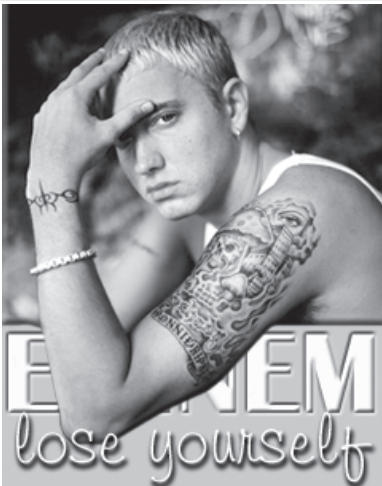


SINGALONG



EMINEM
lose yourself

Look, if you had one shot, or one opportunity To seize everything you ever wanted—One moment Would you capture it or just let it slip?

Yo, His palms are sweaty, knees weak, arms are heavy There's vomit on his sweater already, mom's spaghetti He's nervous, but on the surface he looks calm and ready To drop bombs, but he keeps on forgetting What he wrote down, the whole crowd goes so loud He opens his mouth, but the words won't come out He's chokin', how everybody's chokin' now The clock's run out, time's up over, blow! Snap back to reality, Oh there goes gravity Oh, there goes Rabbit, he choked He's so mad, but he won't give up that easy No, he won't have it, he knows his whole back city's ropes It don't matter, he's dope He knows that, but he's broke He's so stacked that he knows When he goes back to his mobile home, that's when it's Back to the lab again yo This whole rap city He better go capture this moment and hope it don't pass him

[Chorus:] You better lose yourself in the music, the moment You own it, you better never let it go You only get one shot, do not miss your chance to blow This opportunity comes once in a lifetime yo, You better lose yourself in the music, the moment

You own it, you better never let it go You only get one shot, do not miss your chance to blow This opportunity comes once in a lifetime yo better,

His soul's escaping, through this hole that it's gaping This world is mine for the taking Make me king, as we move toward a, new world order A normal life is borin, but superstardom's close to post mortem It only grows harder, only grows hotter He blows us all over these hoers is all on him Coast to coast shows, he's know as the globetrotter Lonely roads, God only knows He's grown farther from home, he's no father He goes home and barely knows his own daughter But hold your nose cause here goes the cold water These ho's don't want him no mo, he's cold product They moved on to the next schmoe who flows He nose dove and sold nada So the soap opera is told and unfolds I suppose it's old partner, but the beat goes on Da da dum da dum da da

[Chorus:]

No more games, I'ma change what you call rage Tear this mothafuckin roof off like 2 dogs caged I was playin in the beginnin, the mood all changed I been chewed up and spit out and booed off stage But I kept rhythin and stepwritin the next cypher Best believe somebody's payin the pied piper All the pain inside amplified by the fact That I can't get by with my 9 to 5 And I can't provide the right type of life for my family Cause man, these goddam food stamps don't buy diapers And it's no movie, there's no Makai Pfeiffer, this is my life And these times are so hard and it's getting even harder Tryin to feed and water my seed, plus Teeter-totter caught up between trying to be a father and a pre-madonna Baby mama drama's screamin on and Too much for me to wanna Stay in one spot, another jam or not Has gotten me to the point, I'm like a snail

I've got to formulate a plot or I end up in jail or shot Success is my only mothafuckin option, failure's not Mom, I love you, but this trailer's got to go I cannot grow old in Salem's lot So here I go is my shot. Feet fail me not or not this may be the only opportunity that I got

[Chorus:]

You can do anything you set your mind to, man

THE NOW! SUPPLEMENT FOR THE YOUNG

Since Spider-Man, nothing much has changed except the speed with which he must outrun paparazzi

TOBEY MAGUIRE

PEOPLE OF THE YEAR

Tobey Maguire, 27, is kind of an oddball, a non-smoking, nondrinking, yoga-loving vegetarian with a whiny voice. Still, it's always worked for him, and this year especially. He's received critical acclaim before, playing troubled, unassuming characters in movies such as Wonder Boys. But Spider-Man, with its \$114 million opening-weekend gross, pushed him over the top into stardom, and it's been better things ever since. Better women on his arm, including Spidey co-star Kirsten Dunst and newly single Nicole Kidman. And a better salary — a reported \$30 million for two Spider-Man sequels. Currently filming Seabiscuit in upstate New York, Maguire recently mulled some of the past year's life-changing events.

Has 2002 been the best year of your life?

I assume that you would be referencing my extreme amount of success with Spider-Man. I don't know if it's been the best year of my life, but it's been a very good year, an interesting year, a learning year and a year nothing can quite prepare you for. For the size of the film, I still fly somewhat under the radar. But, nonetheless, I've avoided public places more than I usually do.

Has the press made your life miserable?

On the Sunday the movie came out, which would have been the 5th of May, I left lunch at a restaurant in L.A., and, like, twelve paparazzi were waiting in the parking lot. It was a little unnerving. I sped off, with a couple of them chasing me. I lost them, because I didn't want them following me to my house. But when I got there, three or four were waiting.

I bet your pal Leonardo DiCaprio has given you some pretty sage advice.

What I've learned from him has been by way of example. He remains a very generous, unaffected guy.

What about this year's more public dissection of your love life — have you been able to approach that with the same equanimity?

Honestly, I don't care about that stuff. I do what I want to do. Some of what's said is true, a lot of it isn't. But if it doesn't get to you — and it doesn't get to me — then it doesn't mean anything.

Tell me one scary thing that happened to you.

I was flying over the Rockies on the way to do press for Spider-Man, and the plane ran into the most turbulence I've ever felt on a flight. I was using the restroom at the time and had to break midstream. I actually fell to my knees, zipped up, flushed and crawled back to my seat. Because of the situation, I was laughing



FREE with Vol 1 No 28; 2002



hysterically. But I looked at this friend who was with me, and he had the fear of God in his eyes. And then I just thought, "Wow, this is not it, this is not when I want to go, not right now."

Any one song get stuck in your head in recent months?

The one that's all over the place now, that Eminem song from 8 Mile. It's on the radio or TV every eight seconds.

MOVIE REVIEW MOVIE REVIEW MOVIE REVIEW MOVIE

Back In Business

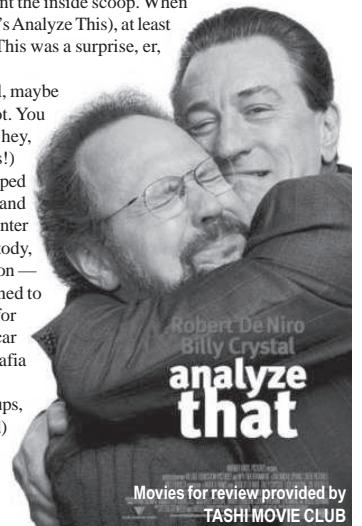
Friends and acquaintances often ask me what movies I've seen lately, and seek my opinion as to whether it's worth a trip to the theater. They know I see all the movies before they come out, and they want the inside scoop. When I told said scoop-seekers that I'd seen the Mafia comedy Analyze That (sequel to 1999's Analyze This), at least four or five people said they never saw the original. This took me a bit aback, as Analyze This was a surprise, er, "hit", raking in over \$100m at the box office.

So, if you haven't seen the original, can you still get into the groove of Analyze That? Well, maybe if you are a fan of West Side Story (there's a bit of an homage), but if not, then probably not. You really need to know these characters and their peripherals to fully appreciate them. (And hey, guess what? As luck would have it, your local video store undoubtedly carries Analyze This!)

As the new movie opens, mob boss Paul Vitti (Robert De Niro) is in prison, and he's developed a serious mental problem — he alternates between signing 'Maria' from West Side Story, and going catatonic (no doubt he had great practice when he played one in 1990s Awakenings). Enter his former analyst, Dr. Ben Sobol (Billy Crystal), who agrees to take Paul into his own custody, and treat him. Things go haywire when it turns out that Paul was faking just to get out of prison — and to avoid the inside hit he knew was coming. Now that he's on the outside, he's determined to find out who was trying to whack him. Ben, on the other hand, who is legally responsible for Paul, tries to keep his patient on the straight and narrow by getting him several "real" jobs (car salesman, jewelry store salesman, and most amusing, consultant for a TV show about the Mafia — Anthony LaPaglia, as the actor playing a don, really steals the show here).

Writer/director Harold Ramis delivers on the hilarious one-liners and hysterical visual set-ups, and he even manages to inject some new life into what could have been a dead (and beheaded) horse.

In my opinion, Analyze That is not as funny or entertaining as Analyze This — as is usually the case with sequels, what's missing is the fun of discovery, the newness, and the sidekicks getting to know each other for the first time — but it is a respectable sequel.



Movies for review provided by TASHI MOVIE CLUB

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ANDY CAPP



by Smythe

Red and Rover by Brian Basset



SWEET NOTHINGS

DEAR GUYS (MSSS.CI-XII)

Wishing you all the very2 "Best of Luck" for your exams and same as wish u all the very "Happy New Year" on 2003.

Frens forever
KUMAR (Pangthang)

DEAR FRENS (Diki, Rosilla, Sushma, Sashi, Bijay, Sanjay, Sonam)

wish u all the very2 "Best of Luck" 4 ur exams, study well & comes out as brilliant in life , & same as wish u all the very "Happy New Year" on 2003. miss u all a lot .

Frens forever
KUMAR (Pangthang)

Beloved
sis. **DEKEY&NANU,**
(Singithang)

Wishing you a very happy new year. Hope god always bless you in your future.

Ever bro.
MAHEN

Dear NEAR & DEAR

got your message. thanks for that. pleasure for me to have a friend like u. plzz call me or write me .

B-KASH(SOMBARIA)

DEAREST OLA!

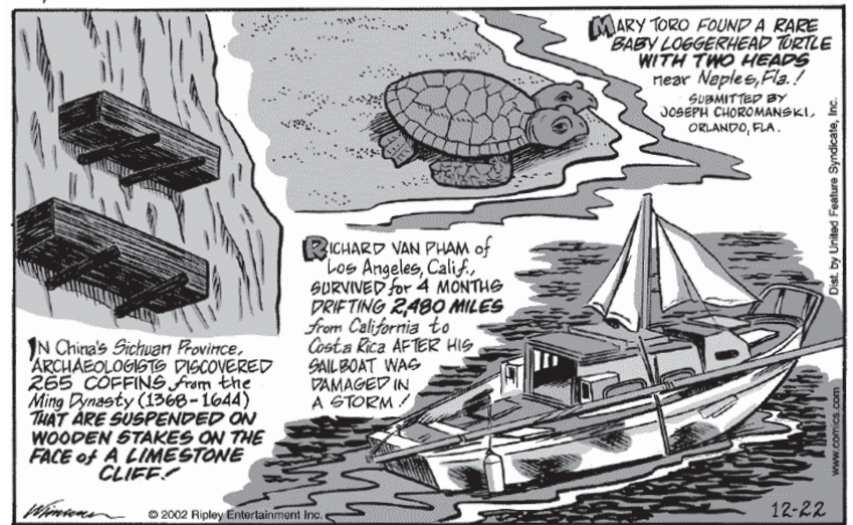
A Very Happy Birthday To You Today.
Lots of Love
Your Cuz.

FROM NOW! ON THOSE GOOD-FOR-NOTHING

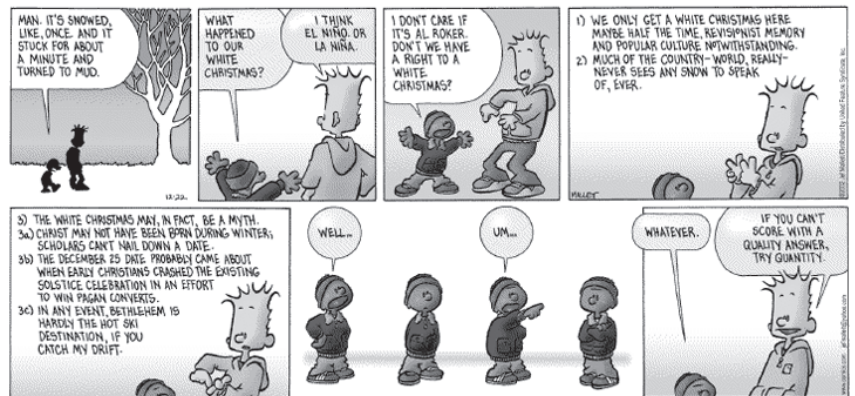
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FRAZZ



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ESHA SHARMA, 6TH MILE

- Ink Stains on clothes can be removed by rubbing tomato juice. Leave after applying juice for half an hour and then wash with soap and water.
- To remove chewing gum stains, rub the gum with ice., It will come off easily.

Home remedies, kitchen tips, beauty makeovers, recycling advice..... just about anything that makes life easier for the housewife... Send in your tips and if adjudged the most useful tip of the week, you will win a Gift coupon worth Rs. 250/- sponsored by Curtina, MG Marg. Send in your entries to: NOW! Near Ayurvedic Clinic, Gairi Gaon, Tadong, East Sikkim. Or email us at sikkimnow@rediffmail.com



X-FACTOR WISHES ALL IT'S READERS A MERRY CHRISTMAS & A HAPPY NEW YEAR

JUST ARRIVED

MOVIES@ tashi MOVIE CLUB

- ANALYZE THAT
- THE HOT CHICK
- SOLARIS
- MEN WITH BROOMS
- JACKASS

e-MAIL:now_xfactor@rediffmail.com

a running nose, stubborn kids

My baby has a constantly running nose. The cold does not worsen nor does it go away. But it is always there especially in this season. Should I just ignore it or take him for treatment?

Your child is most probably suffering from allergic Rhinitis, related to cold or dust allergy. You will need to put him on long-term antihistaminic therapy with either cetirizine or ketotifen. Occasionally he may require some steroidal (eg flunisolide) nasal spray. However, it is best to consult your doctor or child specialist for full details.



Baby talk

Dr. HK Chettri
on paediatric concerns

My children are very naughty and refuse to do anything I want them too. Now I have become a big nag. Do you think I should beat them till they do what I say? I am totally helpless and a victim to my children's whims and desires.

First you have not mentioned the ages and the number of children you have. Second, it seems that you require therapy yourself, if this is the way you feel about children who are naturally curious, but sometimes to discipline them, you have to be occasionally firm and strict. They must not be allowed to think that they can get away with destructive behaviour. Otherwise loving your children excessively does not help you all the time. Do not reward your children with gifts and toys all the time (however, reward them with love), otherwise they will always expect something in return. Do not try to always compare your children with other children and admire other's siblings at the same time criticizing your own. If it was one child is excessively naughty, I would have advised you to consult a child therapist, but if all children are naughty, I feel that they are picking up this behaviour from their elder siblings.

Readers are invited to send in their queries related to child care which would be answered by Dr. HK Chettri, child specialist.

FASHION

with
Jyotsna Periyar

FUNDAS



This festive season, give your tight fitting pants a rest and breathe easily in baggy trousers that's en vogue globally. You can give a stylish edge to the grunge look by wearing stilletoes (that's if you don't have to walk around too much)

Also wear knitted sweaters with cowl neckline which look trendy & short, slim tailored jackets. Don't forget to carry your scarf or stole along, which you can just drape around your neck or use it as a headgear and if you have a pair of tight leather gloves then go ahead and flaunt it.

Wish you all a merry christmas and a happy new year



BETTER GROOMING

Susong SAYS

HOME REMEDIES FOR SKIN CARE

CLEANING

- Instead of soap use gram flour mixed in milk or rice water. Scrub the paste on the body and rinse with clean water. This is an excellent recipe to improve the clarity of the skin.

COMPLEXION MASKS

- Make a paste of a pinch of turmeric and a table-spoon of milk powder in two tablespoons of honey and the juice of half a lime. Apply it on your face and leave it on till it dries. Rinse your face and feel the difference.

- Take equal quantities of black and white cumin seeds (jeera), whip it into a thick paste with milk or cream. Apply the paste all over the face. After 20 minutes, rinse it off. Use this mask at least twice a week for maximum effect.

WRITER'S BLOCK

towards Destiny

LOOKING TOWARDS THE BLUE SKY

I TRY MY BEST
TO GRASP ITS VASTNESS,
FEELING THE THIRST
I WONDER ABOUT THE SWEETNESS
THAT SPRING WATER HOLDS,
THE WIND SWIFTLY CARRIES AWAY
MY PRAYERS TO A DISTANT LAND
FRIENDSHIP HOLDS TRUE
FOR I GIVE IN THE BEST
OF ALL THAT I HAVE,
PATH OF RIGHTOUSNESS
LEADS TO FREEDOM SO PURE,
I PRAISE HEAVENS
KINDLY PROTECTING DIVINE WISDOM,
THE JOURNEY SO PLEASING
MAKES ME FEEL LOVE IN EVERY WAY,
TOMORROW HOLDS PROMISES
FOR I SEEK THE TRUTH IN YOU,
MAY THIS BOUNTY AND PEACEFULNESS
SHINE ON EVERY SOUL,
MAY IT HAPPILY END
THE SEARCH FOR A HEART OF GOLD.

- DOREN -

7 THEWEEKAHEAD

ARIES This week's scenario is highlighted by a sense of impending disasters, that could have more than one person in a tailspin. If called on to work past your level of expertise, you should recruit others who have the necessary skills. Make a commitment to join in humanitarian causes. Your ability to empathize with those less fortunate makes you a valuable addition to any project that serves others. You could experience an enjoyable meeting of the minds with someone you contact in this work.



TAURUS This week's scenario is highlighted by some new insight into how to change your daily routines. You may need to explore different ways of accomplish your tasks while enjoying some new found hobbies or interests. Be willing to admit that some of the old ways no longer provide the results you want. Consult others who are knowledgeable and ask for their assistance. Select from the various proposals to form a routine that is compatible with who you are. Share your discoveries with those who could benefit from your experience.



GEMINI This week's scenario is highlighted by your ability to maintain your sense of humor while working to ease other's concerns. Business partners may be edgy and in need of solid, consistent routines to overcome their fears of financial doom. You may be confident that moneymatters are well in hand, but your partners are not. Your insight will help them to regain their equilibrium. This is not the time to make others wonder or second-guess your activities. A variety of perspectives may be more valuable than one rigid strategy.



CANCER This week's scenario is highlighted by your ability to inspire diverse people to work together toward a common goal. Your leadership skills bring out the best in those who have ideas to offer but don't know how to proceed. Planning and implementing are your forte now. When the project is finished, however, give credit where credit is due. Don't take something that doesn't belong to you. Enjoy the laughter and innocence of children, even if you have to go out of your way to make that happen.



LEO This week's scenario is highlighted by your leadership skills to bring a stalled project to a done deal. Bask in your share of the group's recognition when it comes and humbly accept your role in the success. Your efforts will not go unnoticed and someone could make you an offer in the near future because of your actions now. Celebrate with loved ones. Other's energies support your efforts at making changes, especially those that will help you to let go of an unhealthy habit. You have the inner resources to go it alone if necessary, but someone close to you could benefit from your example and encouragement.



VIRGO This week's scenario is highlighted by being in the right place at the right time when a possibility for romance peaks around the corner. A chance for a new relationship could emerge from a very unlikely source. Be aware of your surroundings, and be open to what comes. Trust your instincts in matters of the heart. This is one time when you might have to question whether appearances are that important. Your attention to detail could unearth errors in a crucial project. You may be tempted to lay the blame where it rightly belongs, on others.



LIBRA This week's scenario is highlighted by being on the verge of discovering a new method of creative self-expression. Explore the changes that are happening within you, and embrace them enthusiastically. Others might question any actions you take now. Soothe their concerns by expressing the deep sense of satisfaction you get from your new creative endeavor. It's time to take a long, hard look at the way you deal with people, especially in the workplace.



SCORPIO This week's scenario is highlighted by a minor disagreement with a partner that could threaten to disrupt plans if the problem isn't immediately addressed. The topic could be finances or the division of duties. Listen to what is said and repeat it back to your partner to make sure you understand. A workable compromise is possible if you hold your temper and accept that changes to existing routines might be necessary. Your ability to understand the needs of others shows your caring side at its best.



SAGITTARIUS This week's scenario is highlighted by your need to diffuse extra energy, before you can settle down and deal with the matters at hand. Early in the week, a good workout, followed by some quiet introspection, will get you on the right track. Those at home could express appreciation for something you've done recently, adding to the pleasure you feel from simply being alive. Where do you want to be at the end of the week? Make a plan early in the week and take steps to get there. Eliminate your tendency to be sidetracked into lingering with others over coffee and idle talk.



CAPRICORN This week's scenario is highlighted by a positive flow on the homefront. Recent tensions at home fade and are replaced by an atmosphere of cooperation and sharing. Don't let the previous negativity linger in the back of your mind. Travel plans could become the hot topic as you seek new ways to bring excitement into your relationship. If your to do list is too long, you might want to ask for yourself would insure that it's done your way, but you can trust others with some of the tasks, especially if you have worked with them before.



AQUARIUS This week's scenario is highlighted by your spiritual & romantic side. If love comes knocking on your door, open it. Allow another to step into the sanctum sanctorum of your heart. Be open to new experiences and possibilities, scary as they might be. If you've been looking for a very long time for someone to share your life, you might not recognize what is right in front of you. You could be excited about a new purchase you hope to make. You have been saving money for just this purpose and now you're ready to purchase.



PISCES This week's scenario is highlighted by your need for a more relaxed, creative atmosphere at home. You should begin outlining plans for any changes that you'd like to make on the homefront. Your need to express yourself and entertain friends is at the top of your list. Work through the financial aspect of any expenditures. If necessary, work with what you already have. Your sense of beauty and style is uniquely yours. A potential for romance could show up in the workplace in the form of someone you've admired across the water cooler.



the NOW! hotline: 270949



This week has been such a busy one, having to pack and all, giving my landlord notice and buying myself woollens with the last of my money. I have decided to go live in Munguthang with Phurba. He's promised me two yaks and a tent and I think that's as good a beginning as any. So on Friday me and my cherubs take the bus to Lachung, and from there I load all my things, myself and my li'l ones on to a yak and join the trail that leaves for Munguthang. But we'll be moving even higher up where it's more bleak and windswept. Y'know Dee? at most high altitude areas the winds blow even stronger and this prevents the snow from settling down thus leaving the ground and vegetation exposed for the yaks to feed on.

I know being such a city slicker, the thought of living close to a yak makes you want to run away. But I have made my choice and no longer will I be able to write to you. In fact, Dee, this is my last letter to you. Please take care of yourself and I hope you find someone as sweet as my Phurba, someone who knows exactly what 'being with the moment' means! Goodbye Dee! This *chhang* is getting to me now. love, Mia.

WOMEN

25 - 31 Dec, 2002

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From a simple girl working at the Secretariat to International Film festivals, this young girl has amazed all with her performance in her debut film and she still thinks acting is never going to be her career. MITA Z with a one on one with Anupama Subba...

THE BEAUTIFUL FLOWER

Anupama Subba never wanted to be an actress. She had never taken part in any dramatic activity nor had done anything more than dance a little at school. She was quite content with her job at the health department and so it was no surprise when on a chance meeting with Director Nabin Subba, she firmly declined his offer to star in his new film *Numafung* - meaning beautiful flower.

"They had come to the secretariat, they were looking for Subba faces for various roles. I happened to meet them at the canteen. They asked me if I wanted to be in the film. I declined. But they were insistent, so I said I'll ask my parents first," she recalls. Her mother had no objection at all and told Anupama to give it a shot if she wanted to. Having a cousin Ningwa Hangma Limbu playing the role of her sister in the film helped her take the decision. "I didn't think I could even act 1%, but by now I was willing to give it a

try," she says.

Today, that decision is paying great dividends for Anupama. She's been commended and appreciated by all for her performance in the film. Anupama plays the lead role of Numa, a young girl and the story revolves around her and the three men in her life and how she fights back despite being exploited time and again in the name of tradition and culture.

But the preparation for the role was intense. The film is steeped in Limbu culture and traditions and Anupama's role is that of a simple village girl. "I didn't know anything about village life, how to carry a *doko* or put water in a *gagri*. While shooting wearing a *lungi* and walking was very difficult as also the heavy ornaments, but I liked my role. I was scared too, I kept asking myself if I could do it?," she honestly puts in.

The 10 day workshop at Dharan prior to the shoot helped Anupama

regain her confidence. It was here that director Nabin Subba was most impressed by her ability to perform. He says "She had the most expressive face and could emote very well in front of the camera. Although her dialogue delivery was not so good to begin with, she worked hard at it." It was only after the Dharan workshop that Anupama was given the final nod and presented with the script. "The script touched me. It was a role of a strong woman and addressed issues like widow remarriage and other social customs."

So, does she share any similarities with her character Numa?

"My friends tell me that like Numa, in my real life too I tend to put the happiness of others before mine. I sacrifice a lot for others. But after this film I have learnt that it is as important to look after one's own interest too."

From a simple girl working at the Secretariat to International Film festi-

vals, Anupama has come a long way. In September she was at the Fukuoka Film Festival in Japan. More than 15 Asian countries had participated and there were a host of cinema directors and artistes present. "At the first screening, both the director and myself were so scared. We wondered if anyone will even come to see the film. We didn't dare look back at the audience but when they called us to the stage we saw there were more than 200 people present. It was evident that everyone had liked the film and kept asking us all kinds of questions," recalls Anupama.

So is acting her new passion?

"I have not thought about making this my future. I have a permanent job which has long term benefits so I'll stick to that but if certain good roles do come my way, I'll definitely take it, but I am NOT going to pursue it as a career."

Going by the response to the film and her performance it won't be long before good roles come to Anupama Subba. Till then, as she says, she's content with her life.

Finally, Numa had three men in her life. What does Anupama look for in a man?

"*Tan Man Dhan Shubha Shanti.*" Now, that's not asking for too much, is it?

try out your convincing skills. get your husband to team up with YOU for

the Gangtok
treasure
HUNT