

Name	Tibetan: ལྷོ་ལ་དགར། ལྷ་ཡག།	Chinese: 卓嘎 拉亚	IPA:	Wiley: Skrol dkar Lha yag
Age: 69, 75		Gender: Female		
Song Title: གནང་གསོལ་བདེ་བ།				
Song Type:				
Song Region: ཐ་ལྷུ་ལ།				
Song Learning: From the elders.				
History and Status of Song:				
Context of Song: This song is sung while dancing.				
Meaning of Song: This song praises great lamas and local monasteries.				
Situation Notes:				