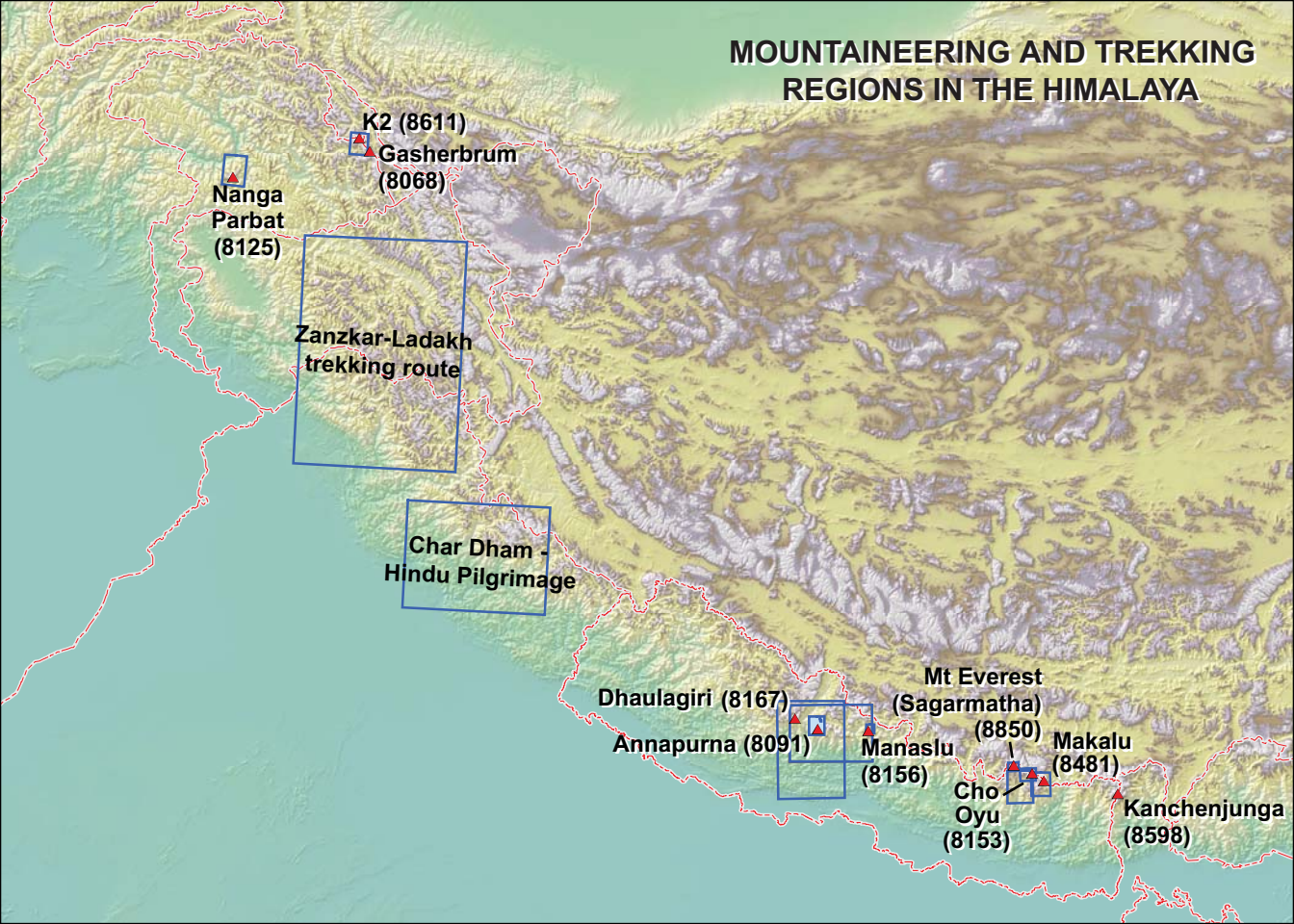


MOUNTAINEERING AND TREKKING REGIONS IN THE HIMALAYA



Nanga Parbat (8125)

K2 (8611)
Gasherbrum (8068)

Zaskar-Ladakh trekking route

Char Dham - Hindu Pilgrimage

Dhaulagiri (8167)
Annapurna (8091)

Manaslu (8156)

Mt Everest (Sagarmatha) (8850)

Cho Oyu (8153)

Makalu (8481)

Kanchenjunga (8598)