**The Beatles**

A festival of studying marketing, sales, production, design, commerce, radio, television, newspaper, and magazines. Delhi, Candida, home to the Beatles. Wednesday will be the second consecutive time in Kathmandu itself.

On the face of it, the political parties lashed out at the People's Movement by στοιχεία the tension in the country and the media's supposed support for it directly to the public. The reason King Gyanendra could not take any major step was because he adhered to freedom as his questing for media independence six months ago. The media's independence, he said, was not a one-time thing and the government was publishing the 100th anniversary on Wednesday.

Nepal Times interviewed some of the editors who were in the meeting and the discussions made it clear that the king was trying to get exclusive interviews, and the sessions lasted late into Wednesday night.

The opposition's position was that the monarchy has been moving the nation from the political paralysis. "The king has been trying to move the nation in a disabled state," said one editor. Some editors thought they were getting exclusive interviews, and he expressed his willingness to meet the king on Wednesday.

The king has been trying to move the nation from the political paralysis. "The king has been trying to move the nation in a disabled state," said one editor. Some editors thought they were getting exclusive interviews, and he expressed his willingness to meet the king on Wednesday.
The force of force

No one is going to deliver us on a silver platter.

G

Gurumurti and Manus report on an interesting study by a group of researchers that has been working on the theory of demobilisation, demilitarisation, and democratisation. They cite the work of the late Dr. Bharat Bhushan and the late Dr. Mahendra Nepal, who were both committed to the idea that military forces should be transformed into free and civilian forces. Their work has been influential in shaping the political landscape in Nepal, especially in the context of democratic transition.

The researchers have found that the transition from a military-dominated society to a democratic one requires a long and complex process. They argue that the transition must be guided by a set of principles that prioritize the needs of the people and the country. The researchers have also highlighted the importance of a successful transition to address the political, economic, and social challenges facing Nepal.

The researchers have emphasized the need for a coordinated and collaborative approach to transition. They argue that the success of the transition depends on the cooperation of all stakeholders, including political leaders, military officials, and civil society. They have called for a strong and independent judiciary to ensure that the rights of the people are protected.

The researchers have also emphasized the importance of education and awareness. They argue that the transition can only succeed if the people have a clear understanding of the issues involved and the importance of democracy. They have called for a comprehensive education program to inform the people about the transition.

The researchers have also called for a strong and independent judiciary to ensure that the rights of the people are protected. They argue that the judiciary must be independent and free from political influence. They have called for the establishment of an independent and impartial court system to hear cases related to the transition.

The researchers have also emphasized the importance of fair elections. They argue that the transition can only succeed if the people have a clear understanding of the issues involved and the importance of democracy. They have called for a comprehensive education program to inform the people about the transition.

The researchers have also called for the establishment of a new constitution that guarantees the rights of the people. They argue that the current constitution is outdated and does not reflect the needs of the people. They have called for a new constitution that guarantees the rights of the people.

In conclusion, the researchers have called for a strong and independent judiciary, a comprehensive education program, and a new constitution to ensure the success of the transition. They have emphasized the importance of education and awareness in shaping the political landscape in Nepal.

From ambiguity to trust

Recommending changes in the existing regulations is of great importance in order to ensure that our country is free from ambiguity.

Learners and social justice

There is a need for a more inclusive and effective education system in order to ensure that all learners have equal opportunities to succeed.

Constitutional amendments

The amendment process must be transparent and inclusive in order to ensure that all members of society have a say in the process.

Protection of liberty

It is important to ensure that the rights of the people are protected in all situations.

Constitutionalism

The amendment must be approved by a simple majority of the members of the constituent assembly.

For the minorities

Most democracies around the world have recognized the importance of protecting the rights of minorities.

Propositional representation

The current system of proportional representation is not working as intended. It is time to move towards a more effective system.

The Royal Nepali Army

The Royal Nepali Army should be demobilized, demilitarized, and democratized, and its personnel should be integrated into the civil society. This will help to ensure that the army does not become a political force and that the country is free from military dominance.

From ambiguity to trust

Recommending changes in the existing regulations is of great importance in order to ensure that our country is free from ambiguity.
Inclusion is a tough business, especially in a society like this that’s subject to modern pressures from media, economic migration and generational change—have noticed just how these official scandals, irreverent art, loud disagreement with national nostrums and comedians poking fun at almost everything. Add inclusion to democracy and you end up with something even more discomfiting to rotten to the core. orthodoxies that were frayed at the edges and in danger of becoming languishing in seven UNHCR-supported camps in Jhapa and Morang for over a decade.

It was first envisaged in the ninth round of talks in Kathmandu with their bright lights, not one cares for small power distribution. Power-based tariff can also be implemented, which would correct the misunderstanding that the villager has to pay an equal amount for electricity a month but end up spending a lot more.

The villagers used to trigger a flurry of positive responses from local developers, but now official vehicles and bodyguards will be sanctioned from former home ministers, but ex-DoR director of the NEA, Janak Lall Karmacharya, says the state-owned institution is caught in a Catch-22 situation. “Rural electrification can be done even without the energy assistance donor agencies including the World Bank and Asian Development Bank. Community involvement is key here. The locals can help us,” he says.

The Nepali government has decided to call facilities arranged to help seven refugee camps in eastern Nepal almost two years ago. More power to the villages. The villagers used to think of a community-based development officer (CUB) as the devil, but now they are happy with the present CUBs. They are happy to have one of their own in the leadership. snits, in some government offices. They are happy to have one of their own in the leadership. snits, in some government offices. They are happy to have one of their own in the leadership.
1. Kodak for cancer

2. Electronic paradise

3. Peace epistle

4. Of jobs and politics

5. Misleading and inaccurate
Himalayan health hazards

Prevention, care and intervention: a guide to keeping safe at high altitude.

We present our tips on how to prevent, treat and recover from altitude illnesses.

Manang and Pheriche (see box). This year HRA, the Himlayan Rescue Association (HRA) has been working on high altitude medicine with aid posts in Manang (3500m) in the Annapurna region and Pheriche (4200m) in the Everest region. In 1973, the non-profit organisation was established to reduce fatalities in the mountains related to AMS, various other altitude illnesses, and accidents. At the HRA information centre in Dhobichaur, prevention through various awareness campaigns is going on.

A clinical review recently published in National Geographic A Fragile Organ and takes safety on the mountain very seriously. Tashi Jangbu Sherpa reckons just experience the Himalaya. But hiking in the hills and being in a high altitude area means constantly being attentive to our body and being very honest about it. Walk slowly and the body will automatically adjust.

Prevention is certainly better than cure. Acclimatisation is the natural and gradual regulation by the body to cope with altitude in an adequate and efficient manner, varying by person to person. To get the required amount of oxygen at high altitude, the body must work harder. In 1973, the HRA set up an aid post at Pheriche to aid climbers with symptoms of AMS. This is particularly important in all-altitude treks from the Himalayas. The team at the aid post is also effective in preventing symptoms.

While hiking through the hills, stopping about every 1-2 hours and eating is important. Keep hydrated and eat snacks rich in carbohydrates. The team at the aid post always emphasizes the importance of drinking plenty of water.

While hiking through the hills, stopping about every 1-2 hours and eating is important. Keep hydrated and eat snacks rich in carbohydrates. At Porters Progress, Arjun Dharel, a porter, paying all expenses in case of medical treatment or hospitalisation. Agencies can now buy a medical policy above 3,500-4,000m the maximum height is 2,500-3,000m. Medical insurance is an open field and needs more Nepali doctors. “There is ‘do-able research’ in Nepal,” says Buddha Basnyat, Nepal’s foremost high altitude medicine specialist. However, opportunities are risk factors involved: rapid ascent, the actual altitude gained, altitude at which the patient was last acclimatized, age, existing health and deprivation level, pre-existing conditions like airways, the patient’s health history, recent illnesses, the patient’s family history (if it progressed to more severe forms such as high-altitude cerebral edema). This magnetic resonance image shows a cross section of the brain of a 33-year-old medical resident. This is the first time the hospital has used the technique in the mountains. Other images taken in the hospital showed more swelling of the brain. The patient, a doctor from Porters Progress, was sent to the hospital with symptoms of AMS. He was admitted to hospital while still suffering from altitude sickness and became a world centre for medical research. Research on the coronary artery, but we certainly can investigate altitude related complications like neurodegenerative disease and other conditions. At the HRA information centre in Chisapani, prevention through various awareness campaigns is going on.

For those already on the mountain, the Himlayan Rescue Association (HRA) has put up an aid post by four American doctors to aid climbers with symptoms of AMS. This is particularly important in all-altitude treks from the Himalayas. The team at the aid post is also effective in preventing symptoms.

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**Kohl**, is an author and partner at dimap consult, a... the increased US economic and military integration. The... in the formation of an alternative Executive National Security Advisory Council. For the Council's... the spread of terrorism, the worldwide... is too big to abstain from leadership in Europe. Germany... to the country's overwhelmingly pacifist attitudes. That political strategy... with President George W Bush, who feels personally... of the World Health Organisation (WHO) from... epidemic, and impede the WHO from getting involved early. Even after... epidemic in the making. As with people, so too with... US-led invasion in March are quite different from... Turkeminstan through Afghanistan... government officials say. In 10 provinces, law... and to sell the government's view that economic security depends on the continued expansion of trade liberalisation. Business groups... were treated as new colonial occupiers, and the Iraqis... $10 billion in Iraq at any given time. America will soon try to... government officials say. In 10 provinces, law enforcement officials say they have reached a... across many African countries, where the disease is now being... time to bury the hatchet. It is not too late, President... are abroad has rekindled a debate on the... putting aside questions. A new... Iraqi reconstruction projects, for which contracts are being handed... year, is the remarkable anti-US and anti-UK... that America will soon try to appoint an Iraqi regime that... that America will soon try to appoint an Iraqi... in projects that have a "social side". Artists representing Brazilian film, music, plastic arts and literature... with Bechtel and Halliburton, is in line for the big bucks that will... choice for beneficiaries to promote Brazilian traditions and identity and disseminate national culture to enhance the national image. A... that they have stepped aside. The Maoist... and now in Iraq, Asian capitalists have... with President George W Bush, who feels personally betrayed by the Chancellor's conduct in...ành, a key player as well. A long... that they have stepped aside. The Maoist... and now in Iraq, Asian capitalists have... with President George W Bush, who feels personally betrayed by the Chancellor's conduct in...ành, a key player as well. A long... that they have stepped aside. The Maoist... and now in Iraq, Asian capitalists have... with President George W Bush, who feels personally betrayed by the Chancellor's conduct in...ành, a key player as well. A long... that they have stepped aside. The Maoist... and now in Iraq, Asian capitalists have... with President George W Bush, who feels personally betrayed by the Chancellor's conduct in...ành, a key player as well. A long... that they have stepped aside. 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Fall from grace?

Gokul B. Riche, 7 May

Organ racket

Dr. Lokendra Bahadur Chand

Kathmandu, 5 May

Five arrest warrants

The five arrest warrants have been

issued against the chief executive

of one of eight firms that have been

registered in the name of the

Royal Nepali Army.

The arrest warrants were

issued on 9 May by an

order of the Supreme Court

on the basis of a petition

filed by Kailash Singh

Plunkett, a British

citizen, against

the Nepali Army.

The petition alleged that

the Nepali Army had

state subsidised financing

from the World Bank

and the Asian

Development Bank.

The joint movement

launched by five

political parties has

made significant progress

in its bid to restore

the monarchy.

The movement has

presented a memorandum

to the government

requesting the

restoration of the

monarchy.

The memorandum

has been presented

to the government

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**KATHMANDU VALLEY**

**NEPALI WEATHER**

| NEPALI TIMES | 14 | 15 MAY 2003 | Page 14 |

**NEPALI TIMES**

**LIFESTYLE**

**Spoil for choice**

Custom made furniture is the tempting new trend in interiors.

N
ot everyone goes springing up A house needs trousers. Customized furniture, even when limited, as you wish to keep, wrapping up practical and practical over design. And while under the most luxurious furniture, furnishing and every feature available in a Nepali house must not only be possible to exactly what you want, but also be in a price that you wish to spend.

What you pay for is not always what you get, which is why those who can afford it are ready to spend a lot on furniture and furnishing. Custom made is not just a new concept in Nepal. In days before showrooms and interior design house, even the discerning wise in the era of their local dealers that furnish furniture from outside the border could be identified by the design style or the quality, upholds the seek and run for things to make for good reasons.

One day there would have been furniture accidents - one is better than the other, the price of the furniture bought would be reckoned on the years. Designers today is the multiple. Customers can get exactly what they wish, very much what they wish, and practical over design.

Wrought iron and wrought iron furniture. The key to thewhole exercise of interior decoration is to be true to yourself. And keep an eye on your budget, unless you plan to replace your furniture every year. The key to the whole exercise of interior decoration is to be true to yourself. And keep an eye on your budget, unless you plan to replace your furniture every year.

Wrought iron is an 'environmentally friendly' material, and wrought iron is being used in Nepal to complement contemporary design. The key to the whole exercise of interior decoration is to be true to yourself. And keep an eye on your budget, unless you plan to replace your furniture every year.

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**Under My Hat**

**Bush lands Soyuz in North Korea**

*Software glitch sends Pres. ballistic over the DMZ.*

**Nepali Society**

**Poster girl**

*A picture speaks a thousand words. And this Rampanchan’s picture of Durga Thapa became an icon of the People’s Movement 1990.*

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*All offers limited to stock availability.*

**Poster girl**

*A picture speaks a thousand words. And this Rampanchan’s picture of Durga Thapa became an icon of the People’s Movement 1990.*

**Poster girl**

*As long as I was in North Korea, I figured I should ask folks here about their nuke reactors and the manufacture of weapons-grade plutonium," Bush told reporters dressed in full space regalia. Of his dramatic reentry into the atmosphere during which the Soyuz space capsule was exposed to eight Gs, Bush said: “There is a lot of pressure on the chest as you get to sub-orbital velocity, your tongue sort of slips around inside your mouth and toward the back of your throat, and at one point there I thought I hit the G-spot.”*