Notes & Topics

UTTARAKURU IN TIBETAN TRADITION

The world in Tibetan written and oral tradition is composed of four continents on four sides of Mount Ri-rab. (कोन्वण वृकि:): Sar Lo-phag (सर लो-फाङ् वृकि) in the east, Dzam-ling (दजम्लिङ्ग वृकि) in the south, Ba-lang-chyo (बा-लंग-च्यो वृकि) in the west and Jhang-daminen (जंग्दामिनेन वृकि) in the north.

It is not possible, in the present state of our knowledge at least, to construct any satisfactory geography out of the available data about these continents. Besides Dzam-ling (Jamvu-dvipa), which was a firm geographical reality, the other three continents were, if not altogether fabulous lands, largely terra incognita. All information from Kanjura, Tanjura, other literary texts and oral traditions may be fitted for excellence into what Turrell Wylie designates “Religious Geography” (supra p. 17).

Ri-rab (Sumera) for instance is a concept more useful and necessary for rituals and meditations than for travel, trade or even pilgrimage in physical sense. For location of this traditional focal point of the universe a modern enquirer has to trace a line stretching from Mount Kailas in the east to Pamirs in the west. From the data in Chinese Buddhist cosmography, obviously built on Indian Buddhist tradition, Needham firmly identifies Mount Sumera with the Kun Lun Mountains (Science and Civilisation in China, Vol. III, Cambridge 1959, pp. 565-568).

For location of Jhang-daminen (Uttarakuru) we have a few premises to start with. It was on the north of Ri-rab (Sumera), that is, far north of Dzam-ling (Jamvu-dvipa). Dzam-ling in Tibetan tradition included India as well as Tibet. Therefore Jhang-daminen (Uttarakuru) was on the north of Tibet as well.
Now if the Kun-luns be the Mount Sumeru there can be no objection to locating Uttarakuru (Jhang-damimen) in the Tarim basin as Buddha Prakash suggests (supra p. 28).

The picture of Uttarakuru drawn from Sanskrit literature tallies broadly with that of Jhang-damimes in Tibetan literature. In both, this is a paradise on earth: a weird land with a bracing climate and a kind soil, a people with promiscuous morals and high longevity. In comparison with the cold and desolate plains in the south (Jhang-thang) and the sandy waste (Samo) in the north (Gobi) the Tarim valley with its oasis townships and wandering lakes was indeed a paradise. According to Buddha Prakash the emigration of the Kūrus from their northern home began in the middle of second millennium B.C. It is a well-known fact that even in historical times the contour and soil of Eastern Turkestan have changed considerably. There was more of water and less of sands in prehistoric and proto-historic times. It is not unlikely that the imroads of sandy waste began in the second millennium B.C. only and led to dispersal of the Kūrus. Even with the present conditions Tarim valley is a rich land surrounded by less fortunate ones. Its crops include barley, wheat, rice and cotton. The fruits which appear at all tables are melons, apples, pears, apricots, peaches, nectarines, pomegranates, plums, cherries and mulberries. Mineral wealth is not inconsiderable. The items which concern us here are jade-stone and gold from the Kunlun range. Garlands of jade and gold came from Uttarakuru to the court of Yudhisthira (supra p. 28). Tarim valley was the meeting ground of races and cultures, commodities and concepts. Perhaps all this accounted for diverse morals and last morals.

The Tibetan tradition adds a curious piece of information about the Uttarakuru people, etc., that this people possessed an unpleasant speech or coarse voice. Otherwise the Sanskrit tradition about Uttarakuru, the Tibetan tradition about Jhang-damimen and modern travel accounts about Tarim valley (e.g. Meunier: Delhi-Changing, Oxford 1947) agree in describing the people concerned as strong and sturdy, gay and pleasure loving.

From the Chos-Jang (*Vrikṣa history of the religion*) two important facts about Jhang-damimen (Uttarakuru) have come down to us. (i) One of the Sixteen Arhats, Vakula, settled down in Jhang-damimen to uphold the Sacred Shrine there. (ii) People of Jhang-damimen could become Buddhists

36
but were debarred from entry into monastic discipline. This second point is no doubt of great interest.

In view of their promiscuous morals people of Jhang-damiden have been all through considered to be unfit for ordination. They were in fact branded to be as unfit as the hermaphrodites, on the authority of Vatsyayana. (Tanjur, Mson, Ku)

Presiding officers and abbots of Tibetan monasteries were rather excrucious in implementing this ban. Enquiries about a monk candidate’s qualifications and antecedents contained a specific question as to whether he was a native of Jhang-damiden. An instance may be cited from Sakya Lama Phag-pa (1235-1280). A great proselytizer though he was, Phag-pa in his Instructions for Ordination laid down this specific question: Are you or are you not from Jhang-damiden? (Sakya-Kabum Vol. 15. This reference has been traced for me by my pupil Mynak Tulku Jamyang Kunga). It is evident that, though today few Tibetan scholars and monks can make any guess about its location, from about 815 A.D. (when Abhidharma was translated into Tibetan) till about 1200 A.D. (when Phag-pa died) Jhang-damiden was a reality, a part of this phenomenal world and not a mythical land.

It is however a riddle why people of Tarim valley or its neighborhood came to suffer from such disability at the hands of Tibetan Lamas. One is tempted to add to this the fact that a Tun-huang document entitled The Religious Annals of the Li-Country even indicates Uttararaku in the direction of Tarim valley somewhere in the Eastern Turkistan (Thomas: Tibetan Literary Texts and Documents, Part 1, London 1935, page 318, fn 11).

It is to be noted that the Eastern Turkistan was a famous Buddhist country long before Tibet became Buddhist. This land not only nursed and nourished Buddhists but was instrumental in its passage to China. Much of the Tantric practices—which characterize Tibetan Buddhism—was earlier in prevalence in the Eastern Turkistan. Yet ironically enough the natives of the land which had produced Dharmananda, Dharmananda, Komarchika, Komarchika and Komarchika were refused ordination in Tibet later.

It is also a fact that Buddhism before its decline is the Eastern Turkistan from about 800 A.D. and by the time of
Phag-pa in Tibet (1235-1280) it had become an insignificant element in the Tarim valley. Even the community of Indian merchants (Sarı̇na = Sarı̇) settled there embraced Islam and became the elite of the new Muslim population.

It is not unlikely that the Mongol tradition may preserve useful data for drawing a clearer picture of Jhag-damden. The Tibetan tradition developed out of Indian Buddhist tradition and obstinately adhered to the ban for entry into monastic discipline in respect of aatives of Jhag-damden. It is to be noted that Mongolia, a country on the north of Tibet, did not suffer from such disability. The Mongol recruits to Tibetan monasteries (first Sakyapa and then Gelugpa) were esteemed agents for propagation of the Mahayana in a laffl where Shamanism, Christianity and Islam counted their priests also and where eclecticism was a characteristic feature of the people's life. This Bulletin expects to publish in a later issue findings of eminent Mongol scholars on Mongol tradition about Jhag-damden.

The Classical writers (of the West) referred to a people called Atakorae or Otkokorus. Some scholars identify Atakorae with the Uttararcrus and locate them in Turkestan, preferably the Eastern Turkestan. This would place the habitat of the Uttararakuru on the north of Mount Meru. But the attempt to identify the Hyperboreans with the Uttararakuru has to encounter the theory of Tomasek as developed by Hudson. This theory places the Hyperboreans in the neighbourhood of what is today Peking (Hudson: Europe and China, London 1931, ch. 1). Peking is in the direction of Sar Lu Phag or Purvavideha of Buddhist tradition. Jhag-damden or Uttarakuru has so be found somewhere on the north both of India and Tibet.

NIRMAL C. SINHA

* Reproduced from 'Bulletin' 1965: 1