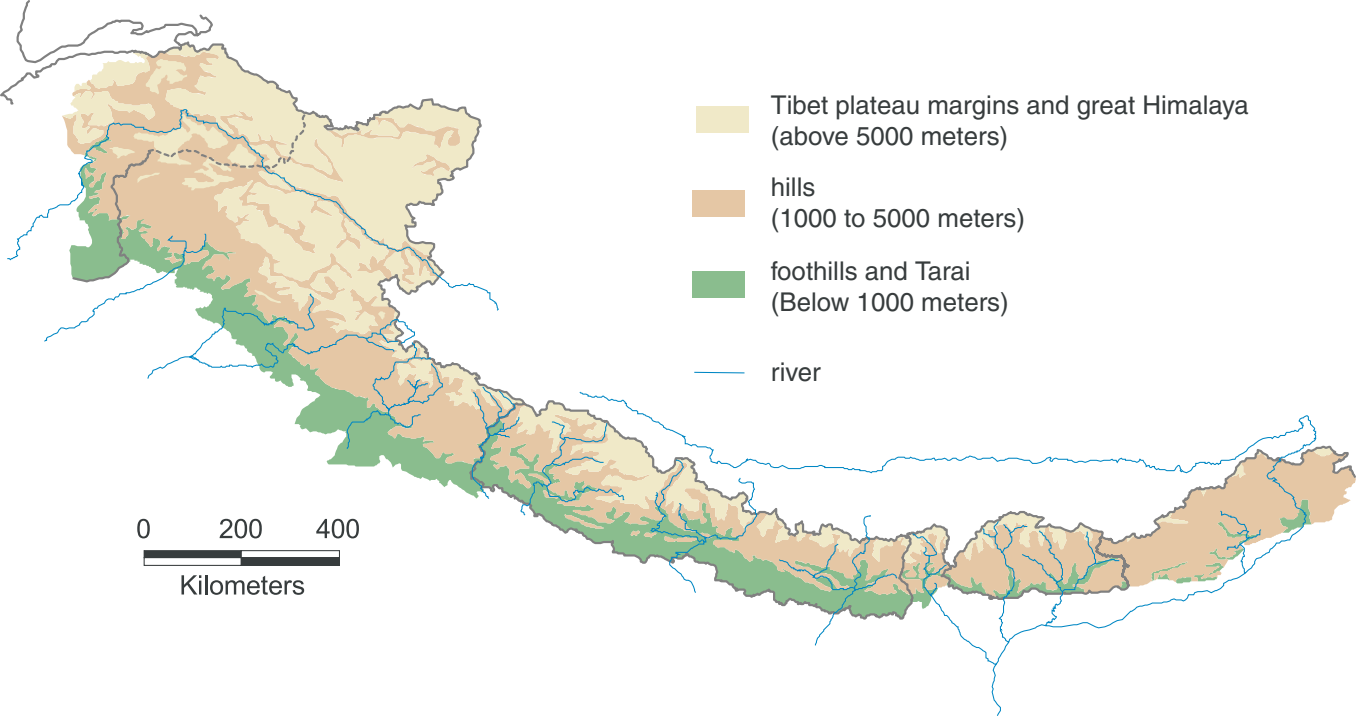
Tibet plateau margins and great Himalaya
(above 5000 meters)
hills
(1000 to 5000 meters)
foothills and Tarai
(Below 1000 meters)
river
0
200
400
Kilometers