# *'Dul ba dpe ris*: Didactic art on temple architecture in the dGe lugs tradition<sup>1</sup>

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#### 1. Introduction

rom the first time I saw them I was intrigued by this set of paintings found outside different Himalayan Buddhist temple enstrances (Fig. 1). I had no understanding of what they were trying to convey, but clearly, like other temple didactic art, they were there to educate, inform and remind monastics and visitors about particular teachings.



Fig. 1: Extract of architecture elements from wall painting at Bodong Porong gompa. Photo by author.

Some sets of these illustrations are painted very simply, without captions. Others are painted at larger scale with captions. At two temples, extensive passages written at the end of the images were also found. Not only were the paintings similar, it soon became apparent that the

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captions were the same. I became even more intrigued about what these paintings were trying to tell the viewer.

This paper provides a brief introduction to this genre of paintings found at the entrance of Tibetan Buddhist temples. The text on which this set of *vinaya* illustrations is based is then introduced, together with its successor, limited to the elements related to architecture<sup>2</sup> with preliminary translations of the captions and explanatory text. It then presents painting examples from temples in Nepal and Ladakh, again limited to those related to architecture, their arrangement, details, etc.

# 2. Instructional paintings at Tibetan Buddhist temple entrances

The practice of depicting didactic art at temple entrances (*lha khang khag la ri mo'i 'bri bkod bya stangs*) is mentioned in Chogay Trichen Thubten Legshay Gyatsho's manual on temple construction, 'Gateway to the Temple' (Gyatsho 1979: 6, 46) which provides photos of a number of examples from Ladakh.<sup>3</sup>

Although Gyatsho refers to 'examples on the proper measures and design of the robes and requisite articles for the livelihood of the assembly of fully-ordained monks' which are part of this set of paintings, he does not mention that architectural rules are also included among these paintings.<sup>4</sup>

Gyatsho states that these rules are taken from the monastic law or *vinaya* ('dul ba), (Gyatsho 1979: 35, 72) one of the three baskets (piṭaka) of the Buddhist canon. Similarly Beer refers to vinaya rules 'that frequently appear as a fresco on monastery walls, depicting a monk's possessions as prescribed by the monastic law established by Shakyamuni Buddha'.<sup>5</sup>

There are various Tibetan painting iconography manuals which are referred to by thangka and temple artists. However, none of the manuals I located included this set of paintings although they contained other

<sup>&</sup>lt;sup>2</sup> This article arose from research undertaken for a Buddhist heritage MA module, and thus limits itself to architectural elements.

<sup>&</sup>lt;sup>3</sup> Gyatsho 1979: 9, 10, 49, 57, 58.

However, 'Gateway to the Temple' does mention the benefits of building religious structures 'following the dimensions and size prescribed in the basic texts' and notes some of the dimensions that apply, and other facilities that can be provided. See Gyatsho 1979: 33-36, 39 and also Bernier 1997: 64-65.

<sup>&</sup>lt;sup>5</sup> Beer 1999: 226-228; *id*,. 2015: 273-276.

standard 'temple entrance' illustrations familiar to regular monastery visitors; the Four Guardian Kings (*rgyal chen bzhi*), the Wheel of Life (*srid pa'i 'khor lo*), the Mongolian and Tiger (*sog po stag khrid;* Fig. 32), the Four Harmonious Friends (*mthun pa spun bzhi*), six symbols of long life (*tshe ring rnam drug*).

Convinced that a reference text had to exist, two groups of people were sought out; painters and *vinaya* teachers. Unsuccessful with thangka painters known to me personally, I visited thangka shops around Boudha and those I opportunistically passed elsewhere in Kathmandu. However, even when I asked temple rather than thangka painters, none had ever painted this set of images or knew anything about them.

I then visited some of the monastic colleges (*bshad grwa*) in Boudha and Swayambhu, including those that had this set of paintings on their temple entrance, in search of teachers. Most did not know what the painting depicted; suggesting Buddha's life story, meditation postures, or the 16 arhats. A few were aware it was based on the *vinaya*, but none could point me to a source text. Thus it seems, in regard to this particular set of paintings, the practice of locating them outside temple entrances in order to educate or remind monastics and visitors has not worked, even when text is provided.

# 3. The textual basis - the vinaya

In parallel I began looking through the *vinaya* for the quotes given in the painting captions. I searched translations of the original *vinaya*<sup>6</sup> but without success. Since the *vinaya* was created in the context of monastic life in ancient India, (Misra 1969: 124-125; Schopen 2004: 49-50) the inability to locate the painting captions was not so surprising, considering that heavy boots and robes would not have been relevant in a hot climate. I surmised that these paintings were based on a text written for a Himalayan context.

E.g. <a href="https://www.dhammatalks.org/vinaya/bmc/Section0000.html">https://www.dhammatalks.org/vinaya/bmc/Section0000.html</a>, see The Buddhist Monastic Code. Volume I, Saighadisesa, section 6 and on huts of different sizes and the process of building them. Volume II, The Khandhaka Rules, sections on Cloth Requisites, Alms Bowls & Other Accessories as well as Lodgings and Monastery Buildings & Property.

Additionally, Schopen notes that there are some differences in interpretation between the Mūlasarvāstivāda *vinaya* in Sanskrit, Prakrit, Chinese and Tibetan, where translators had to decide what would be the most suitable interpretation. He gives examples where the Sanskrit text says *vihāra* 'should be made with three upper chambers', which the Tibetan translates as a *vihāra* having three storeys (*rtsegs*).<sup>7</sup>

I concluded that the paintings and captions were not taken directly from the *vinaya*, but a commentary written for the Himalayan context. The extended sections of text found at the two Ladakhi temples refer to at least two commentaries. However, the Tibetan habit of using abbreviated text titles makes identification difficult for someone unfamiliar with the topic.

#### 4. Development of these two illustrative texts

One text which depicts these *vinaya* rules was published in Lokesh Chandra's 'Indian Scripts in Tibet',<sup>8</sup> a collection of texts mainly illustrating different writing scripts. Document 4 of this collection is entitled 'Indian, Chinese, Russian, Kashmiri, Nepali, Tibetan, Mongol scripts and different illustrations', *rGya dkar nag rgya ser ka+shmi ra bal bod hor gyi yi ge dang dpe ris rnam grangs mang ba bzhugs so* (GKN), and consists of 29 folios plus a title page. A set of *vinaya* illustrations ('*dul ba dpe ris*, also shortened to '*dul ris*) is found on folios 16a-21.<sup>9</sup> Chandra's introduction states that this text was printed from a Chinese xylograph of lCang lung Paṇḍita, Ngag dbang Blo bzang bsTan pa'i rGyal mtshan's (1770-1846) collected works (*gsung 'bum*), a Mongolian dGe lugs master and student of the 6th Panchen and 8th Dalai Lama.<sup>10</sup>

The *vinaya* folios start with illustrations of how separation from their three robes can lead to a monk's<sup>11</sup> (*dge slong*) downfall, depicted by monks and their robes in and under trees (*ka* to *cha*), with explanations

<sup>&</sup>lt;sup>7</sup> Schopen 2004: 1-3, 23-24, 47-49, 51, 83 n. 13, 130.

Buddhist Digital Resource Centre (BDRC) W30268. Thanks to Chris Fynn for suggesting I check this publication.

<sup>&</sup>lt;sup>9</sup> Two other copies of the same xylograph are found at BDRC; W1KG1338-v4 and W6799-v4.

<sup>&</sup>lt;sup>10</sup> Chandra 1982: 6-7.

The text makes no reference to *dge longs ma*, but presumably it also applies to them. Schopen (2004: 49-50) notes an example of gender differentiation, male *vihāras* should have five upper storeys but female *vihāras* should have three.

(ka to na) on f16b-17b. Illustrations of meditation huts and temple architecture (ja to pha) are given on f18a+b, various monastic possessions (ba to ma) on f19a, an astrological diagram and calculations (tsa), shoes with explanations on f19b, and concluding remarks on f20a-21b. 12

Document 7 of Chandra's collection includes a later text of *vinaya* illustrations.<sup>13</sup> He writes that lCang lung Paṇḍita's *vinaya* illustrations were revised and reproduced as a stand-alone text by the 13<sup>th</sup> Dalai Lama (1876-1933) in his collected works (*gSung 'bum*, vol 5, *dzi*).<sup>14</sup> This text has nine folios and no title.

It was immediately apparent that the temple paintings that I had seen were based on the 13<sup>th</sup> Dalai Lama's text. Temple paintings generally follow the order of his text, and the illustration captions, as well as the extensive passage found at two Ladakhi temples are taken directly from it.

Khenpo Gyurme Tshultrim, of Shechen *bshad grwa*, Boudha, shared a more recent, undated, presentation of the illustrations. This set of drawings and labels provide clarity on the nature of some items and caption spellings.

This paper now presents the architectural sections of the two nineteenth century texts.

# 5. lCang lung Paṇḍita's commentary

As stated, Ngag dbang Blo bzang bsTan pa'i rGyal mtshan<sup>15</sup> was a Mongolian dGe lugs master. In GKN, after examples of different

Three other copies of the same xylograph were found at BDRC; W00EGS1016253-v11, W29228-v5 and W3MS261-v27. The former appears to have been 'cleaned up'. Ink smudges and woodblock carving imprints which appear in Lokesh Chandra's version do not appear in W00EGS1016253-v11. Two other copies are listed on BDRC, scanned under the Nepalese-German Manuscript Preservation Project (NGMPP), but the scans are not accessible online. Hopefully the microfilms are safely available at the National Archives, Kathmandu. MW0NGMCP68226 (NGMPP E/833/1) and MW0NGMCP68282 (NGMPP E/897/10).

<sup>&</sup>lt;sup>12</sup> Chandra 1982: 6.

<sup>&</sup>lt;sup>14</sup> As per Chandra 1982: 7.

<sup>&</sup>lt;sup>15</sup> BDRC P290.

scripts, the *vinaya* illustrations are presented on folios 16b-21a, architectural images on 17b-18a, followed by an explanation on folios 20b and 21a.

Both within the captions and in the prose explanations, there are indications that lCang lung Paṇḍita is citing another text or texts by the use of *zhes*, indicating a quote.

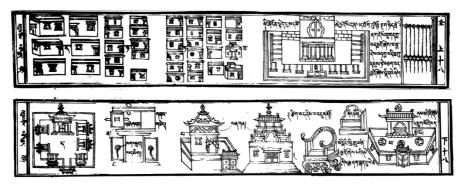


Fig. 2: Folios 17b and 18a of GKN.

We see on **folio 17b** (Fig. 2) a set of monastic residences shown mostly in elevation (labelled *ja, nya, ta* and *tha*). Then, on the right, a naive<sup>16</sup> plan of a temple in an enclosed courtyard with monastic cells on three sides. This temple has an explanatory caption wrapped around it.

Folio 18a starts with another simplistic plan of a temple enclosed in a courtyard (da), details of gates and doors in elevation (na). Then two images of temples, one isometric depicting a courtyard, the other a front elevation of a five-storied structure (pa). These are followed by an illustration of a throne and a footrest, and finally an isometric view of a temple in a gated courtyard with two small wells or ponds (pha).

The next three pages illustrate possessions of a monk, provide a circular astrological chart with explanatory text, and then footwear rules.

**Folio 20b** and **21a** (Fig. 3) cover the explanation of the architectural elements, i.e. *ja*, *nya*, *ta*, *tha*, *da*, *na*, *pa*, *pha* and the subsequent non-architectural items.

I use the terms naïve and simplistic here in relation to the illustrations as they do not follow rules of perspective, and often combine different views in the same image; plan, elevation, isometric.

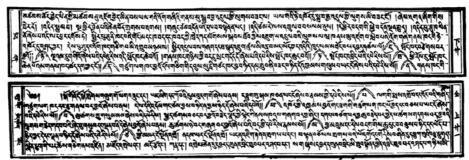


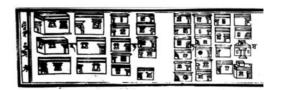
Fig. 3: Folios 20b and 21a of GKN.

Folio 22a completes the explanation, names some reference texts relating to the astrological chart, and ends with an aspiration statement.

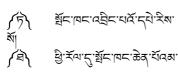
We will now consider each set of the GKN's architectural illustrations in turn, their captions and corresponding explanations where applicable, working left to right, top to bottom.

#### 5.1. Meditation huts and residences<sup>17</sup>

Folio 18a labelled  $\xi$ ,  $\eta$ ,  $\eta$  and  $\xi$ .



# Folio 20b (line 4-6) हि र्झट पानट चहेना का स्टार्स पानट पाने का स्टार्स पानट के पानट पाने का स्टार्स पानट के पानट के



((ja)) How to build meditation huts.

((nya)) Of five or six [armspans]<sup>18</sup> are large meditation huts, as illustrated.

In between two buildings one should make a space. This is an illustration of small meditation huts.

((ta)) Illustrations of medium meditation huts.

((tha)) Outside19 there are also large

As the illustrations lack titles, these subtitles are my own.

The unit of measure is not explicitly stated in this caption but is used on f21a, 'dom gang.

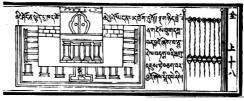
<sup>&</sup>lt;sup>19</sup> It is not clear what 'outside' means in this context. We would have to consult the source texts.

वाब्रुषाविदार्स्य प्राप्ति स्व

meditation huts and residences.

# 5.2. Temple in courtyard with cells on three sides

#### Folio 18a



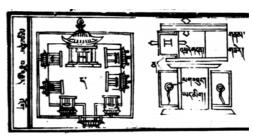
ड्यां खेंप्री क्षे.ड्रॉट.चे.ड्रेट.टे.रिट.ड्रा.क्षे.डीव्.लट.चे.लट.

्र प्रितः प्रस्ता स्वाप्तः स्व स्वाप्तः स् If there is no room, make it larger at the top.

For sleeping<sup>21</sup> a screen of woven rope should be made, it is said.

# 5.3. gtsug lag khang and doors

#### Folio 18b



ৰ মেশ্ৰ'ন'বাইন'| অব্য'বাইন'| অব্য'বাইন'| অন'ফৌব

na.

Gate bolt/ bar.

Upper lintel locking pegs.<sup>22</sup>

Door handle.

Door handle.

<sup>&</sup>lt;sup>20</sup> The xylograph gives *bugdags*.

Or is this an archaic spelling of sun, i.e. to block the sun, make a screen.

The nature and purpose of these is clarified in the 'new' gSer thang Bla rung publication, see Fig. 7.

# **Folio 20b** (line 6) – **Folio 21a** (line 1)

रा.लट.ट्र.खुब्य.सपु.ट्रन्.सुब्य.ख्रा ट्रेश.ची.यपु.ट्राचट.ट्रा.खेट्रंट्र्य.ख्रीय्य.योश्चय. यो.ट्रीया.खे.ट्रं.योब्ह्टा.वट.डी.ट्रं.ट्र्य.योब्ह्या. ट्रेट्रं

((da)) This is how to make a gtsug lag khang. In the middle of one side there should be the dri gtsang khang (main temple), perfectly square. With walkways on three sides it also says, as the illustration.

ट्टी.ट्रथ.स्॥ ट्टिया.ची.स्मेश्गाय.क्ष्य.लट.ट्ट.खेश.टा.क्ष्यस्य.च बया. लट.क्षया.टट.भू.टाष्ट.ट्रश.टी.ट्या.स्.खेश.टा. म्रेचाय.चित्या.स्.लचा.टाडेट.टटा. र्ब्र ((*na*)) The door to the building should have two door panels/ leaves, [inner?] handles and [outer?] handles with strips of leather.

A wooden key/ hooked stick<sup>24</sup> as illustrated, as is said.

# 5.4. Seven storey temple

#### Folio 18b



त्र त्रव्याः यहः देशः चः चरुतः वी क्षेत्रवाः यहः देशः चः चरुतः वी

pa.Railing, balustrade.Seven storeys.

This quote appears to come from Lopon Yonten Od's 'Dul ba mdo rtsa ba, chapter on gnam mal gi gzhi (basis of dwelling places) which says 'gnas khang gi sgo gdod do/ sgo gegs gzhug go/ lag zungs dang yang mig dang ko ba'i dum bu dag go/', i.e. there should be house doors at the front, door panels, handles and lucky eyes with leather straps. It is difficult to understand the GKN's highly abbreviated caption.

The more recent publication (Fig. 7) illustrates it more clearly, but I am still uncertain how it is used – possibly to reach the upper lintel locking pins.

#### **Folio 21a** (line 1-2)

((pa)) At the place where workers/people come and go, there should be a gtsug lag khang, as is said.

That [temple?] should be at least an armspan [in size], as is said.

# 5.5. Courtyard with water feature

#### Folio 18b



ব ব্যাবদীরী:ইয়াবর্ঘার্মির ব্যান্থ্য pha.

Here [on the eave?], in stone, like two dragon's teeth.<sup>25</sup>

#### **Folio 21a** (line 2-3)

 $\underbrace{\frac{1}{2}}_{\text{A}} \frac{1}{2} \frac{1}{2$ 

((*pha*)) Illustration of a courtyard where people can walk around the *gtsug lag khang* full of things,<sup>26</sup> as is said.

# 5.6. Explanatory text

In the description of the astrological chart, **folio 21** mentions a number of texts. Due to the use of abbreviated titles I hesitantly make identifications here:

• প্রাই্ন-ধের্ট্রাকা

Abhidharma Kosha, one of the most well-known is Vasubandhu's commentary *Chos mngon pa mdzod kyi* 'grel pa.

<sup>&</sup>lt;sup>25</sup> I am not entirely sure about this translation. Reference needs to be made to the source texts.

<sup>&</sup>lt;sup>26</sup> I am not sure if it is 'a *gtsug lag khang* with all its necessities' or 'people walking with their things'.

•	बर्ने:रू।	Possibly 'Dul ba mdo rtsa by Yonten Od. <sup>27</sup>
		T / 1 1

• 
$$\eta$$
' $\xi$ ' Text/ author not identified.

• द्र्योत्य क्रेज् Possibly Kunkhyen Tshonawa's 'Dul ba mdo rtsa ba'i mchan 'grel.

# Folio 21a ends with a short praise:

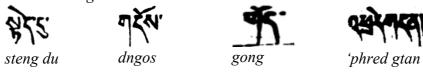
424.419L.9.884.34C.4.82.8.M	The essence of the ocean of <i>vinaya</i>
	scriptures as per the <i>mDo rtsa</i> ,
८र्वे ८४७:८:६:पवित्र:प्रें(८४७:८)ईत् अर्क्केग्।टे	as per the wishes of the supreme mas-
<u> ঘ্রমা</u>	ters,
विर्विताशेट विन्दारिया प्रिया स्ति स्वार्ट अर्कर	with amazing unquestionable exam-
<u>ठ</u> ब्	ples, beyond doubt.
अप्वया:अट:८ग्रोव:पञ्चेट:गांव:घ≡ट:अक्ट्र	A cloud of many scholars' Saman-
च्चेत्र <sup>-धोत्र</sup> ।	tabhadra offerings.

# 5.7. Orthography

A couple of points of note on orthography. The left margin of each folio gives an abbreviated subject heading, in our case 'dul ris, then the page number, and recto or verso at the bottom: gong, 'og. As noted by Chandra the right margin of each folio is in Chinese. A character at the top which he advises is a signature, (Chandra 1982: 6) recto or verso marked at centre, and the page number at the bottom.

# Woodcarving

Some of the nga and ta characters look like da.



Bearing in mind that the earlier pages of the text demonstrate different

<sup>&</sup>lt;sup>27</sup> Gunaprabha was a 7<sup>th</sup> century Indian master, disciple of Vasubandhu and commentator on the *vinaya*. However a similarly titled commentary was also written by Khenpo Shenga (1871-1927), 'Dul ba mdo rtsa ba'i mchan 'grel pad+ma dkar po'i ljon shing (BDRC W1KG2819). Khenpo Shenga's text could equally be the third source, *mChan 'grel*, referred to by lCang lung Paṇḍita.

types of scripts, that it was translated from Chinese, and Chandra states that it was carved in Peking for a Mongol *bla ma*, maybe the carver was not familiar with Tibetan spelling.

# Spelling contractions

The carver uses the space saving 'suffixed' sa.

The second stroke of some *ta*-s slope the wrong way.

Other contractions include omission of *tsheg*-s and duplicate letters.

বিশ্ব nas প্রবৃত্ত btags bug gdags

# 6. 13th Dalai Lama's commentary

The attribution to the 13<sup>th</sup> Dalai Lama<sup>28</sup> (1876-1933) is presumably based on the colophon on folio 9a, where the author is identified as the 13<sup>th</sup> incarnation of Avalokiteśvara. This text is solely devoted to illustration of these *vinaya* rules, with no scripts, explanations of yoga postures, surgical instruments or musical notation. The cover page (Fig. 4) outlines the contents of the text.<sup>29</sup>



Fig. 4: Cover page of TPNZ.

यक्षेष्र.तपु.षट.षाडूट.पर्यंत.य.पीट.क्रं.यखी

र्यायाःश्चितःयायरःअक्षत्राया अक्षः तृगाःश्चायाःत्रायः चिरः प्रतेः वरः पश्चितः यावेदिः अर्दः सः अक्षयः (यम्) Teachings of the *nang mdzod* 'dul ba lung bzhi ('The treasury of the vinaya in four parts').

mDo rtsa mchan 'grel.

mTsho Tika, etc. from these sources, the fundamental teach-

ings of individual liberation, the limits of what is not allowed,

<sup>&</sup>lt;sup>28</sup> BDRC P197, https://treasuryoflives.org/biographies/view/Thirteenth-Dalai-Lama-Tubten-Gyatso/3307.

<sup>&</sup>lt;sup>29</sup> This text will be referred to as TPNZ hereafter.

what is allowed.

The form and size of necessities, as per the manuals of the authentic traditions, these illustrations have been arranged like the moon's rays which dispel the darkness of defilements.

This front page thus shares the abbreviated names of texts which, it appears, the Dalai Lama consulted. Possible titles are noted below, but as with GKN, certain identification of these texts will only be possible with the aid of a *vinaya* specialist.

- षह्र्य.पर्यंत्र.य.वीट.क्रु.यु
- वार्ट्-(स्वायक्त्र-तिन्त्र)वार्ट्-(स्वायक्त्र-तिन्त्र)

The *vinaya* itself in four parts.

'Dul ba mdo rtsa mchan 'grel .

'Dul DIk nyi ma'i 'od zer legs bshad lung,

Or

'Dul ha mdo rtsa ha'i rnam hshad nyi ma'i 'od zer mtsho Tik.

The second two are commentaries on the vinaya by Kunkhyen Tshonawa Sherab Zangpo<sup>30</sup> (C13), a bKa' gdams commentator from mon mtsho sna. We see some replication of the sources mentioned in GKN.

Unlike GKN, the illustrations here are not numbered and there is no additional text beyond the captions. After the cover page, the architectural elements begin on folio 3a (Fig. 5), again with the elevations on monastic residences and a plan/elevation of a temple within a courtyard with cells on three sides.

Folio 3b depicts a rack for measuring robe sizes, and images of monks in trees, explaining how to avoid the downfall of 'separation from robes.'

Folio 4a continues with monks in and under trees, and at the far right is an elevation of a temple with two smaller side structures.

<sup>&</sup>lt;sup>30</sup> BDRC P1500, https://treasuryoflives.org/biographies/view/Tsonawa-Sherab-Bzang po/2791.

**Folio 4b** is drawn with the intention of being read together with **5a** below, as would occur if printed in traditional *dpe cha* format (Fig. 5). The top half of two temples in plan/ elevation are shown on **folio 4b**, with their bottom halves on **folio 5a**. The far right of **folio 4b** shows a victory banner (*rgyal mtshan*). The far right of **folio 5a** details gates and locks.

Folio 5b starts with the elevation on a five storied temple, an enclosed courtyard with monastic cells and a large central pond. Thereafter follow a rack for robe sizing, a throne, a footrest and a water filter. Folios 6a-8a illustrate other monastic possessions; boots, robes etc.

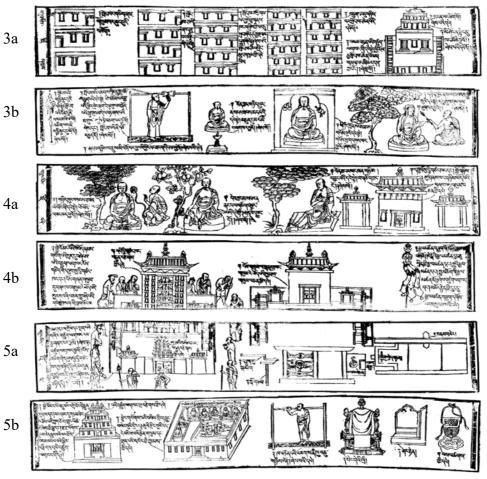


Fig. 5: Folios 3a to 5b of TPNZ.

**Folio 8b** is a large astrological table with explanatory text, and **Folio 9a** is a final explanatory passage (Fig. 6).



Fig. 6: Folios 8b and 9a of TPNZ.

We will now consider each set of TPNZ's architectural illustrations and their captions in turn, working left to right, top to bottom.

#### 6.1. Meditation huts and residences

Folio 3a  TO D TO	
ब्रूट (वट विवेष) ब्रबः वृद्ध्यः चर स्टुट रहिते द्येदे	Meditation huts of one to three
ब्रूट वट चबे वय न्या चय तडीट वी न्येत्।	[armspans], illustrations of small huts.  Meditation huts of four to nine [armspans], illustrations of medium huts.
ब्रूट विट पर्श्विष धर्म भीत्र	This is how to build meditation
	huts.
वाब्रबायमः वावेषः ग्रीःचरः नुःश्चमः / श्चमः ३१ ःवार्द्रमः र्	Between two buildings make a space of five or six [armspans].
हृत्यम् द्वार्याः वीर्त्या	Illustrations of large, medium and
र्षयत्तर, झूट । वट या कार सुट : क्टिंट वी यी था सी : ट्रिंट ।	small meditation hut, all three, as

TPNZ appears to say *spang* but this does not make sense in this context. lCang lung Paṇḍita's text gives *srang* which is what I have hesitantly translated.

चक्र बन्न चक्रु मिल्रिक चर्म क्षेत्र चित्र क्षेत्र चित्र चित्र मिल्र

is said [in the texts].

Meditation huts of 10-12
[armspans], illustrations of large

# 6.2. Temple and courtyard with cells on three sides

#### Folio 3a



म् यम्रमः विक्रान्तिः क्षेत्रः विक्राः विक्रः विक्

<sup>ह्</sup>याट तुरायाट हिंगा में विषायदि दिये

 $= \frac{1}{2} \left[ \frac{1}{2}$ 

Illustration of a samādhi practitioner's gtsug lag khang

Outside are large meditation huts or surrounding residences, as is said.

Illustration of many roofs, as is said.

If there is not enough room, you can make it bigger at the top. Illustration as is said.

# 6.3. dri gtsang khang with side buildings

#### Folio 4a



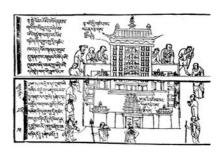
₹ ८२४.थे.२.व/२८.व८.१०८.८८.

In the middle is a *dri gtsang khang* (main temple).

An illustration of residences on two sides, making three buildings.

# 6.4. gtsug lag khang for accumulating merit

#### Folio 4b and 5a



क्षे.सु.मब्ह्नायस्यस्य । सब्द्रमायदेवायम्यम्यस्य मुद्रमायदेवायम्यस्य क्षे.सु.मह्मायस्य । सु.सु.मह्मायस्य ।

ूर्ता, प्रुट्व, ये दें से सिट. ट्र्रा ट्र्या, वोक्च ते वो प्रसिक्ष की दें , वोक्ट सिट. की ट्रा , कुट् , विकार प्रटा की स्वा , जावा , प्रटा , विकार की सिट. प्रचा, यो स्वा , त्या , यो , व्या , यो , विकार की ,

ह सद्यः पश्चापाय प्रमुद्धा प्रस्ता प्रमुद्धा प्रमु

A gtsug lag khang built with the purpose that many people may accumulate merit, with a dri gtsang khang in the middle of one side.

Illustrated with three residences on the other three sides and four walkways, forming a square.

In the middle of the place where workers come and go is where a *gtsug lag khang* should be.

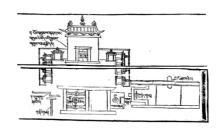
In the middle of one side is the *dri* gtsang khang, and in front a seven-storey gatehouse.

A perfect square, as is said.

Illustration of how to build a monk's seven storey temple. Illustration of monk's seven storey pavilion.

# 6.4. gtsug lag khang and door details

#### Folio 4b and 5a



(note at wall)

विश्रयः चरिष्यः तः ख्यः क्वी. ट्रां। इट्यः चिष्यः जः चय्यः चित्रः च्यो

(gate lock detail)

🗼 र्याची.श्रेषाचा

🕴 र्क्षे यान्

हैं भूँ मुग्राग्रा

(ব্য?)অ $\mathrel{\mathrel{\sqsubset}}$ :মীব্য $^{32}$ 

প্রবিম:/বর্ষিম:বাদ্র।<sup>33</sup>

यवा:व[तुरः।

ই্র্রিন্'বাচুব্

যাব্অ'যা∄×

Illustration of three residences on each of the three walkways.

A wooden key/ hooked stick.

Inside lock/bar.

Door leaves/ panels.

Door handle

Fastener against the wind, rotating

locking bar.34

Door handle.

Gate bolt/ bar.

Upper lintel locking pegs.

The Lokesh Chandra copy has a character before the *ya*, possibly a *ga*, while W00EGS1016253-v11 has been 'cleaned up' to say *yang*, as in GKN.

<sup>&</sup>lt;sup>33</sup> It is not clear why the honorific symbol is used for this item and no others. TPNZ spells it *'khar gtan* but the gSer thang Bla rung publication gives *'khor gtan*, see Fig 7.

<sup>&</sup>lt;sup>34</sup> From the illustration it 'looks rather like a snake-like spiral' as given by Dan Martin in the online Steinert Tibetan dictionary. Khenpo Gyurme Tshultrim suggested they are the solid wooden pins and the sockets into which they door is set in the lintel by which the door panels rotate. The more recent set of illustrations shows it as a rotating locking bar, see Fig 7.

# 6.6. Five storey temple

#### Folio 5b



(At base)

5ये।

(At eave) 🐐 तपु.वार्थ्वा.जवा.विट.ज्ञ.चश्चिषाया.ग्री.टेत्री The natural clamour of crowds of people, coming and going,

the sound of large elephants, clay drums etc, a place where there the sound of movement is less.

This is an example of gtsug lag khangs which are built to enable increased listening and meditation.

Illustration of a five storey monks' gtsug lag khang.

# 6.7. Courtyard with water feature

# Folio 5b



🐐 ह्रेट्र वार्धिवाद्य प्रति । प्रति । व्य

Upper covered cool shade. Gentle breeze and fragrance. And water-pond's smell. An illustration of a walkway with the three conditions for refreshment.

(Note above monks)

बाबीयाता. कथे. ग्री. ट्यां चाबीयाता. कथे. ग्री. ट्यां चाबीयाता. चाबीयाता.

Illustration of three walkways with the three conditions of refreshment.

# 6.8. Explanatory passage

# Folio 9a<sup>35</sup>

ड्रॅच.ड्रेच.शावयःशटःसिवां त्वेषाःखःट्चर। स्र्वाः त्वेष्यं श्रीटःषःक्रयःश्चयः त्वेषः त्यावीचावा श्रां घरः त्यश्चतः विष्युः त्वावाःश्चितः वाष्टिः त्यतः (1) षट्टरःश्चित्रः त्वावाःश्चितः वाषटः त्यतः

याबायः न्यतः ह्येषा क्रतेः ह्यंत्यः क्षुत्रः ब्रह्मः (2) अक्रेषाः या दे 'द्या खुदः ह्ये अर्दे स्ट अक्षत्रः त्रह्योयः दृदः । अर्क्षः त्रेगाः देत्र रह्ये दः याः व्यवस्य त्रह्योयः दृदः ।

क्रूंश.पश्र्य.शोवयाता.संभ्या.ग्री.वाञ्चवीया.श्र्र.पश्चेयी टिल्.वार्थेश.संभ्राट्वी.क्र्ट्र.शया.ग्रावीया.टिल्ट्रेट्री

 (1) Regarding these words.

The fundamental teachings of individual liberation, the limits of what is not allowed, what is allowed.

To greatly benefit those who maintain the vows, I have shown as Illustrations.

Through many skilled masters the clear reflection of many written traditions (2) exist.

There are; Lung sde, mDo rtsa, mChan 'grel and mTsho Tik rin phreng root texts etc. and many other.

I have examined them thoroughly by the measure of the three-fold analysis.

Produced for skilled ordained monastics.

Illustrations of the limits of the origin of the fault of separation<sup>36</sup> are shown by examples in (3) trees, to provide analogies of how to understand the rules in residences etc. The way to build *gtsug lag khang* and meditation huts.

<sup>&</sup>lt;sup>35</sup> Line numbers given in round brackets.

i.e. a monastic's separation from their three robes.

चट्राम्स कु्रास्त्र स्टिन् स्टिन्स्य स्टिन्स्

কুম.বেছুৰ.পাঘব.২-শিশ.মীৰ.ঐ.প্ৰিয.ফীম.তুনা দ্ৰীপ্ৰা দ্ৰিপথ.ৰ্ভৰ. প্ৰথ.(2) ঘম.নাৰ্হম.পাড়, বেইনা.বেছুৰ. কুৰ.পুন.মু.কু.নাৰ্মম. ই.বাৰ্মি.বাধু.পাড়িকা

૮૮.! *હ્યા પર્વે ખ.તવુ. રેનુ. કુષા* ફૂચે. પશૂર્ય. 4 જવા. ગું. ટ્ર્યે.

त्वी, जुवीश, उत्तरा विकास स्वा, त्या, त्या, व्या, व्

Methods to clear *samādhi* practitioners' drowsiness and distractions.

The shape and size of footwear, living necessities and clothes. Alms bowl, walking (4) staffs, and water filters are arranged.

The categorisation and delineation of seasons and months,

provided in a convenient table in order to be understood.

Direct reasons are clearly annotated.

By the power of unprecedented drawings newly blossomed, those who follow the rules of liberation (5) the rules of the *vinaya*, may they flourish everywhere<sup>37</sup> throughout the universe.

<sup>38</sup>Thus was said, the illustrations of the earlier written *vinaya*'s meaning and the sources for these drawings etc, established beyond doubt, should be quoted again and again.

These illustrations were made when the *ra* [mo] che<sup>39</sup> gtsug lag khang (6) was renovated, based on existing paintings and inscriptions, by the white lotus holder's [i.e. Avalokiteśvara] thirteenth incarnation, the victorious illusory reflection, the shākya's dge sbyong

<sup>&</sup>lt;sup>37</sup> This may mean central and regional Tibet, or centre and regions of the world, i.e. everywhere.

From this point the font size decreases, in the style of a foot note.

<sup>&</sup>lt;sup>39</sup> Khenpo Gyurme Tshultrim advised that 'ra che' is probably a contraction for the Ra mo che temple in Lha sa.

(śramaṇa), Ngag dbang Blo bzang Thub bstan rGya mtsho 'Jigs bral dBang phyug. The Victorious One's unmistaken three-fold analysis, for the nourishment of the teachings of the *vinaya* (7) *piṭaka*, to the extent of all benefit, may these excellent words flourish.

# 7. Undated illustrations from gSer thang Bla rung

Khenpo Gyurme Tshultrim of Shechen *bshad grwa*, Boudha, shared an undated set of illustrations he found in a Wechat group! There are 23 pages, in western portrait format, with a modern equivalent of a 'colophon'. The first page of illustrations is entitled, *Dam chos 'dul ba'i dpe ris nges shes nor bu sbyin pa'i klu dbang*.

The document includes all the TPNZ's illustrations as well as additional topics, such as the wheel of life, further monastic possessions, and other temple arrangements, but it does not follow the order of the Dalai Lama's text. The images are more realistic, attempting to provide isometric views of the buildings, but still not technically correct, i.e. they fail to follow rules of perspective.

While a few of the captions are similar, many are not. However, these images provide clarity on some of the door details, and some label spellings. Fig. 7-9 share some pages of interest to us.

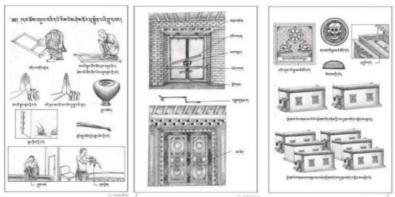


Fig. 7: Extracts from Dam chos 'dul ba'i dpe ris nges shes nor bu sbyin pa'i klu dbang. a: page 1- with title, b: p.2 – door details, c:p.7 –meditation hut arrangements.

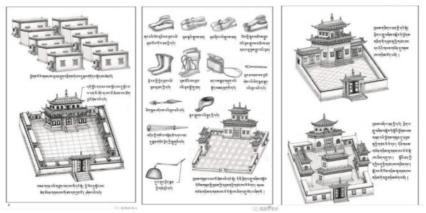


Fig. 8: Extracts from Dam chos 'dul ba'i dpe ris nges shes nor bu sbyin pa'i klu dbang. a: p8 – meditation huts and temple in courtyard, b: p13- temple and three walkways, c: p14 – temple and four walkways.

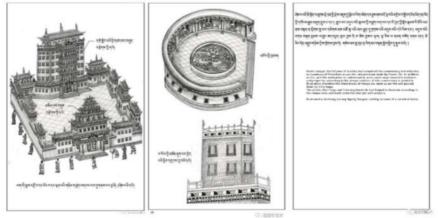


Fig. 9: Extracts from Dam chos 'dul ba'i dpe ris nges shes nor bu sbyin pa'i klu dbang. a: p.15: temples built where people come and go, b: p.18 – conditions for refreshment, c: p.23 – the 'colophon'.

The 'colophon' gives the author as Rig 'dzin Dar rgyas and the artists are named as mKhan bSod dGa' and Tshe ring Don 'grub. It states that these drawings are based on the commentary 'Dul ba mdo rtsa by Slob dpon Yon tan 'Od and the 'oral tradition of mTsho sna pa'<sup>40</sup> and that the document was developed at gSer thang Bla rung lNga rig Nang bstan Slob gling.

<sup>40</sup> Interesting that they used mTsho sna pa rather than his more common epithet mTsho sna ba.

# 8. Comparison of lCang lung Pandita's and the Dalai Lama's texts

Chandra suggests that lCang lung Paṇḍita's *vinaya* illustration folios were the basis of the Dalai Lama's text. (Chandra 1982: 7) Here we compare the illustrations in the two texts following lCang lung Paṇḍita's numbering.

Both begin with monastic residences and move onto temples, with the temple having the water feature coming last.

*ja, nya, ta* and *tha*: GKN's illustrations of monastic residences start with two naïve isometric views, but the rest are elevations only, except for the last which returns to isometric. He depicts four sets of residences while TPNZ only shows three. The captions are essentially the same.

**Unlabelled:** The next temple in GKN is simply depicted, flat roofed and with four doors or windows. On either side at the rear is a brick wall. On the remaining three sides are cells, three either side of the central entrance, and three each on the other wings.

The equivalent temple in TPNZ is three storied, with upturned eaves (*rgya phibs*). The central entrance is not detailed, there is a single cell either side, and then four cells in each of the wings.

The first 'split' temple in TPNZ has no equivalent in GKN, but has a similar caption as GKN's *pa*, i.e. that *gtsug lag khangs* should be built where people congregate so that they may accumulate merit as they pass.

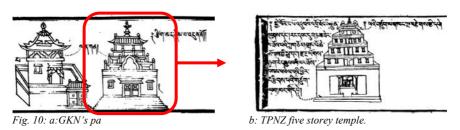
da and nya: GKN shows a single storey temple in an enclosed courtyard, with a gate with rgya phibs, smaller temples on either side of the gate and two on each wing. It is followed by the details of gates and doors.

This is TPNZ's second 'split' temple, with its top half on folio 4b and the bottom on folio 5a. It is also a single storey, with *rgya phibs*. but it is no longer inside an enclosed courtyard, the front 'wing' being open. There are single small temples either side of the main temple and three on each side wing.

GKN	TPNZ	Comments
दश्चेत्र'ग्निम्	यझेंं प्रचान्त्र	We have already commented that the GKN wood carver's <i>nga</i> and <i>ta</i> look like <i>da</i> . The gSer thang text gives the spelling 'phred gtan.
थट:क्षेव	?ਘ⊏'झेवा	A prefix is shown in Chandra's copy of the Dalai Lama's text, but it is difficult to read, and is deleted in other copies

There are two small differences in the gate labels.

**pa**: GKN shows two temples, the first in isometric inside a walled court-yard, single storey, with *rgya phibs*. The second in elevation, five storied, with full width steps at the entrance.



TPNZ seems to do away with the first temple, but the second becomes the penultimate image, a five storied temple with *rgya phibs* and entrance porch (Fig. 10).

**pha**: GKN shows a naïve isometric of a single storey temple with *rgya phibs* in a walled courtyard which has windows on three sides and a central entrance gate. In the courtyard are two small circular ponds or wells. The image is a view centrally from above.

TPNZ retains the courtyard with the pond as the final image, but the shrine in the middle of the far wall is removed. In an isometric view, the two visible wings are lined with either open cells or a colonnaded walkway. The outside walls again have windows, and there is a central gate. The water feature has been expanded into a large square pond.

**Explanatory captions:** As already mentioned, the captions and prose of both texts nearly all end with 'zhes pa', indicating quotation from other text or texts. However it is unclear if they are direct quotes or if just the content is taken from elsewhere. Both GKN and TPNZ give the names of texts in abbreviated form, making identification

tricky.

GKN's references are apparently only in relation to the astrological chart. TPNZ notes reference texts on both the title page and the closing paragraphs. I have attempted to identify the texts from the abbreviated titles, but it will take someone with knowledge of the many *vinaya* commentaries to verify.

Kunkhyen Tshonawa authored a number of commentaries on the *vinaya*. 'Dul ba mdo rtsa ba'i rnam bshad nyi ma'i 'od zer legs bshad lung gi rgya mtsho has been published in three modern volumes, in which chapters on robes, boots and residences are found in volume 3. (bZang po 2009: 217-241, 428-450). His 'Dul ba mdo rtsa ba'i mchan 'grel, volume 2 also includes chapters on robes, boots and residences.<sup>41</sup>

# 9. Painting examples

This section presents examples of paintings and compares them with TPNZ on which they are based, following the Dalai Lama's order.

# 9.1. Temple locations

The photos<sup>42</sup> presented below were taken over an extended period, and are located at the following temples.

Temple name	Location		School
Benchen	Nepal	Swayambhu	Karma bka brgyud
Likir	Ladakh	Likir	dGe lugs
Bodong Porong	Nepal	Boudha	bKa' gdams
Samtenling	Nepal	Boudha	dGe lugs
Shelkar	Nepal	Boudha	dGe lugs
Lama Yuru	Ladakh	Lama Yuru	'Bri gung bka' brgyud

# 9.2. Overall layout of paintings

At some temples the entire text is reproduced on a single wall (Fig. 11) and follow the order of the Dalai Lama's folios.

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<sup>&</sup>lt;sup>41</sup> bZang po 2011: 128-185, 304-361.

<sup>&</sup>lt;sup>42</sup> All photos by author.

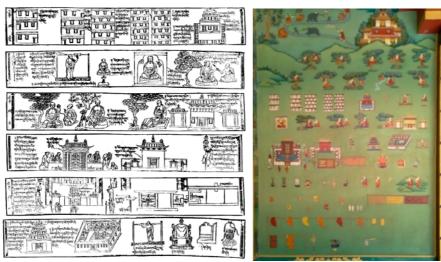


Fig. 11: a: Overall layout: a TPNZ

b: Bodong Porong.

At other temples, the illustrations are spread over multiple walls and do not clearly follow the order of the text. Of particular interest is the arrangement at Samtenling<sup>43</sup> gompa, Boudha. We see that the artist has strictly adhered to the order of the folios, but the contents of folio 4b are painted at the end of one row, and those of folio 5a are painted at the start of a new row. Thus the two 'split temples' have been dismembered (Fig 12)!

We have to wonder how this came about. Did neither the monks who commissioned this series, nor the painters, realise the strange arrangement of the images on the two facing pages? Was the need to follow the order of the pages so essential as to allow a confusing painting to be acceptable? Did no one notice once the work was done? Was it not considered necessary to paint them again, correctly aligned?

<sup>&</sup>lt;sup>43</sup> Its official name is dGa' Idan Chos 'phel gling, however it is more commonly known as Samtenling, which may or may not have been its name when founded in the 1950's by the Mongolian lama, referred to in Nepal as Sogpo Rinpoche, Gurudeva (1908-2009). See Jackson 2019: 584, n. 39; Moran 2004: 67.



Fig. 12: The dismembered temples at Samtenling.

#### 9.3. Meditation huts and residences

The residences are painted with different levels of detail (Fig. 13-15). All have the black lined window frames as per the central Tibetan style. Different details are given to the roof band (*span bad*), some bands are red – which usually indicates a religious structure, and some black-usually for secular buildings. The notes, when provided, follow TPNZ in content and position.

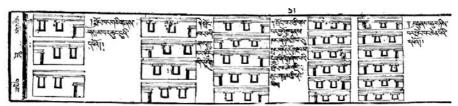


Fig. 13: Extract from TPNZ.



Fig. 14: Likir.

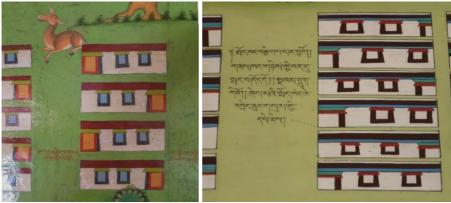


Fig. 15: a: Lama Yuru

b: Shelkar.

Of particular interest is the composition at Benchen (Fig. 16) which is simple and without text. The arrangement is spread over a number of walls outside the main temple door. The artists appear to have understood them to be multi-storey buildings instead of separate single storey houses, as the captions instruct.

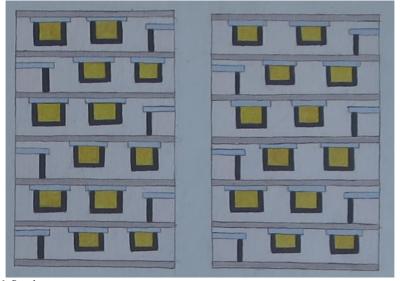


Fig. 16: Benchen.

# 9.4. Temple and courtyard with cells on three sides

We see here even greater diversity in the images (Fig. 17-18). The Lama Yuru image is the most divergent, increasing the number of cells

in the front wing and omitting the gate. The Lama Yuru and Likir temples include a line of circles in their red/ brown span bad, usually said to be strings of pearls or mirrors.

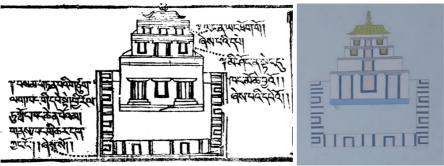


Fig. 17: a: Extract from TPNZ

b: Benchen.



Fig. 18: a: Lama Yuru,

b: Shelkar,

c: Likir.

# 9.5. dri gtsang khang with side buildings

Each roof is topped with a single decorative element which could be a dharma wheel, mirror, a flaming pearl or jewel on a lotus. In any case, the artists have interpreted the decoration differently

The Shelkar gompa has omitted the painted 'curtain' design below the 'stacked pechas' (*chos brtsegs*) at the roof eave (Fig. 19). Due to being located between a door and an adjacent wall, the Likir composition repositions the side temples in front and behind of the central temple (Fig. 20).

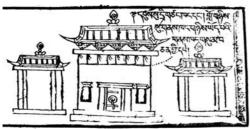




Fig. 19: a: Extract from TPNZ







Fig. 20: a: Lama Yuru

b: Likir.

# 9.6. gtsug lag khang for accumulation of merit

As explained, this image is split over two facing folios in TPNZ, showing a seven storied *gtsug lag khang* with many circumambulators. It has two small side shrines, as well as shrines or cells either side of the entrance gate and along the side wings. At Likir, the painting is located between two door frames, and has lost the left hand circumambulators (Fig. 22). This is one of the few images at Benchen where the caption is included (Fig. 23).





Fig. 21: a: The TPNZ illustration split over two facing folios

b: Bodong Porong.





Fig. 22: a: Shelkar

b: Likir.





Fig. 23: a Benchen

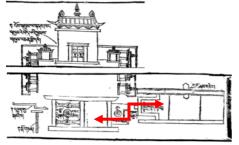
b: Samtenling.

As already mentioned, the two halves of the temple painted at Samtenling is split in half! The upper section is at an inside corner,

protected from the elements, while the lower section is at an outside corner exposed to sun and rain (Fig. 23). This makes it even less likely that observers would notice that the two temples are split.

# 9.7. gTsug lag khang and door details

The central temple is single storied and the roof has a central finial (gajur, ga ny+ji ra) as well as flaming jewels at either end of the ridge.



There seems to be some confusion as to how the two elements of the gate work. The original xylograph shows them staggered, (Fig. 24) but presumably they lock into each other. Unlike the text, Likir seems to have painted the two leaves of the gate closed (Fig. 25).

Fig. 24: Extract from TPNZ split over two facing folios.





Fig. 25: a: Likir

b: Lama Yuru.

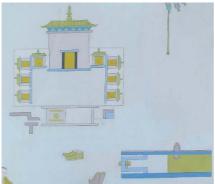


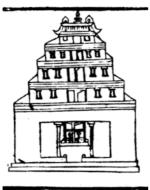


Fig. 26: a: Benchen

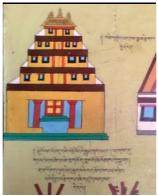
b: Shelkar.

# 9.8 Five storey temple

TPNZ applies some perspective by setting the temple door back from the entrance portico and this is replicated in the Shelkar painting (Fig. 27). The Lama Yuru painting places the door closer to the front wall and moves the entrance steps to one side. Both apply their own decoration at the top of each storey. Lama Yuru makes further minor changes to the roof ridge decorations.











c:Lama Yuru.

# 9.9. Temple with water feature



Fig. 28: TPNZ illustration.

The block carver did not have a modern understanding of perspective and the compound walls are a little awry. Similarly the four-sided pond is off-centre, and the windows in the side wall do not follow isometric rules (Fig. 28).







Fig. 29: a: Benchen,

b: Bodong

c: Samtenling.







b: Lama Yuru.

The painters have attempted to rectify the layout to differing extents as per their understanding of perspective (Fig. 29-30). Some walls, windows and ponds have been straightened out. The depiction of the flowers in the ponds provides an opportunity for the painters to express their imagination.

# 9.10. Explanatory text

As mentioned, the extensive explanation given on the last folio of the text was found at two temples in Ladakh,<sup>44</sup> beneath the astrological table (Fig. 31).

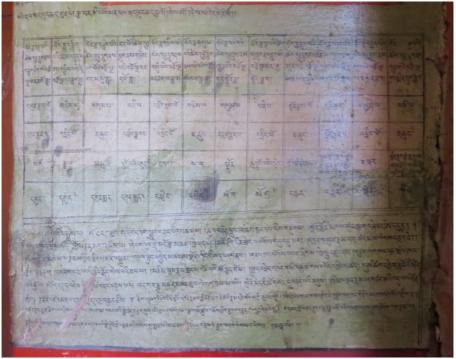


Fig. 31: The astrological table and the final prose at Likir.

The Likir wall painting repeats the TPNZ prose word for word, including the reduction in font size for the subsequent 'footnotes'. It adds a 'maṅgalām' at the end.

The Lama Yuru wall painting only provides the main text and not the 'footnotes'. The five lines of a 'Bri gung aspiration prayer in verse are added at the end.

<sup>&</sup>lt;sup>44</sup> The table and text is also seen in Gyatsho's (1979) Fig 14, but the name of the Ladakhi temple is not given.

# 10. Colours and background

Since I did not locate any artists who had painted this series of illustrations, I was not able to ask whether any rules or guidelines exist for it. It would be interesting to learn if any painted or colour-coded copies of the text exist, as sometimes given in painting manuals (Fig. 32).



Fig. 32: Example of numbered colour coding from an iconography manual (rDo rje 2010: 186).

Further it would be interesting to know the colour scheme used at Ramoche, if these illustrations were indeed painted there as suggested by the colophon of TPNZ.

The painting examples presented here demonstrate that the artists generally place these images within a rural landscape, rather than an urban setting. Green is the most common background colour, though yellow and white are also used.

The residential buildings are all depicted white, as are the walls of the compound containing the pond. Temple walls are either white or red, or variations of red including dark orange and brown. Courtyards vary greatly, some are tiled in blue, some are green contiguous with the background, others white or ochre. The side wings, the walkway with monastic cells, are usually white.

#### 11. Conclusion

This paper presents an example of didactic art which appears at Himalayan Buddhist temple entrances, although a set that seems less common than others of this genre. This may be because the text on which it was based, by the 13<sup>th</sup> Dalai Lama, is only popular in the dGe lugs school, although the subject, the *vinaya*, applies across all schools. The paper is an initial exploration of the reference text and its predecessor supplemented by a small collection of extant examples found at monasteries in Nepal and Ladakh.

If we take Chandra's attribution to lCang lung Paṇḍita as correct, the 13<sup>th</sup> Dalai Lama was either inspired by his teacher or paintings in the Ramoche, and hoped that his text would serve as an aide memoire to ordained monastics about various *vinaya* rules. Based on my initial enquiries at monasteries and with individual monastics, this appears to have been unsuccessful, even at monasteries where the illustrations are supplemented with captions. However, as shown, the captions are highly abbreviated, and are probably not easily understood except by those who have studied the *vinaya* in depth.

As to the original sources, the use of abbreviated titles make certain identification of the reference texts tricky. GKN clearly refers to Buton and Tshonawa in relation to the astrological chart, but I am unsure whether these texts are also the source for the architectural illustrations. As for the various titles mentioned in TPNZ, the same difficulty arises. Therefore the next step would be to identify the exact passages from the various possible reference texts, which would also clarify the context in which these rules were established.

The scope of this paper has limited itself to the architectural elements of these texts and paintings. Therefore, there is opportunity for further investigation, i.e. faults arising from separation from robes, robes themselves, footwear, other monastic possessions, and astrological charts. In the course of my enquiry, the interest of some of the monks I encountered was piqued and they requested that share the source text with them. Hopefully this set of illustration will continue to painted at temples and monastics will be able to explain them to visitors.

#### Abbreviations

- GKN rgya dkar nag rgya ser ka+shmi ra bal bod hor gyi yi ge dang dpe ris rnam grangs mang ba bzhugs so. New Delhi: Jayyed Press (BDRC: W30268 pp26-36).
- TPNZ bstan pa'i nang mdzod 'Dul ba lung sde bzhi. pp50-54. New Delhi: Jayyed Press (BDRC: W30268).

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- rDo rje, Phun tshogs. 2010. Bod kyi ri mo'i sgyu rtsal las lha sku'i thig rtsa dang shing tshon sogs kyi rmang gzhi'i shes bya 'gro phan blo gsar dga' skyed/ pe cing: mi rigs dpe skrun khang / (BDRC: W8LS19042).
- bZang po, Kun mkhyen mTsho sna ba Shes rab. 2009. 'Dul ba mdo rtsa ba'i rnam bshad nyi ma'i 'od zer legs bshad lung gi rgya mtsho/ smad cha/ lha sa: ser gtsug nang btsan dpe rnying 'tshol bsdu phyogs sgrig khang/ (BDRC: MW1KG15482).
- bZang po, Kun mkhyen mTsho sna ba Shes rab. 2011. 'Dul ba mdo rtsa ba'i mchan 'grel/ gzhi smad/ lha sa: ser gtsug nang btsan dpe rnying 'tshol bsdu phyogs sgrig khang/ (BDRC: W1AC31).

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