**CEO convenes all-party meet, lays ground rules for polls**

**a NOW REPORT**

**GANGTOK, 24 March:** The State Election Department has decided to set up District Coordination Committees (DCC) to resolve disputes between political parties at the district level. These committees, to be formed by the returning officers of the four districts, will have two members each from the various recognised parties of the State. Similar coordination committees will also be formed at the subdivisional level.

This was announced at the all-party meeting convened by the Chief Election Officer, Sikkim, TT Dorjee, and chaired by the Chief Secretary, SW Tenzing, at the Tashiling Secretariat here today. The all-party meeting, to which all “recognised” parties of the state were invited was attended by members of the ruling Sikkim Democratic Front, Indian National Congress, Bharatiya Janata Party and CPI (M).

The meeting, called by the CEO to lay the ground-rules for the simultaneous polls slated for 10 May, saw him serve several directives to the parties present.

All buntings, graffiti and posters put up by various political parties in public places are to be removed by 10 May. Last year, eight medical seats were made available for the Central Medical pool quota decided by Delhi. Last year, eight medical seats were made available for the State quota of Medical Sciences, Tadong, Sikkim, the CET will be held on 2 May 2004 and for the State quota of Engineering seats, including Sikkim Manipal Institute of Technology, Majitar, Sikkim, on 6 June 2004.

There are 40 seats available in the quota for Sikkim for engineering courses, while the seats for medical courses is subject to the Central Medical pool quota decided by Delhi. Last year, eight medical seats were made available for the Board exams would carry no weightage in the CET. The marks obtained in the Test will determine whether one qualifies for the seat or not,” the Deputy Director informed.

Accordingly, the Education Department has set two dates to hold a Common Entrance Test for students from within the State. For State quota of Medical Seats, including Sikkim Manipal Institute of Medical Sciences, Tadong, Sikkim, the CET will be held on 2 May 2004 and for the State quota of Engineering seats, including Sikkim Manipal Institute of Technology, Majitar, Sikkim, on 6 June 2004. There are 40 seats available in the quota for Sikkim for engineering courses, while the seats for medical courses is subject to the Central Medical pool quota decided by Delhi. Last year, eight medical seats were made available for the

**GET SET FOR CET**

**Quota distribution to professional courses to be decided by a Test now**

by SARIKAH ATREYA

GANGTOK, 24 March: The common grouse that only students from families with the right contacts benefitted from the State’s quota in colleges across the country has been resolved. From this year onwards, students will have to clear a Common Entrance Test (CET) at the State-level to get seats in professional courses, irrespective of the percentage of marks obtained in the Class XII Board examinations.

The Education Department, from this year onwards, will hold a Common Entrance Test for students in the State for Engineering and Medical courses. This is in pursuance of the Supreme Court’s decision in writ Petition No. 350 of 1993, which stipulates that all candidates seeking admission to professional courses in the year 2004 will need to sit for Common Entrance Test in the State.

Speaking to NOW!, the Deputy Director (Scholarship), Department of Education, Sonam Doma said that the Supreme Court verdict has made it mandatory for all states in the country to hold a CET for students seeking admission in professional courses [in the case of Sikkim, both Engineering and Medical courses].

“All students seeking admission to these courses on quota seats will have to now go through the CET. This is the first time that we are conducting such a test in the State,” she said.

With CET becoming mandatory, the marks obtained at the Class XII Board Examinations, even for those who figure in the merit list, will no longer be the sole criteria for securing a seat in Sikkim’s quota. “The marks obtained at the Class XII Board examinations, even for those who figure in the merit list, will no longer be the sole criteria for securing a seat in Sikkim’s quota.”

**CEO convenes all-party meet, lays ground rules for polls**
The Maoist strategy of total disruption seems to be working, writes RAMESH POUDEL

The Maoist blockade of more than a dozen districts of central Nepal couldn’t have come at a worse time for Pokhara. At the height of the trekking season, hundreds of tourists bound for the Annapurna circuit or taking buses to Kathmandu are stranded. For this tourist-dependant town, when winter sets in and tourists go down, everything from vegetable farmers to paragliding companies are hit.

Students waiting for their SLC exams have been affected, traders have lost business, transporters have no income and, for the most part, it is the poorest people who have suffered the most.

Now, the government is telling the people of Pokhara to show up in large numbers for the public felicitation of the king at 75 March but they are in no mood to do so. Pokhara’s bazaar wore a deserted look as trucks bearing food and supplies from Birgunj and Bharawa have been disrupted. Basic commodities like salt, oil and sugar have disappeared, and if available, they cost up to 50 per cent more.

Similarly, farmers who used to supply vegetables, meat, eggs and milk from outlying areas like Syangja, Parbat, Lalitpur, Myagdi, Gorkha, Tanahu and Lamjung are badly affected.

“There is no light in the villages and now we cannot even light the lanterns because there is no kerosene,” says Bhuwan Regmi, a student from Parbat who has come to Pokhara to see if he can buy essentials. Maoists have sent back mules carrying milk and other produce into Pokhara.

The Maoists have a foolproof way of enforcing their blockade: burn buses. After three local buses in Lamjung and Dhading were set on fire last week, no bus owner dared ply the highways.

“More than 80 per cent of our investment in the vehicles is loaned, we need to pay the interest,” says Dhaulagiri Zone Transport Coordination Committee Chairman Hari Khalan. Pokhara’s produce, like noodles and confectonaries, have also started piling up. Factories have started laying off workers.

The government is still saying the situation is under control and seems to be relying on the Maoists squandering their public support through the blockade. The army has also been escorting vehicles in convoys along the Prithvi Rajpath. Trucks and buses coming to Kathmandu have been taking the old Tribhuvan Rajpath since it doesn’t fall under the current Maoist blockade.

On Tuesday, Finance Minister Prakash Chand Lohani and Home Minister Kamal Thapa arrived in Pokhara and assured transport entrepreneurs that that government has created a ‘basket fund’ of Rs 100 million to compensate vehicle owners. But bus owners have heard these promises before, and there haven’t been too many takers.

The Maoist Kaski district secretary, Jivan, issued a press statement Monday saying all vehicles would be allowed to operate except government and military ones. He also warned businessman they would face punishment for hoarding. But even this assurance from the government the Maoists haven’t eraced the fear of bus and truck owners.

FNCCI has calculated that the country is suffering losses of more than Rs 400 million a day from the blockade. The Maoists have also stopped production units and not allowed us to load and unload our goods, and the figure is sure to rise,” says FNCCI vice president Chandi Raj Dhakal.

courtesy: Nepali Times

Isolating Pokhara

Acting busy in a land where the roads are on fire

We entered this house an old lady and three or four other people gave their welcome to my master and his family in their own language, Punjabi.

The old lady was very surprised when she noticed me, and all the others were also looking at me very closely. The old lady asked my master how I was called and what my caste was. I think he told her the same as I had told the priest in the temple.

The old lady was very surprised when she noticed me, and all the others were also looking at me very closely. The old lady showed me by signs of her hand where I was to go down the staircase to the right, where I would be served as an unpleasing addition which came with the territory.

Just as the media’s right to report cannot be curtailed, the reaction to what is reported cannot be denied either. All that remains to be worked out is the limit within which such reactions should be vented. As the society grows more tolerant of its own culture, it will not be a bad thing to have an educated public which is capable of thinking with a free mind.

Acting busy in a land where the roads are on fire

In the kitchen, the cook who was a Brahman gave me some chapatti and curry which I had cut in Calcutta. I did not like this food very much but what could I do? When I had finished I went upstairs to take the baby and walked about the gate and looked at the road and all the strange people in it.

My master told me to get up early in the morning. “Kancha, do not show any laziness in this house,” he said. “Showing yourself as an intelligent boy and a hard worker, so that the people will say that Sirdar Sone Singh’s servant is not lazy but very clever. After getting up early your bath and your breakfast, and if the baby is sleeping you must take it out, that is your work.” I replied: “Yes, master,” and exactly as my master told me I got up early every morning at about six.

One morning for breakfast the cook gave me a glass of lassi, or milk curds. It tasted so sour that I shuddered. “This is not milk,” I cried. “I will not take this horrible drink anymore.” She laughed and said: “But I want you to take a bath before you go. All right, then, I will give you no more of it after today.”

“Then I shall be happy,” I said.

The next afternoon my master took me to town in a horse cart. The town was crowded and my ears were filled with the noise of the people. In Calcutta the biggest noise comes from the cars and trams, but from here the people shouting while hawkings things in the street. The cart went on slowly, and the driver had to shout to the people many, many times and to ring his bell all the way along the street.
**THAT SINKING FEELING**

Improper drainage gives Lower Mangan sleepless nights

DEEPAK SHARMA

MANGAN, 24 March: The Fear of having their houses swept away by landslides in the coming rainy season unless immediate action is taken is making the people of Lower Mangan area very anxious. Improper and incomplete drainage leading from the SBI, Mangan, to Lower TangTang area allows the flow of water to seep into the nearby houses.

“It is very dangerous as the drains which pass through these areas are incomplete and the flow of water is very forceful which affects the houses and the TangTang road,” says the residents.

“Unless something is done immediately the Lower Bazar side and the TangTang area side will be swept away. And if a landslide occurs, it will affect the Mangan areas too,” informs Phechi Kazi, a resident of the Lower Bazar area.

With most people convinced that the chances of a landslide occurring being quite high, they want the RDD department to get 200 ft of jhora training done, which may sort out the problem.

“The government should not wait to take action only if a major disaster takes place. Immediate action can prevent one from happening,” states Tek Bahadur Pradhan, a local resident.

With monsoons just around the corner, the concerned department should look into the matter before it becomes too big a problem.

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FORMER LEGISLATORS LOBBY FOR SDP, LT SEATS WILL COME, ASSURES SANCHAMAN

a NOW REPORT

GANGTOK, 24 March: A meeting of the former Legislative members’ committee of the Sikkim Democratic Front was held at Sombaria Bazar in West Sikkim yesterday. The meeting was attended by former ministers, PB Gurung, PL Gurung, former Speaker, CB Subba, vice-president, DB Gurung, and former Chief Minister Sanchaman Limboo. The members of the SDF Cheti Morcha, Panchayat members and a large number of local people also attended the meeting.

All those who spoke on the occasion highlighted the policies and programmes of the SDF party and appealed to the public to come together and unite.

Mr. Lachenpa said that in this grim scenario, the only hope for the State was the Congress party, which had initially supported to Mr. Chamling but he has now dumped all those who helped him initially,” he said.

The speakers reiterated that the two communities that the SDF party was a castiest and communal party. The SDF party has caused friction and division within the different communities of the State. When the SDF party was first formed, it was the BLs who extended their full support to Mr. Chamling but he has now dumped all those who helped him initially,” he said.

Mr. Lachenpa said that in this grim scenario, the only hope for the State was the Congress party, which will create an atmosphere of communal harmony and bring together all the different communities of the State and usher in a new era of change and further development.

On the issue of reservation of Assembly seats for the Limbu-Tamang communities, Mr. Limboo and Birbal Subba both assured the two communities that the seats would be provided to them in the Assembly and that there was no need for fear or panic in this regard. They also assured the gathering that the two communities would be well-represented in the upcoming polls as well.

Similarly, a meeting and public awareness programme conducted by the former Legislative members was held yesterday at Adampool falling under the Rumtek constituency in East District. This meet was presided over by Sherap Palden. SDF general secretary, BB Khulal was also present on the occasion.

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SHERPA ASSC. ON AN OUT-REACH DRIVE

GANGTOK, 24 March: Sikkim Sherpa Association has been holding a series of meeting at various places in the south district. Temi Dara Gaon, Jausbar, Dewma and Parbing were some of the places where meetings were held between 21-23 March. In all the meetings Phurba Sherpa, President, SSA appreciated the pro-poor policies of Chief Minister, Pawan Chamling. He also praised the CM for providing equal political, social, educational and financial rights to all communities in the state. Mr. Sherpa also told the people about the electronic voting machine and explained how it should be used. The association will reportedly be holding meetings in all the four districts over the coming months.

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WALK-IN-INTERVIEW
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Kalimpong’s World Vision

Karan Shah

Kalimpong, 24 March: A glimpse of the world through the eyes of Bob Pierce is enough to convince anyone that idealism can actually overcome the crushing truth of reality. The realism of poverty, hunger, and sleepless nights being crushed by the ideals of love, support, and care.

It all started in the year 1947, after his trip to China and Korea, his first trip outside US [his native country] and certainly the most effective one with his witnessing the struggle for survival among the poor. This led to the foundation of World Vision an NGO, now one of the world’s premier relief and development agencies rendering support to over 75 million people to fight against hunger, injustice and poverty. It formally established itself in India in the year 1976 with the national headquarters in Chennai.

After conducting various beneficiary projects country wide it set its vision in the North-Eastern region in 1996 with various Himalaya Area Development Programmes [HADP] covering Gram Panchayats of Siliguri, South Sikkim, and Kalimpong. The Sikkhim programmes cover Melli Dara, Karabang, Turuk, Sumbhuk, Sadam, Lumbchok, Ravitar, Raiapani, Tarkhola, while the Kalimpong one covers Bhulukhop, Sanchay, Tashiding, Tarkhola, Sanchar, Kamman etc a total of 130 villages are now under HADP.

There are various initiatives followed by two special programmes present under HADP. The first of the special programmes relates to a training center at Algarah [Kalimpong] for the orthopaedics. This centre provides a full one year course to the patients for self employment in small scale industries and in certain cases employment after the training. The training venue is a two-storied building donated by BB Goorung, Political Advisor to the Chief Minister of Sikkim. The third batch of trainees is scheduled to begin training this April. The second of the special programmes is the HIV/AIDS awareness campaign.

Drop in centres for C/SH have also been opened in Siliguri. Other initiatives include intensive development programmes covering health, education, income generation schemes, proper sanitation for health and hygiene and moral and social development. The programmes for children include provision of proper education and related aspects like providing stationeries, uniform, and also organizing talent competitions, educational tours and coaching classes.

World Vision has, with the help of local people also built schools. The Angel Nursery School, Turuk, South Sikkim, Little Flower Nursing School , 3rd Mile, Kalimpong have been built through its efforts. World Vision also assists the poor through the free distribution of animals, seeds, and procurement of loans and cooperative funds. Other community work taken up by the NGO include the construction of foot paths, roads and irrigation systems.

“To date we have had the most positive response of people and families from various regions have been approaching the organization for our intervention,” states Puran Rai, Area Development Manager, Kalimpong.

“We have also been able to inculcate a positive psychological frame of mind among the general people. They are now genuinely concerned for the people of other regions...”

The condition of women, too, had improved with the setting up of ‘Women Societies’ said Mr. Rai.
Tourists on a more intimate visit

INTERNATIONAL CULTURAL ADVENTURES IS LOOKING AT SIKKIM AS A POSSIBLE DESTINATION FOR A SPECIAL LEARNING EXPERIENCE

We believe that our program will not only contribute to tourism in Sikkim in a responsible and fulfilling way, but provide our participants and the local communities and individuals that are involved in our program with an enriching educational experience,” adds Steven who is promoting the concept among doctors, nurses, teachers and educators, environmentalists and students.

The programme is designed in two phases. The orientation and education phase will take place in and around the city of Gangtok consisting of various classroom activities that bring to light the intricate cultural fabric of Sikkim. The activities include home stay with a local family, Nepali language training course, cultural seminars on volunteer service experiences.

“Through the second phase of the program, participants are educated on Sikkimese culture in order to gain valuable experience to prepare them for their volunteer service project,” informs Steven.

During the volunteer phase, participants will be placed in a volunteer service project within an NGO where their skills and knowledge can be best utilized.

The Volunteer Service stage is the most engaging part of the program. It empowers each participant with opportunities to develop relationships with local people within the community while giving their time and energy towards meaningful community service. It is during this part of the program that participants put their language and cultural skills to use.

“During the programme, we hope that participants will not only deepen their understanding and appreciation of this wonderful country and its friendly people, but also make friends and memories that will last a lifetime,” says Steven.

Assam Rifles distributes educational and sports items at Chungthang

a NOW REPORT

CHUNGTHANG: 30 Assam Rifles personnel distributed educational and sports items to Chungthang and Pegong villagers here on 19 March. The function was organised at Chungthang Secondary School with Brigadier Pradeep Sharma, commandant 122 Mountain Brigade present as the chief guest. Others present were Col. Sanjay Kapoor, Commandant 30 Assam Rifles, Karma Doma, SDM Chungthang and civil and military representatives along with the local public.

HN Singh, Headmaster, Chungthang school welcomed the gathering and highlighted the service profile of the chief guest Brig. Sharma. He also spoke about the cooperation and assistance rendered by 30 Assam Rifles to Chungthang in general and Chungthang school in particular. The students of Chungthang school organised a colourful cultural programme to entertain the gathering. All appreciated the programme and the Brigadier presented a cash award to the students of the school.

Later Brig. Sharma distributed the educational aids and sports items under the Military Civil Aid Programme of 30 Assam Rifles to Chungthang Secondary School Pegong Lower Primary School, Pegong Youth Club, Pegong Family Welfare Centre and Chungthang Youth Club. A computer was donated to Pegong Primary School. Both youth clubs were given sports items like cricket sets, footballs, table tennis racquet etc.

He also stressed the need for a liaison with Military Civil Administration (MCA) and offered assistance to conduct a gallery show at the Snow Lion Stadium, Chungthang and also to level the school ground where the programme was conducted.

Lhendup Lepcha, President Chungthang Gram Panchayat Unit, wound up the programme with a vote of thanks and highlighted the cooperation that has been received by the locals since the deployment of Assam Rifles in North Sikkim. He highlighted some examples of the assistance provided by Assam Rifles to the local public in times of emergency, especially in providing medical facilities to the needy. He also thanked other military units like 417 Field Ambulance and EME for providing their cooperation to the local public.

Earlier, on 18 February, under the Military Civil Aid project scheme, 30 Assam Rifles organised a free medical camp at Lachung. Col. RMS Rawat, SM commander 112 Mountain Brigade, inaugurated this camp. Col Sanjay Kapoor Commandant 30 Assam Rifles was also present. In this camp a total of 289 patients were treated with the help of 4 doctors. The local people of Lachung and nearby villages appreciated the camp, the treatment given and the medicines distributed for the welfare of the local people.

A NOW REPORT

GANGTOK, 24 March: Come September and Sikkim will host a very different group of tourists. Visitors who will give back to the place more than they take away. International Cultural Adventures, a USA-based NGO has created a unique program of cultural exploration. Called the “Sikkim Cultural Educational Experience,” the 3-month long programme will focus on a variety of learning activities culminating in volunteer service.

Family home-stays, language training, seminars on various aspects of the culture, excursions to significant cultural and historical sites and volunteer service will be a part of the specially designed programme.

“These activities are designed to facilitate cultural integration and enable participants to learn about the state, its customs and people in a culturally sensitive way,” says Steven Blanc, Managing Director, ICA.

The NGO, which runs similar programmes in Nepal and Peru is now hoping to provide unique opportunities to each participant to acquire a deeper knowledge of Sikkim through extraordinary cultural, educational and local customs, history, religion and exploration of significant historical sites. It includes village visits, educational trekking and rural education excursions to north and west Sikkim.

“This part of the program of the program, participants are educated on Sikkimese culture in order to gain valuable experience to prepare them for their volunteer service project,” informs Steven.

During the volunteer phase, participants will be placed in a volunteer service project within an NGO where their skills and knowledge can be best utilized.

The Volunteer Service stage is the most engaging part of the program. It empowers each participant with opportunities to develop relationships with local people within the community while giving their time and energy towards meaningful community service. It is during this part of the program that participants put their language and cultural skills to use.

“During the programme, we hope that participants will not only deepen their understanding and appreciation of this wonderful country and its friendly people, but also make friends and memories that will last a lifetime,” says Steven.

The Civil Side of the Army

Assam Rifles distributes educational and sports items at Chungthang

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Kurse Shegu

Kurse Shegu

49 Day Kurse Shegu of late ex-Panchayat Gyan Tsh. Lepcha who left for his heavenly abode on 11 February 2004 falls on 29 March. All the well wishes, friends and relatives are requested to join us in offering prayers for the departed soul at our residence at Lum Lower Dzongu, North Sikkim.

I, the present Panchayat of Lum along with bereaved family also took this opportunity to thank all those who stood by us during the time of bereavement and request our inability to thank them individually.

Family member and Tsering Gyaltso Lepcha, Panchayat, Lum Village Ph: 94341795290

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The Kurse Shegu of Late Tseten Gyatso Bhutia who left for her heavenly abode on 6 February 2006 falls on 25 March 2004. All friends, relatives and well wishes are requested to join the bereaved family for offering prayers to the departed soul at our residence at Phuntokgang, Martam, East Sikkim.

We would like to take this opportunity to thank all those who stood by us in our hour of bereavement and regret our inability to do so individually.

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NEWS SCAN
You’ve already decided he is the one for you. But have you won his heart yet?

10 MANNERS MEN LOOK FOR IN A GIRLFRIND

Our mission: To find out exactly what men are looking for in a good girlfriend. Impossible? Not exactly. We simply talked to Lisa Daily, syndicated relationship columnist and author of Stop Getting Dumped, who promises to help readers find and marry “the one” in three years or less.

1. She has a life of her own - and its pretty good to boot. Ladies, this means that you take care of yourself, pay attention to your personal style and find time to hang with your fabulous friends and family. You seek adventure through travel, and take in life to its pretty good to boot.

2. She never makes the first move. This issue has been debated to death, and there is no true consensus. But Daily says that she strongly believes women should never, ever pursue a man. Instead, she suggests waiting for the man to initiate and plan dates.

3. She is sexy without being trampy. This means something different at the beginning of the relationship than it does down the road. Daily says. In the beginning of courtship, a woman should refrain from making any comments that are overtly sexual. She also flirts by touching his hand on his forearm or even the knee of a relationship that barely ever existed outside of the bedroom. When you initiate the sexual revolution arrived long ago and few people expect a “pure white bride” nowadays. But sex is still a pretty big step for couples. Daily says that many women don’t even realize just how much sex changes the dynamics of a relationship. When women have sex, they release a hormone called oxytocin (also referred to as “the cuddle hormone”), which some scientific researchers believe makes women feel extra warm and fuzzy for their sex partners. Daily warns that if women do so too soon, they might make a mistake.

4. She waits to have sex. Daily says that many women don’t realize just how much sex changes the dynamics of a relationship. When women have sex, they release a hormone called oxytocin (also referred to as “the cuddle hormone”), which some scientific researchers believe makes women feel extra warm and fuzzy for their sex partners. Daily warns that if women do so too soon, they might make a mistake.

5. She does little things to show she cares. No, you do not have to turn into June Cleaver. The bottom line is that you should want to do the little things that let him know you care and you are paying attention to his individual needs. And he should do the same for you.

6. She should be her boyfriend’s best wingman - err, wing woman. Help him to look good in front of the boss, advises Daily. Laugh at his jokes and help him shine when the boss, advises Daily. Laugh at his jokes and help him shine when he is there. Chivalry is not dead, by the way. “Good manners are a deeper window into what kind of man he truly is,” Daily says. You should also have compatible views on money which is the number one thing couples fight about. Even though they say opposites attract, savers should not think twice before shacking up with wild spenders.

7. She never turns on the pressure. This one is important. Men have a distinct aversion to any sort of pressure, says Daily. Therefore, women should avoid calling and emailing him many times during the day or dropping hints about the future. In fact, keep the dreaded M-word (marriage) out of your vocabulary all together.

8. She does not take any crap - from anyone. A good woman never accepts bad behavior. Guys respect women with whom they can’t get away with anything. If he knows there’s a penalty — like getting thrown to the curb — for a serious violation like cheating, he’ll respect you more, and he will be far less likely to do it. Daily says that she should never, ever pursue a man. Instead, she suggests waiting for the man to initiate and plan dates.

9. A good woman always chooses a good man. That means that you should look for someone who is honest and dependable. He has to treat you right. If he says he is going to be somewhere, he is there. Chivalry is not dead, by the way. “Good manners are a deeper window into what kind of man he truly is,” Daily says. You should also have compatible views on money which is the number one thing couples fight about. Even though they say opposites attract, savers should not think twice before shacking up with wild spenders.

10. She knows that love is the biggest part of the matching equation. Just how does a good woman know that she has found that crazy-for-you, toe-curling relation? Daily says that some women have an “a-ha” moment, while love simply sneaks up on the rest. The feeling includes a unique sense of comfort and acceptance and the feeling that someone else’s happiness is as important to you as your own.

ARE YOU HIS Ms. RIGHT?

We simply talked to Lisa Daily, syndicated relationship columnist and author of Stop Getting Dumped, who promises to help readers find and marry “the one” in three years or less.

1. She has a life of her own - and its pretty good to boot. Ladies, this means that you take care of yourself, pay attention to your personal style and find time to hang with your fabulous friends and family. You seek adventure through travel, and take in life to its pretty good to boot.

2. She never makes the first move. This issue has been debated to death, and there is no true consensus. But Daily says that she strongly believes women should never, ever pursue a man. Instead, she suggests waiting for the man to initiate and plan dates.

3. She is sexy without being trampy. This means something different at the beginning of the relationship than it does down the road. Daily says. In the beginning of courtship, a woman should refrain from making any comments that are overtly sexual. She also flirts by touching his hand on his forearm or even the knee of a relationship that barely ever existed outside of the bedroom. When you initiate the sexual revolution arrived long ago and few people expect a “pure white bride” nowadays. But sex is still a pretty big step for couples. Daily says that many women don’t even realize just how much sex changes the dynamics of a relationship. When women have sex, they release a hormone called oxytocin (also referred to as “the cuddle hormone”), which some scientific researchers believe makes women feel extra warm and fuzzy for their sex partners. Daily warns that if women do so too soon, they might make a mistake.

4. She waits to have sex. Daily says that many women don’t realize just how much sex changes the dynamics of a relationship. When women have sex, they release a hormone called oxytocin (also referred to as “the cuddle hormone”), which some scientific researchers believe makes women feel extra warm and fuzzy for their sex partners. Daily warns that if women do so too soon, they might make a mistake.

5. She does little things to show she cares. No, you do not have to turn into June Cleaver. The bottom line is that you should want to do the little things that let him know you care and you are paying attention to his individual needs. And he should do the same for you.

6. She should be her boyfriend’s best wingman - err, wing woman. Help him to look good in front of the boss, advises Daily. Laugh at his jokes and help him shine when the boss, advises Daily. Laugh at his jokes and help him shine when he is there. Chivalry is not dead, by the way. “Good manners are a deeper window into what kind of man he truly is,” Daily says. You should also have compatible views on money which is the number one thing couples fight about. Even though they say opposites attract, savers should not think twice before shacking up with wild spenders.

7. She never turns on the pressure. This one is important. Men have a distinct aversion to any sort of pressure, says Daily. Therefore, women should avoid calling and emailing him many times during the day or dropping hints about the future. In fact, keep the dreaded M-word (marriage) out of your vocabulary all together.

8. She does not take any crap - from anyone. A good woman never accepts bad behavior. Guys respect women with whom they can’t get away with anything. If he knows there’s a penalty — like getting thrown to the curb — for a serious violation like cheating, he’ll respect you more, and he will be far less likely to do it. Daily says that she should never, ever pursue a man. Instead, she suggests waiting for the man to initiate and plan dates.

9. A good woman always chooses a good man. That means that you should look for someone who is honest and dependable. He has to treat you right. If he says he is going to be somewhere, he is there. Chivalry is not dead, by the way. “Good manners are a deeper window into what kind of man he truly is,” Daily says. You should also have compatible views on money which is the number one thing couples fight about. Even though they say opposites attract, savers should not think twice before shacking up with wild spenders.

10. She knows that love is the biggest part of the matching equation. Just how does a good woman know that she has found that crazy-for-you, toe-curling relation? Daily says that some women have an “a-ha” moment, while love simply sneaks up on the rest. The feeling includes a unique sense of comfort and acceptance and the feeling that someone else’s happiness is as important to you as your own.
Hollywood star Catherine Zeta Jones has taken her recent privacy battle defeat badly - she’s threatening to take the dispute to the British High Court.

The Oscar-winner had challenged a planning application by her neighbor in Swansea, Wales to run his telecommunications business from his house, claiming it would invade the privacy of the $1.8 million property she is currently living in.

However, local council officials passed Steve Gwynn’s proposal last week - and now Zeta-Jones is threatening to appeal to the full British High Court over the decision.

If she does go ahead, the 34-year-old may have give evidence in court.

ZETA-JONES THREATENS TO TAKE PRIVACY BATTLE TO HIGH COURT

ARIES: Problems with your professional position could lead to an unsavoury situation. Chances are pretty good that someone who work with is not being up front. Take a close look at the situation before you decide to change your position.

TAURUS: Mix business with pleasure. Your main will be passionate and exotic to be included in your plans. Trips could prove to be successful in more ways than one. Know what you want out of life. Make a list of what’s good and what’s bad in your life. The focus is on the home front.

SCORPIO: Family trips may be hectic but rewarding. Greater communication with relatives and friends can be expected. New friendships may be established, but beware of ulterior motives.

SAGITTARIUS: Many leapfrogs, infections or other health concerns could develop if you’ve exhausted yourself. Problems with an inheritance or a joint investment will cause anxiety.

CAPRICORN: Emotionally you could use some help. You’re confused and you don’t know what you want out of life. Make a list of what’s good and what’s bad in your life, and make some changes.

AQUARIUS: You’ve been hiding your emotions for some time now. You need to consider your position and what your motives are. If you haven’t already, look into starting your own business.

FISCUS: You’ll enjoy helping less fortunate people. Get involved in volunteer work and you’ll meet some great individuals. New friends and possible new loves can be yours if you believe in yourself.

L. using 50 pounds definitely paid off for Yoanna House. The formerly hefty 23-year-old babysitter from Florida was crowned the winner of America’s Next Top Model Tuesday night by show creator and supermodel Tyra Banks. House had long dreamed of a career in high fashion, but was hindered by her less-than-slim figure. She hired a personal trainer, lost weight and earned a Top Model berth. However, the win still didn’t come easily for House. In a final photo shoot, she panicked about the way her hair looked under a motorcycle helmet and clacked away at it with a razor. The resulting effect was less than desirable and required emergency touchups from onsite professionals. Later, House broke one of her high heels backstage at a runway fashion show and was forced to strut on the catwalk in ill-fitting shoes that - gasp! - didn’t even match her outfit. But in the end, none of it mattered.

MALDONNA’S HITS TOUR HEADS FOR ISRAEL

Pop superstar MADONNA has confirmed a summer greatest hits tour, which will include a planned stop in Israel.

The singer will kick-start the Re-invention tour on 24 May in Los Angeles and will perform throughout America and Europe until the beginning of September, when she’ll play her final date in Paris, France.

It has yet to be confirmed when Madonna - who now follows the Jewish-based faith Kabbalah - will perform in Israel.

There is no doubt that this tour will be the pinnacle of her long standing and well deserved reputation as one of the most exciting live performers of our time.