayensis*

All vultures 100% identified were this species.

Three near Nurning on the 10th. At Namche Bazar two were seen on both the 13th and 14th. Three in the air together over Tengboche on the 15th gave excellent views with a further two seen at Pangboche on the same date. Two near Dingboche on the 16th with presumably the same pair over Dingboche the following day. On our descent none were seen until we reached Namche Bazar when we had two together on both the 20th and 21st.

Black Eagle  *Ictinaetus malayensis*

One over Kathmandu from the Hotel Vaishali rooftop on the 9th.

Northern Goshawk  *Accipiter gentilis*

A adult female near Monjo on the 11th, one near Khunde on the 13th, a pair displaying in the Phungi Khola valley near Phunki Tenga on the 14th (3250 metres) and a male near Shomare on the 16th.

Eurasian Sparrowhawk  *Accipiter nisus*

The only birds identified for certain were one near Nurning on the 10th and a male near Benkar on the 22nd.

Golden Eagle  *Aquila chrysaetos*

One over Tengboche on the 15th and a sub adult near Namche Bazar on the 21st were the only ones seen.

Bonell’s Eagle  *Hieraaetus fasciatus*

One noted from Swayambhunath on the 26th.

Common Kestrel  *Falco tinnunculus*

One at Kathmandu Airport on the 10th was the only one seen.

Cattle Egret  *Bubulcus ibis*

Seen daily around Kathmandu.

Orange-bellied Leafbird  *Chloropsis hardwickii*

At least four seen well at Shivapuri National Park on the 27th.

Long-tailed Shrike  *Lanius schach*

A pair at Monjo on the 12th, one at Namche Bazar on the 21st, and one near Phakding on the 23rd were the only ones seen.

Grey-backed Shrike  *Lanius tephronotus*

A pair in the fields just north of Lukla on the 10th and 23rd.
Yellow-billed Blue Magpie *Urocissa flavirostris*
Two just south of Phakding on the 10th with two along the trail east of the village on the 11th. A pair near Jorsale on the 22nd with another pair between Monjo and Benkar and three at Phakding on the same date. A total of seven were seen between Phakding and Lukla on the 23rd.

Red-billed Blue Magpie *Urocissa erythrorhchica*
One seen near the Airport on the 10th and two seen well at Shivapuri on the 27th were the only ones seen.

Grey Treepie *Dendrocitta formosea*
Two very obliging individuals were seen well at Shivapuri on the 27th.

Spotted Nutcracker *Nucifraga caryocatactes*
Two just north of Phakding on the 11th and one between Monjo and Jorsale on the 12th with two near the Everest viewpoint on the climb up to Namche Bazar on the same date. On the 13th two were seen between Khunde and Namche Bazar. The only other birds seen were four north of Phakding on the 22nd including ‘a singing (?)’ male.

Red-billed Chough *Pyrrhocorax pyrrhocorax*
Seen almost daily from Namche Bazar upwards but not as common as the following species especially at higher altitudes.

Yellow-billed Chough *Pyrrhocorax graculus*
Seen daily from Namche Bazar. Common from Pangboche northwards with a maximum of c150 at Dingboche on the 17th.

House Crow *Corvus splendens*
Seen daily around Kathmandu where common.

Large-billed Crow *Corvus acrorhynchos*
Relatively common in the Kathmandu valley. A few seen in the Dudh Koshi valley with birds recorded up to Dingboche presumably being *C.a.intermedius* and/or *C.a.tibetosinensis*. They basically look like small Ravens but their steeper forehead can usually be seen if you look for it.

Common Raven *Corvus corax*
Four seen between Tengboche and Pangboche on the 15th with at least two at Pangboche on the same day. On the 16th ‘a few’ seen between Pangboche and Dingboche with four seen around Dingboche on the 17th. On the 19th one was seen near Periche with two at Pangboche on the same date.

Maroon Oriole *Oriolus traillii*
Two females and a male seen well at Shivapuri on the 27th with others heard.

Large Cuckoo-shrike *Coracina macei*
The only one seen was a singing male that was perched at the top of a tree at Swayambhunath on the 26th.

Long-tailed Minivet *Pericrocotus ethologus*
At least six at Phakding in a bird wave on the 11th. Five south of Gumela on the 22nd and six or seven in a ‘bird wave’ at Shivapuri on the 27th.

Scarlet Minivet *Pericrocotus flammeus*
Noted in two ‘bird waves at Shivapuri on the 27th.

Bar-winged Flycatcher-shrike *Hemipus ptcatus*
Four in a ‘bird wave’ at Shivapuri on the 27th.

Yellow-bellied Fantail *Rhipidura hypoxantha*
At least two on the trail east of Phakding on the 11th. Three or four in the forest just above Phunki Tenga on the 14th. On the 15th at least three in the forest opposite Tengboche Monastery with a further two in the forest north of Tengboche near Deboche on the same date. None were then seen until the 22nd when four were noted near Benkar with further birds noted at Gumela and Phakding on the same date. Six were in a bird wave at Phakding on the 23rd and a further four were noted on the trek back to Lukla also on the 23rd. Four or five in a ‘bird wave at Shivapuri on the 27th.

Black Drongo *Dicrurus macrocercus*
One or two noted in the Kathmandu Valley at the airport on the 10th.
Ashy Drongo *Dicrurus leucophaeus*
Only seen at Shivapuri with six here on the 27th.

Brown Dipper *Cinclus pallasii*
Relatively common along the length of the Dudh Koshi and Imja Khola with birds seen as high as 4200 metres (approx) just north of Orsho.

Chestnut-bellied Rock Thrush *Monticola rufiventris*
A fine male was seen in the forest between Khunde and Namche Bazar on the 13th with a pair below the Tea House by the stream at Phunki Tenga on the 14th. The only other bird seen was another male between Tengboche and Deboche on the 15th.

Blue Whistling Thrush *Myiophonus caeruleus*
Relatively common and very conspicuous up to 3930 metres at Pangboche. Most frequently seen between Lukla and Jorsale. Very vocal.

Plain-backed Thrush *Zoothera mollissma*
One seen near Thalsharoa on the 10th. The only other birds noted were two in the forest at Tengboche early morning on the 15th.

Long-tailed Thrush *Zoothera dixoni*
One seen in the forest just above Phunki Tenga on the 14th gave excellent views.

Long-billed Thrush *Zoothera monticola*
One at Sanasa on the 20th.

White-collared Blackbird *Turdus albocinctus*
At least three at Phakding on the 10th and 11th with a pair near Benkar also on the 11th. Two flew over the river valley just north of Jorsale on the 22nd.

Grey-winged Blackbird *Turdus boulboul*
A male at Phakding on the 22nd was the only one seen.

Eurasian Blackbird *Turdus merula*
A flock of seven near Khumjung on the 13th with c30 at Pangboche on the 15th with a similar count early morning here on the 16th. On our descent c40 were noted early morning at Pangboche on the 20th with small flocks noted between here and Tengboche on the same date as well as four at Sanasa.

Kessler’s Thrush *Turdus kessleri*
The big surprise of the trip especially as I thought it was an adult Rosy Starling when I first saw it flying towards me. One adult male at Pangboche on the 20th.

Dark-throated Thrush *Turdus ruficollis*
All birds seen were of the nominate Red-throated race *T.r.ruficollis* apart from at least two at Pangboche on the 20th which were the Black-throated race *T.r.atrogularis*.

Four on the ascent up to Tengboche from Phunki Tenga on the 14th. At least 15 at Pangboche on the 15th and 16th. At least 20 at Pangboche on the 20th with a further eight seen between Millinggo and Tengboche. Six were at Sanasa on the same date.

Dark-sided Flycatcher *Muscicapa sibirica*
On the 22nd one just north of Jorsale with two together between Benkar and Toktok on the same date. One at Phakding on the 22nd and 23rd.

Rusty-tailed Flycatcher *Muscicapa ruficauda*
Two between Chhuthawa and Nurning on the 23rd.

Rufous-gorgeted Flycatcher *Ficedula strophiata*
The most frequently seen Flycatcher on the trek. Seen in the forest between Khunde and Namche Bazar on the 13th at around 3700 metres with the most northerly birds seen noted near Deboche on the 15th. This species was however more noticeable and relatively common between Lukla and Monjo with c8 seen around Phakding on the 22nd and 23rd.

White-gorgeted Flycatcher *Ficedula moniliger*
A superb male at Phunki Tenga at 3250 metres by the stream below the tea house on the 14th was a pleasant surprise.
Snowy-browed Flycatcher *Ficedula hyperythra*
One male at Shivapuri National Park on the 27th.

Little Pied Flycatcher *Ficedula westermanni*
A pair seen near Lukla on the 23rd.

Ultramarine Flycatcher *Ficedula superciliaris*
Two males and a female noted just south of Phakding on the 10th with a pair seen up the east trail here on the 11th. A male noted at Phunki Tenga near the prayer wheels on the 14th at approximately 3250 metres. On the 22nd a male between Toktok and Gumela with presumably the same pair seen again up the east trail at Phakding on the same date as well as the 23rd.

Slaty-blue Flycatcher *Ficedula tricolor*
A male near Jorsale on the 22nd and a pair along the east trail at Phakding with another male south of Phakding on the 23rd.

Verditer Flycatcher *Eumyias thalassina*
Two seen at Shivapuri on the 27th.

Small Niltava *Niltava macgrigoriae*
Two males and a female noted in Shivapuri on the 27th. Superb things.

Rufous-bellied Niltava *Niltava sundara*
A pair noted up the east trail at Phakding on the 11th and 22nd with the male seen here on the 23rd. The only other bird seen on the trek was a male near Toktok on the 22nd. A pair seen at Shivapuri on the 27th.

Blue-throated Flycatcher *Cyornis rubeculoides*
One smart male noted at Swayambhunath on the 26th.

White-tailed Rubythroat *Luscinia pectoralis*
Superb views were had of a male above Dingboche at approximately 4600 metres on the 17th with another in the Imja Khola valley east of Dingboche on the trail to Bibre on the same date.

Indian Blue Robin *Luscinia brunnea*
The only two seen were two males having what was a very aggressive territorial dispute (which would suggest breeding activity) near Thalsharoa on the 23rd.

Orange-flanked Bush Robin *Tarsiger cyanurus*
Relatively common between Sanasa and Deboche from the 14th to 15th with the main concentration of birds being between Tengboche and Deboche with at least 6 males and a couple of females seen along this stretch on the 15th. On our decent in the snow the only birds (four) were noted at Sanasa on the 20th.

Golden Bush Robin *Tarsiger chrysaeus*
A stunning male seen near Lomdza on the 10th, another male near Deboche on the 15th and a female near Lukla on the 23rd.

White-browed Bush Robin *Tarsiger indicus*
One at Phunki Tenga on the 14th by the stream with a pair in the forest on the ascent up to Tengboche on the same date. At Tengboche a pair noted by the side of the volley ball pitch on the 15th. None were seen on our descent in the snow.

Oriental Magpie Robin *Copsychus saularis*
Common in the Kathmandu Valley, even seen from the Hotel Vaishali in Kathmandu where there was a male present who spent most of his time singing from the Hotel mast or the roof gardens of the Rum Doodle restaurant. Seen as far north as Phunki Tenga (3250 metres).

Black Redstart *Phoenicurus ochruros*
At least four at Dingboche on the 16th and 17th with two at Dughla on the 18th and 19th feeding around the Lodge in the snow. The only other bird seen was a male at Chhuthawa on the 23rd.

White-throated Redstart *Phoenicurus schisticeps*
A male between Shomare and Orsho on the flat bit of trail on the 16th was the only one seen.

White-winged Redstart *Phoenicurus erythogaster*
A superb male in the terraced fields above Namche Bazar on the 12th with the only other birds noted being a pair in river side scrub below Dingboche on the 17th.
Blyth's Leaf Warbler *Phylloscopus reguloides*
Common, seen daily from Lukla up to the bridge near Millinggo on our ascent. Not so many seen on our descent but again common from Namche Bazar southwards. A few were also seen/heard at Swayambhunath on the 26th and at Shivapuri on the 27th.

Buff-barred Warbler *Phylloscopus pulcher*
The first noted were just north of Lukla on the 10th with this species being seen almost daily north to Millinggo on the 15th. The best concentrations of birds were noted at Phakding, the forest between Khunde and Shyangboche, Phunki Tenga and the forest around Tengboche. On our descent this species was seen at Sanasa with birds then being seen from near Jorsale southwards to Lukla.

Ashy-throated Warbler *Phylloscopus maculipennis*
The first two were seen at Phakding on the 11th with none then seen until three in a 'bird wave' in the forest between Khunde and Shyangboche on the 13th. A total of six were seen between Namche Bazar and Phunki Tenga on the 14th with two near Deboche on the 15th. On our descent two were noted between Monjo and Benkar on the 22nd with at least five around Phakding on the 23rd.

Lemon-rumped Warbler *Phylloscopus chloronotus*
Four in a 'bird wave' in the forest between Khunde and Shyangboche on the 13th; another two near Sanasa on the 14th with another near Phunki Tenga on the same date. Two in the forest just north of Tengboche on the 15th. On our descent one at Phunki Tenga on the 20th with two on the descent from Namche Bazar on the 22nd.

Hume's Warbler *Phylloscopus humei*
One up the east trail at Phakding on the 11th, at least three at Phunki Tenga on the 14th with one just north of Tengboche on the 15th being the only ones seen.

Greenish Warbler *Phylloscopus trochiloides*
All birds seen were thought to have been of the nominate race *P.t.trochiloides* One singing male near Phunki Tenga on the 14th and one just north of Tengboche on the 15th. The only other bird seen was near Sanasa on the 20th.

Golden-spectacled Warbler *Seicercus burkii*
Two possibles near Lukla on the 23rd. Only seen for certain at Shivapuri on the 27th where at least five seen well.

Whistler's Warbler *Seicercus whistleri*
Relatively common from Lukla north to Deboche with the main concentrations of birds noted in the Dudh Koshi Valley up to Larja Dobhan. Especially common around Phakding with at least seven at Phunki Tenga.

Grey-hooded Warbler *Seicercus xanthoschistos*
Three noted near Chhuthawa on the 10th with two on the east trail at Phakding the following day. On the 23rd at least four note around Phakding with a further three birds noted on our trek from here to Lukla on the same date. A few were seen well at Shivapuri on the 27th.

Black-faced Warbler *Aбросopus schisticeps*
One seen extremely well at Shivapuri on the 27th.

Goldcrest *Regulus regulus*
A few noted on our ascent up to Namche Bazar on the 12th with at least eight seen in 'bird waves' in the forest between Khunde a Shyangboche on the 13th. Relatively common between Namche and Tengboche on the 14th with a few noted around Deboche on the 15th. On our way down none were seen until we reached Sanasa on the 20th with a few noted between Namche Bazar and Phakding on the 22nd.

Striated Laughingthrush *Garrulax striatus*
One in 'scrub' between Thalsharoa and Lukla on the 23rd.

Spotted Laughingthrush *Garrulax ocellatus*
A party of four near Chhuthawa on the 10th with the only other birds seen being at least three along the east trail out of Phakding on the 22nd.

Streaked Laughingthrush *Garrulax linatus*
A few seen from south of Phakding to Jorsale on our ascent on the 10th to the 12th. On our descent this species appeared much commoner with many more birds noted from the 22nd to the 23rd especially around Jorsale, the stretch from Benkar to Phakding and around Chhuthawa.
Black-faced Laughingthrush *Garrulax affinis*
Four near Chhuthawa on the 10th with four at Phakding on the same date with three here on the 11th. At least five were seen well on the climb up to Tengboche from Phunki Tenga on the 14th with at least four in the forest opposite the Monastery on the 15th. On the same date a party of seven were seen near Deboche. None were seen on our descent until we reached Benkar where a party of six birds were noted. On the 23rd four were seen on the east trail out of Phakding.

Chestnut-crowned Laughingthrush *Garrulax erythrocephalus*
Two with Black-faced Laughingthrushes at Phakding on the 23rd.

Streak-breasted Scimitar Babbler *Pomatorhinus ruficollis*
One singing at Shivapuri on the 27th was seen well after it was whistled in.

Scaly-breasted Wren Babbler *Pnoepyga albiventer*
The only ones seen were one just north of Tengboche where the stream crosses the trail on the 15th and a single at Shivapuri on the 27th.

Spiny Babbler *Turdoides nipalensis*
At least four with three seen very well at Shivapuri on the 27th.

White-browed Shrike Babbler *Pteruthius flaviscapus*
At least four at Shivapuri on the 27th in a ‘bird wave’.

Green Shrike Babbler *Pteruthius xanthochlorus*
Two in a ‘bird wave’ with the above species at Shivapuri on the 27th.

Black-eared Shrike Babbler *Pteruthius melanotis*
Three in a ‘bird wave’ at Swayambhunath on the 26th were a surprise.

Hoary-throated Barwing *Actinodura nipalensis*
One near the entrance to the Sagarmatha National Park near the bottom of the first descent into the park on the 12th. Two seen between Gumela and the bridge north of Phakding on the 22nd with another near Lomdza on the 23rd.

Red-tailed Minla *Minla ignotincta*
Two seen just south of Phakding on the 10th with the only other birds seen being four at Shivapuri on the 27th.

Rufous-winged Fulvetta *Alcippe castaneiceps*
Two in thick scrub along the east trail at Phakding on the 11th with another in a bird wave near the bottom of the first descent into the Sagarmatha National Park on the 12th. One also at Phunki Tenga on the 14th at 3250 metres.

White-browed Fulvetta *Alcippe viniceps*
All birds seen were of the nominate race *A. v. viniceps*. Relatively common along the lower reaches of the trek to Jorsale with three birds seen as far north as Phunki Tenga at 3250 metres.

Nepal Fulvetta *Alcippe nipalensis*
A few on the lower reaches of the trek up to Phakding at 2610 metres with at least 5 birds seen both south of the village on the 10th and along the east trail on the 11th. Three were also noted at Phunki Tenga on the 14th at 3250 metres. Noted again at Phakding on the 22nd and 23rd and a total of nine were then seen on the trek back to Lukla on the latter date. Seven were also seen at Shivapuri on the 27th.

Whiskered Yuhina *Yuhina flavicollis*
Relatively common on the lower reaches of the trek with birds seen as far north as Jorsale on the 12th and again from here towards Lukla from the 22nd.

Stripe-throated Yuhina *Yuhina gularis*
Two seen just south of Phakding on the 10th with another from the ‘blue bridge in Phakding on the same date. At last three in a ‘bird wave’ at the bottom of the first decent into Sagarmatha National Park on the 12th. At Phunki Tenga at least four in scrub by the stream on the 14th with a further two birds noted on the climb to Tengboche. On our descent two were noted near Jorsale with further birds seen between Benkar and Gumela on the 22nd.

Rufous-vented Yuhina *Yuhina occipitalis*
Three in the bird wave at the bottom of the first decent into Sagarmatha National Park on the 12th and four near Jorsale on the 22nd were the only ones seen.
Fire-tailed Myzornis  *Myzornis pyrrhoura*
Two (probably a pair) just north of Tengboche on the 15th.

Rufous Sibia  *Heterophasia annectans*
Relatively common on the lower part of the trek between Lukla and Jorsale with the main concentrations of birds noted around Phakding with seven seen here on the 11th. The highest we saw this species was however on the trail before the river bridge at Phunki Tenga on the 14th at roughly 3200 metres.

Great Parrotbill  *Conostoma oemodium*
One gave surprisingly good though somewhat brief views near the bottom of the decent from Namche Bazar just before the Larja Dobhan Bridge on the 22nd.

Horned Lark  *Eremophila alpestris*
Four on the ridge above Dingboche on the 17th at around 4650 metres and at least five feeding around the Lodge at Dughla on the 18th and 19th.

Fire-breasted Flowerpecker  *Dicaeum ignipectus*
Seen as far north as Monjo with at least four here on the 12th. Also noted at Phakding on the 10th and 11th, 22nd and 23rd and on the stretch between Benkar and Gumela also on the 22nd.

Mrs Gould's Sunbird  *Aethopyga gouldiae*
A male just south of Phakding on the 23rd gave excellent views.

Green-tailed Sunbird  *Aethopyga nipalensis*
A pair in scrub just north of Lukla on the 10th were the only ones seen.

Fire-tailed Sunbird  *Aethopyga ignicauda*
Two males and female at Phunki Tenga on the 14th and another male near the volley ball pitch at Tengboche on the 15th were the only ones seen.

House Sparrow  *Passer domesticus*
Relatively common around Kathmandu.

Eurasian Tree Sparrow  *Passer montanus*
Relatively common on the lower part of the trek from Lukla to Jorsale. A few seen around Namche Bazar on the 12th to 14th with four at Pangboche on the 16th being the highest birds seen.

White Wagtail  *Motacilla alba*
Three noted feeding on the 'lawn' before the bridge just north of Phakding on the 12th were *M.a.alboides* (at least the two males were) with another male near Jorsale noted as being *M.a.oculata*. The only other bird seen was a female type from the Thado Koshi Khola Bridge on the 23rd.

White-browed Wagtail  *Motacilla maderaspatensis*
At least two males around Jorsale on the 22nd were the only ones seen.

Grey Wagtail  *Motacilla cinerea*
One at Monjo on the 12th, another near Sanasa on the 14th with one at Phunki Tenga on the same date and two near Jorsale on the 22nd were the only ones seen.

Olive-backed Pipit  *Anthus hodgsonii*
Two on fields north of Lukla on the 10th and six together near Khunde on the 13th were the only ones seen.

Rosy Pipit  *Anthus roseatus*
One in breeding plumage at Namche Bazar on the 12th with two on the 13th along with another four near Khumjung on the same date. At least three were noted at Dingboche on the 16th with at least six noted on our acclimatization day here on the 17th. Four were seen at Namche Bazar on the 20th with presumably the same birds noted the following day.

Alpine Accentor  *Prunella collaris*
Two at Pangboche on the 15th and 16th with four noted between Shomare and Dingboche also on the 16th. At least three seen in the Imja Khola valley below Dingboche on the 17th. Two were feeding around or Lodge at Dughla on the 18th and 19th with a further four seen at Pangboche on our descent on the same date. Two were at Tengboche on the 20th with up to five noted on the trek to Namche Bazar on the same day. Three were present at Namche on the 21st and 22nd.
Altai Accentor *Prunella himalayana*
Two noted on the ridge above Dingboche on the 17th were the only ones seen.

Robin Accentor *Prunella rubeculoides*
Three at Pangboche on the 15th with two noted the following day. At least four at Dingboche on the 16th with a couple being very confiding and photogenic. Several seen on our acclimatization day here on the 17th. Two seen at Dughla on the 18th with four the following day with the only other birds noted being three at Pangboche on the 20th.

Rufous-breasted Accentor *Prunella strophiata*
One at Namche Bazar on the 12th in the top terraced fields with at least three here on the 13th with further birds noted on this date around Shyangboche, Khumjung and Khunde. On the 14th a male noted between Sanasa and Phunki Tenga with two near Shomare on the 16th as well as at least five on the trek to Dingboche on the same date. Two were seen in the Imja Khola valley on the 17th below Dingboche. The only birds noted on our descent were two at Namche Bazar on the 21st.

Plain Mountain Finch *Leucosticte nemoricola*
At Dingboche a flock of c85 birds were noted just south west of the settlement on the 16th. The flock was again seen on the 17th along with c20 additional birds seen on our acclimatization walk on the ridge above the village and along the trail towards Bire. On the 19th a flock of c40 were noted near Pheriche.

Brandt’s Mountain Finch *Leucosticte brandti*
At least eight seen at Dingboche between the 16th and 18th with a further 12 noted on our acclimatization days trek on the 17th. At Dughla c15 were noted feeding around the Lodge on the 18th and 19th with 12 at Pangboche on the latter date. Surprisingly a few were noted along the trail to Namche Bazar on the 20th with at least six here on the 21st of which two were present the following day.

Yellow-breasted Greenfinch *Carduelis carduelis*
The only one seen was between Tengboche and Deboche on the 15th.

Dark-breasted Rosefinch *Carpodacus nipalensis*
Two males and a female type seen in the forest between Khunde and Shyangboche on the 13th with the only other bird being one near Tengboche on the 15th.

Common Rosefinch *Carpodacus erythrinus*
A few seen on the lower part of the trek up to Namche Bazar with others seen on our acclimatization day here around Khunde. Also seen at Phunki Tenga.

Beautiful Rosefinch *Carpodacus pulcherrimus*
The commonest Rosefinch species seen. First noted at Namche Bazar on the 12th and then recorded daily as far north as Dingboche.

Pink-browed Rosefinch *Carpodacus rodochrous*
One male near Sanasa on the 14th. A first summer male was also seen at Tengboche on the 15th.

White-browed Rosefinch *Carpodacus thura*
A pair in the small wood/scrub area above the terraced fields at Pangboche on the 16th were the only ones seen

Great Rosefinch *Carpodacus rubicilla*
A pair near the joining of the Lobuche Khola and the Imja Khola in river-side scrub below Pheriche on the 16th and 17th were the only ones seen.

Red-headed Bullfinch *Pyrrhula nipalensis*
One flew across the valley just north of Jorsale on the 12th. The only other birds seen were on the 15th just before Deboche with at least two first summer males and a female seen

Collared Grosbeck *Mycerobas affinis*
Three (one male and a first summer male and female) near Khumjung on the 13th

Spot-winged Grosbeck *Mycerobas melanozanthos*
Two female types above the terraced fields at Pangboche on the 15th and at least on male and three females on the 16th

White-winged Grosbeck *Mycerobas carnipes*
Easily the commonest Grosbeck with birds noted in the forest between Khunde and Shyangboche on the 13th, at Tengboche on the 14th and 15th and at Pangboche on the 15th and 16th (c15 present here on the 15th). On
our descent numbers had risen to c25 birds on the evening of the 19th with similar numbers noted the following morning (possibly a roost site?).